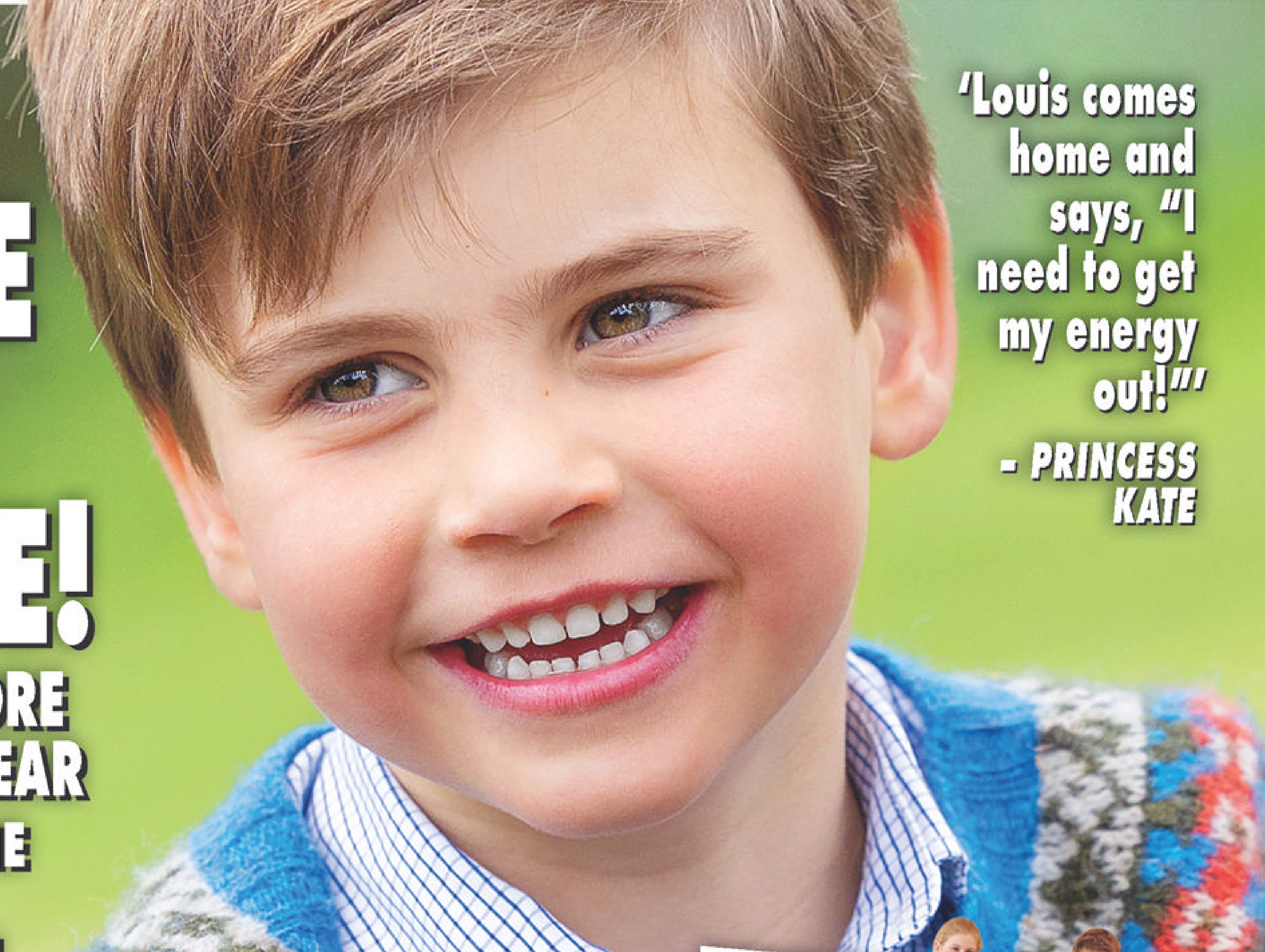
YOUR ULTIMATE GUIDE TO THE CORONATION

29-PAGE SPECIAL

HELL
CANA



STARRING IN NEW PHOTOS

PRINCE LOUIS AT FIVE!

WHAT'S IN STORE FOR HIS BIG YEAR

PLUS 5 TIMES THE ROYAL RASCAL MADE US LAUGH

'Louis comes home and says, "I need to get my energy out!"'

- *PRINCESS KATE*

PRIYANKA CHOPRA JONAS

ON MARRIAGE, MOTHERHOOD AND 'ME' TIME

THE QUEEN'S UNSEEN FAMILY PORTRAIT REVEALED

INSIDE MICHAEL J. FOX ON HIS PARKINSON'S JOURNEY: 'THIS ISN'T A SAD STORY – IT'S ABOUT LOVE'

NO. 868/869 • 8 MAY 2023

VISIT…

LANZAROTE
Caliente.com

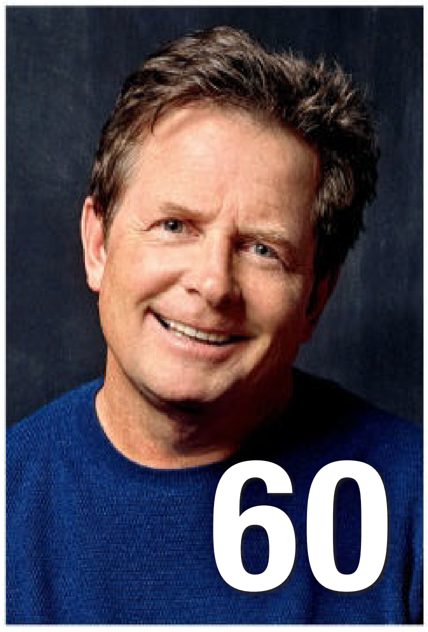
HELLO! CANADA

THIS WEEK

18

26

14


60

10

FEATURES

4 **EXCLUSIVE PRINCESS EUGENIE** Inviting *Hello!* on an exciting mission, the expectant royal opens up about family life and her passion for the planet

10 **PRINCE WILLIAM AND KATE** Share laughs and looks of love on a royal engagement ahead of their 12th anniversary

13 **THE PRINCESS OF WALES** In her element during a heartfelt visit to a baby bank

14 **COVER STORY PRINCE LOUIS** Celebrating the royal heir's fifth birthday with new photos, fave moments and funny faces!

18 **HOLLYWOOD INTERVIEW PRIYANKA CHOPRA JONAS** Playing a spy onscreen and making time for family and fun

26 **THE QUEEN AND HER FAMILY** A new portrait sees Her late Majesty surrounded by love

58 **CANADIAN SCREEN AWARDS** Homegrown hero Ryan Reynolds is honoured for his acts of kindness

60 **HOLLYWOOD INTERVIEW MICHAEL J. FOX** The Canadian star talks teenage dreams and the love and support of his family

REGULARS

22 **INSIDE STORY** Up close with the stars

57 **7 DAYS** Celebrity news in brief

62 **HOROSCOPES** Predictions from Oscar Cainer

63 **PUZZLES** Crossword and sudoku

64 **WORLD IN PICTURES** Weird and wonderful photos

STYLE & LIVING

68 **BEAUTY** The sweetest scents of spring

70 **SHOPPING** The season's hottest hues **Plus** Mother's Day gift guide

75 **FOOD** Veggie dishes for everyone!

78 **CULTURE** Katherine Heigl on her *Grey's Anatomy* days and the final episodes of *Firefly Lane*

80 **TRAVEL** Soak up city life in Manhattan

82 **LAST WORD** With Backstreet Boy A.J. McLean

THIS PAGE - CLOCKWISE FROM LEFT: STUART HARDY/SHUTTERSTOCK; THE PRINCE AND PRINCESS OF WALES/KENSINGTON PALACE; MARK SELIGER/APPLE TV+; NEIL MOCKFORD/GETTY IMAGES; CHRIS JACKSON/GETTY IMAGES. OPPOSITE PAGE - FROM LEFT: NORMAN PARKINSON/ICONIC IMAGES; CATHY BURSEY-SABOURIN/HERITAGE CANADA; SEAN KILPATRICK/CANADIAN PRESS

YOUR GUIDE TO THE CORONATION

28 **THE KING'S CORONATION** The official schedule of events so you won't miss a thing
30 **A ROYAL SPECTACLE** King Charles III will blend tradition with modernity on his special day
34 **THE ROYAL RECEPTION** Monarchs from far and wide are invited – see who's attending!
36 **A MUSICAL EXTRAVAGANZA** Katy Perry and Lionel Richie lead the King's concert
38 **THE PROCESSION** A handy map of the route
40 **A ROYAL RIDE** Two spectacular state coaches are ready for their close-up
44 **THE CROWN JEWELS** Everything you need to know about the historic coronation regalia
50 **UNSEEN PHOTOS** Throwback snaps of a 20-year-old Charles preparing to be the Prince of Wales
52 **CORONATION KEEPSAKES** From tankards to pillboxes, the King's official memorabilia is ready
54 **NO DETAIL SPARED** An exclusive look at coronation outfits of the past

editor's letter

How are you planning to spend the coronation weekend? Watching on TV? Following along on *Hello! Canada*'s social channels? Perhaps you have a special royal-themed party planned at home. Or, you may be joining thousands of other Canadians in Ottawa, where King Charles's historic milestone will be marked in a variety of memorable ways.

On Saturday, May 6, at 10 a.m. (EST), a big party at the Sir John A. Macdonald Building on Ottawa's Wellington Street will bring together diverse artists and speakers, reflecting the values of the new monarch. Throughout the weekend, too, members of the public are invited to visit the Governor General's residence, Rideau Hall (though she won't be home – Her Excellency Mary Simon is attending the coronation in person!), where there will be a range of attractions.

As well, Canada Post is unveiling its first stamp depicting King Charles III, and landmarks like the Peace Tower will be lit up in emerald green – the signature colour of His Majesty's coronation emblem in Canada. (The triangles surrounding the King's cipher represent the 13 provinces and territories, with the circular arrangement designed to convey "the idea of inclusion for all Canadians.") Charles has visited Canada 18 times, including on the country's 150th anniversary (below left, with Camilla in 2017).

And even after the festivities are over and the echoes of the 21-gun salute on Parliament Hill have long died away, rest assured that *Hello! Canada* will recapture all the magic of this once-in-a-lifetime royal celebration in our 100-page Coronation Commemorative Edition, coming out May 11. It's going to be a busy week – and we wouldn't have it any other way!

Sincerely,

Alison

Alison Eastwood, Editor-in-Chief

EDITOR-IN-CHIEF
Alison Eastwood

CREATIVE DIRECTOR Marko Popovic
DEPUTY EDITOR Shanda Deziel
PHOTO DIRECTOR Kristine Ryall
DEPUTY ART DIRECTOR Laura Northmore
ASSOCIATE PHOTO EDITOR Anna Costa
ASSOCIATE ART DIRECTOR Leanne Gilbert

FASHION & BEAUTY EDITOR (ON LEAVE) Julia McEwen
ACTING FASHION & BEAUTY EDITOR Andrea Karr
STAFF WRITER Sarah Trumbley

ASSISTANT FASHION & BEAUTY EDITOR Kaysey Davis
SOCIAL EDITOR Russ Martin

DIGITAL COLOUR SPECIALISTS Nicole Duplantis, Drew Maynard

EDITORIAL DIRECTOR, INTERNATIONAL Isabelle de Courson

CONTRIBUTING EDITORS Chris Daniels, Michael Killingsworth

CONTRIBUTORS Dagmar Dunlevy, Amanda Ghazale Aziz, Anna Hawkins, Shauna Narbonne, George Pimentel, Corinna Reeves

PRODUCTION MANAGER Caroline Potter

ST. JOSEPH COMMUNICATIONS
CHAIRMAN & CEO Tony Gagliano
VICE-CHAIRMAN John Gagliano
SENIOR VICE-PRESIDENT, CONTENT & CREATIVE Maryam Sanati
SENIOR VICE-PRESIDENT, REVENUE, SJC MEDIA James McNab
VICE-PRESIDENT, BRANDED CONTENT & MARKETING Sasha Emmons
VICE-PRESIDENT, DIGITAL SOLUTIONS & BUSINESS DEVELOPMENT Jason Maghanoy
MANAGER, AUDIENCE DEVELOPMENT Zachary Harper
VICE-PRESIDENT, PRINT OPERATIONS Maria Mendes
SENIOR MANAGER, CONTENT OPERATIONS Pat Flynn

SJC Alliance for Audited Media vividata

HELLO! Canadian Edition is published weekly, except for combined, expanded or premium issues, which count as two subscription issues, by St. Joseph Communications, under licence with Hola S.A.

HELLO! trademark is the property of Hola S.A. All rights reserved. Republishing in whole or in part without permission is strictly prohibited.

Editorial offices: 15 Benton Road, Toronto, Ontario M6M 3G2.

ISSN 1911-3110 HELLO! (Print). ISSN 1911-3129 (Online – hellomagazine.ca).
Subscription price: $181.74 plus tax for one year within Canada.

To subscribe or renew your subscription, VISIT US ONLINE at hellomagazine.ca/service or email service@hellomagazine.ca. From time to time, other organizations may ask Hello! if they may send information about a product or service to some Hello! subscribers, by mail or email. If you do not wish to receive these messages, please contact us in any of the ways listed above.

Publications Mail Agreement No. 42494512. Undeliverable copies and changes of address notices should be sent to: HELLO! P.O. Box 875, Station Main, Alliston, Ontario L9R 1W1

Printed in Canada by St. Joseph Communications, Print.

SEE MORE OF YOUR FAVOURITE CELEBRITIES AND ROYALS AT HELLOMAGAZINE.CA
Instagram (HELLOCanadaMag) Facebook (HELLOCanadaMagazine) Twitter (@HelloCanada)

EXCLUSIVE INTERVIEW & PHOTOS

PRIDE OF HAYLING

Princess Eugenie (with members of the Blue Marine Foundation team and Langstone Harbour master Billy Johnson) takes part in the Solent Seascape Project, an ocean regeneration initiative involving oysters. 'I had no idea that one oyster can filter up to 200 litres of water a day, keeping the sea around it healthy and clean,' she says.

MAKING A SPLASH WITH HER CONSERVATION WORK

PRINCESS EUGENIE

TALKS ABOUT HER TIGHT-KNIT FAMILY AND HOW MOTHERHOOD HAS HELPED HER FOCUS ON SAVING THE PLANET

Strolling along a pebble beach in the spring sunshine as boats bob gently on the blue sea behind her, Princess Eugenie is bursting with enthusiasm when she exclusively invites *Hello!* to join her on a mission close to her heart.

For two years, the eco-conscious royal has been an ambassador for the Blue Marine Foundation, which aims to reverse environmental damage to the ocean. Recently, the princess took part in its Solent Seascape Project, the first initiative to tackle restoration of this kind in the U.K.

"When I heard about Seascape, it blew me away," she tells us. "I couldn't wait to come down, and seeing it first-hand is pretty cool. It's amazing to watch these people dedicate their time to the biodiversity of our seas, and I want to do as much as I can to help, too."

Eager to breathe new life into coastal habitats for sea horses, oysters, seals, birds and seagrass meadows, the princess didn't hesitate to dive right in. Donning a white lab coat and rubber gloves – and armed with tweezers and a nail brush – she helped marine scientists at the University of Portsmouth clean hundreds of oysters before returning them to the reef.

"I'd never held a live oyster before," she says. "And I had no idea that one oyster can filter up to 200 litres of water a day, keeping the sea around it healthy and clean."

Passionate about the cause, Eugenie, 33, lives by her eco-friendly beliefs. Her wedding to businessman Jack Brooksbank, 37, in 2018 was plastic-free, and she spoke at the World Economic Forum in Davos this year about avoiding single-use plastics at home and educating her two-year-old son, August, about climate change. ▶

BOTTOM: MAX MUMBY/INDIGO

'Priorities change when you have children. I hope mine will take on the mantle'

The soon-to-be mom of two, who is known for her conservation work, hopes that son August (left, together at the Platinum Jubilee Pageant last year) will follow in her footsteps.

PLEASE PAY INSIDE
BLUE MARINE FOUNDATION
£3
Per person
Single crossing
Only

All aboard: Thrilled to be helping, Eugenie is ready for duty as the boat sets sail. The princess, who is a director at Hauser & Wirth art gallery, shares her family's passion for the environment and has a close bond with her mother, Sarah, Duchess of York, and older sister Princess Beatrice (together, far right). Right: Proving he's ready to be a big brother, two-year-old August gives his mom's baby bump a sweet kiss.

'My son, August, loves looking at pictures of whales – which he's obsessed with – and sharks'

LEAVING A LEGACY

With her second child due this summer, the princess tells *Hello!* that becoming a mom heightened her awareness of the need to protect the planet for future generations.

"Since August came into my life, it's positively affected my desire to do more," she says. "Priorities change when you have children – you want to do everything you can for them and for your grandchildren. August is only two, but I hope what I'm doing will seep through to him and that, one day, he'll take it on, too.

"After the UN Ocean Conference in Lisbon last year, I brought back a booklet that's still in his bedroom. He wants me to read it to him every night and loves looking at the pictures of whales – which he's obsessed with – and sharks.

"When he's older, I'd love to bring him with me [to conservation projects], and I hope that he and his sibling take on the mantle."

Eugenie has seized the baton from her late grandparents and the senior royals in her family. Prince Philip held a lifelong commitment to conservation and was president of the World Wide Fund for Nature, while the Queen instigated the planting of more than three million trees as part of her legacy. She praises the work of her uncle the King, a keen environmentalist who proved to be way ahead of his time in his early warnings about climate change, and her cousin the Prince of Wales, who launched the Earthshot Prize – a global challenge to find solutions to environmental problems – in 2020.

"My family is a huge inspiration to me," she says. "We all talk about [conservation] a lot. It's a subject that's high up in our conversations because it's so important to everyone."

Eugenie and the foundation's restoration science officer, Luke Helmer, lower an oyster nursery into the harbour (above). The princess does everything she can to lead an eco-conscious lifestyle, including making her 2018 wedding to Jack Brooksbank a plastic-free event.

BOTTOM, FROM LEFT: PRINCESS EUGENIE INSTAGRAM; MAX CISOTTI

MUM'S THE WORD

Family plays a pivotal role in the royal's life. She shares close relationships with her sister, Princess Beatrice, 34, and their parents, the Duke of York and Sarah, Duchess of York, who recently told *Hello!* how proud she was of her younger daughter as a mother, calling Eugenie "phenomenal." The princess doesn't hesitate to return the compliment. "Mum is a brilliant role model and always has been," she says. "She's the most positive person I know, and I'm so proud of her and everything she's doing.

"She's always been there to support us, our work ethic and how we run our lives," she continues. "It's amazing to have a mother like that."

Sarah is a top grandmother, too. When her daughter announced her second pregnancy on Instagram, she ▶

'It's amazing to watch people dedicate their time to the seas, and I want to help'

Eugenie helps restoration project officer Eric Harris-Scott load an oyster nursery (below) and gets hands-on, removing barnacles from the oyster shells (bottom right).

responded with the words "Granny heaven" and a heart emoji.

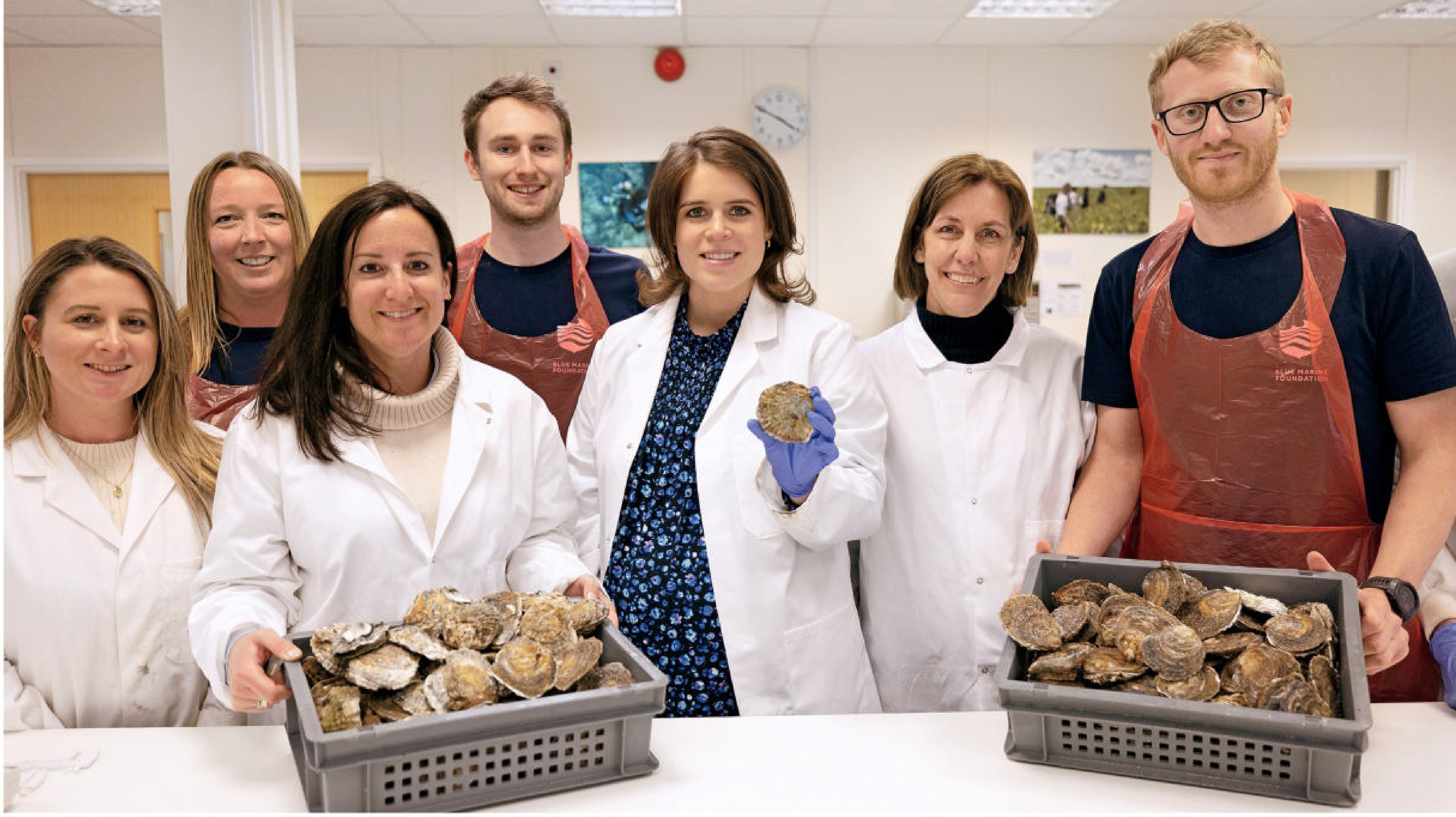
"She's a hands-on granny, and August adores her," says Eugenie, adding with a smile, "It's handy when she's there and I need to run to the loo because he needs to be watched.

"The love of a grandparent is so different from the love of a parent," she continues. "It's a very special relationship."

LEAVING A LEGACY

Eugenie's connection to family and nature and the impact that pollution and climate change could have on her children's lives are her motivation to play a part in rectifying the damage.

"I've never seen so many oysters," she says during her time in the lab while removing barnacles from their shells. "A couple of them snapped shut



Eugenie and the University of Portsmouth team present the cleaned oysters (above). The princess (below, with her uncle Charles, the Queen, sister Beatrice and Prince Philip) plants a tree for The Queen's Green Canopy (below right). '[My grandmother] taught us a lot about nature and conservation.'

> **'My family talk about conservation a lot. It's so important to everyone'**

and flew out of my hand," she adds, laughing. "You scrub them down and give them a nice bath, then they're put into crates and hosed down with sea water, ready to be put in the sea. One oyster gives off a million larvae, so that's when the regeneration begins."

After taking a boat trip to a floating pontoon in nearby Langstone Harbour, the princess carefully lowers a nursery cage of 45 oysters into the water. "Every month, scientists monitor them for biodiversity and wait for life to form – that is the dream," she says, noting how impressive it is that different charities have come together as copartners with Blue Marine to create something so epic. "Such care, kindness and communication are the values I would wish for my children to grow up with in the world." H

INTERVIEW: SALLY MORGAN
PHOTOS: DARREN FLETCHER

BOTTOM, FROM LEFT: SHUTTERSTOCK; PRINCESS EUGENIE INSTAGRAM

STILL VERY MUCH IN LOVE AHEAD OF THEIR ANNIVERSARY

PRINCE WILLIAM AND KATE

ENJOY A DAY OF FUN AND LAUGHTER IN BIRMINGHAM

It's not every day that the future King books you a table for lunch. But that's exactly what happened when the Prince of Wales answered the phone to an unsuspecting customer as he and the princess visited an Indian restaurant in the English city of Birmingham.

William had Kate and his hosts in stitches as he checked the caller's name, gave directions and asked what timing they preferred. But he had to tell the customer not to come immediately because the restaurant had visitors.

"Do we have a seat for two right now?" William asked Meena Sharma, head chef of The Indian Streatery, which she co-owns with her husband, Rakesh. "Half past two?" he suggested to the caller. "Does that work for you?"

The prince was very convincing, aside from getting the restaurant's address wrong, telling the customer the restaurant was on "Benitsia Street" instead of Bennetts Hill. "I've probably sent him somewhere else in Birmingham," he joked after hanging up.

Nevertheless, just over half an hour later, Vinay Aggarwal and wife Ankita Gulati arrived, none the wiser that they had been booked by the heir to the throne himself. "Oh, I didn't recognize his voice at all," said Vinay upon learning the news.

"They were absolutely shocked when we told them that Prince William had taken the booking – they had to sit down!" Meena's son Dhiraj, who helps run the restaurant, told *Hello!* "We have an all-female team in the kitchen, and the prince and princess were

Kate is beautiful in a Karen Millen dress as she and Prince William visit Birmingham, including family-run restaurant The Indian Streatery, where he got to work taking a reservation (top right).

‘Do we have a seat for two right now?’ - THE PRINCE TAKES A CUSTOMER’S ORDER

really interested to hear our story.”

William and Kate were in Birmingham to “celebrate the city’s diverse culture and heritage and meet future leaders in the creative industries,” a Kensington Palace spokesman said. And in a day full of laughter, it was clear that the royal couple, who are celebrating their 12th wedding anniversary privately on April 29, are as in love and united as ever.

Their hands-on visit saw them compete to make rotis in the restaurant’s kitchen on the promise that the winner would be offered a permanent job there. Asked about his skills, Meena did not mince her words. “Clearly, Sir doesn’t have any at all,” she said. “There were holes in there… but Ma’am’s skills were fantastic. I did say to her, ‘You’ve got a job for life.’”

William seemed to agree, telling his wife, “I’m not trying my one! I’ll try yours.”

DINNER INVITATION

William and Kate also visited The Rectory pub in the city’s famous Jewellery Quarter, a hub for creative industries. The royal couple chatted with designers, artists, playwrights, filmmakers and tech experts working in the city.

Hearing how Kelvin Osondu, 30, head of the Bootcamp Media digital marketing agency, wrote his first fantasy fiction book at age 16, William told him, “Kelvin, I need to bottle some of your discipline. There was ▶

FROM LEFT: MAX MUMBY/GETTY IMAGES; ARTHUR EDWARDS/GETTY IMAGES; CAMERON SMITH/GETTY IMAGES; NEIL MOCKFORD/GETTY IMAGES; JACOB KING/GETTY IMAGES

The Princess of Wales greets well-wishers in the heart of Birmingham (below), while Prince William (top left) is happy to take selfies – and even meet a fan overseas via FaceTime.

‘Oh, she always looks stunning’

– WILLIAM SPEAKS GLOWINGLY ABOUT KATE

a moment when I really should have done more work when I was younger – read more books, watched less TV. I’m watching *The Recruit* on Netflix at the moment.”

Next, he chatted with film students and young filmmakers about movies, his role as BAFTA president and more. “When I can fight the children off the TV, I’ll have a go at watching more films,” said the father of three. “My favourite film I’ve watched was *Top Gun: Maverick*. It’s one of the best films I’ve ever seen – for a long time.”

Downstairs in The Rectory’s 180 Club, he and Kate joined a game of interactive darts. “This is how I spent university,” William said, laughing.

Outside, the royal visitors greeted some of the hundreds of well-wishers gathered in St. Paul’s Square, cooing over babies, posing for selfies and joining video calls.

One supporter in the crowd was John Parsons, 76, who taught drama and math to the princess at St. Andrew’s prep school in Pangbourne. “I produced her as Eliza Doolittle in *My Fair Lady*,” shared John. “She was a good actress, but quite quiet. I would have never thought she would have ended up where she is.”

Another fan had the princess in mind, too, telling William, “What an amazing outfit Kate has got on. It’s beautiful!” Replied the prince, without hesitation, “Oh, she always looks stunning.”

As he worked his way through the crowd, William also spoke to Courtney Doyle, as well as her mother, Candice, who was in South Africa but chatting to her daughter via FaceTime.

The 23-year-old said her mom had been “crying, screaming” with delight as she said hello to William. “It has made my day,” she added happily, “and my mum’s.”

REPORT: EMILY NASH
& DANIELLE STACEY

At the Indian restaurant, the couple try making rotis in the kitchen (top right). Below (from left): On another stop, this time at The Rectory in the city’s Jewellery Quarter, William steps up for his turn at darts, and Kate, in dazzling Sézane earrings made of gold-plated recycled brass, enjoys a soft drink.

CLOCKWISE FROM TOP LEFT: ARTHUR EDWARDS/GETTY IMAGES (2); JACOB KING/GETTY IMAGES (2)

SHOES
Size 4UK/
37EU
Girls
Size UK/
EU38
JNR Bo

‘THEY GROW SO QUICKLY’

THE PRINCESS OF WALES HELPS OUT AT A BABY BANK

She’s always happy to lend a hand! Pairing her recycled Reiss blazer with a beaming smile, the Princess of Wales was cheerful as ever during a recent outing in Windsor to The Baby Bank, a charitable organization that provides infant and childhood essentials to families in need.

Showing off her maternal skills, the mom of three, 41 – who has long been a supporter of baby banks over the years – jumped at the chance to assist in sorting through donations, which include everything from clothes to cribs and strollers. At one point, Kate spotted a box of second-hand Mattel toys, which made her think of Princess Charlotte (who turns eight on May 2). “My daughter is a huge fan of *Toy Story*,” she said while looking at a pile of Buzz Lightyear action figures.

Charlotte and her brothers, Prince George, 9, and Prince Louis, who just celebrated his fifth birthday (page 14), were always in her thoughts. “It only feels like yesterday that they were this tiny,” she said while picking up a few items of clothing for children under the age of five. “They do grow so quickly!”

Before saying her goodbyes, Kate wrapped up her solo outing by praising the bank’s volunteers for all of the “amazing work” they’re doing. “It’s so needed,” she said. “My passion is helping to raise under-fives, and you are living and breathing this. You see their challenges...You are their lifeline.” H

REPORT: SARAH TRUMBLEY

Kate is all smiles during a solo visit to The Baby Bank in Windsor (above, in a Reiss blazer and black trousers) while folding clothes (left) and chatting with volunteers (top left).

JEREMY SELWYN/GETTY IMAGES (3)

CELEBRATING HIS FIFTH BIRTHDAY

PRINCE LOUIS

STRIKING NEW PORTRAITS SHOW THE YOUNG ROYAL AT PLAY AS HE PREPARES FOR HIS BIGGEST YEAR YET

The Princess of Wales gives Prince Louis a ride around the grounds of the family home in Windsor in new photos to mark the young royal's birthday.

He captured the world's attention last summer with a star turn at the Queen's Platinum Jubilee celebrations, displaying his lively sense of fun.

Now, at age five, Prince Louis brings his winning smile and sense of adventure to another set of mesmerizing birthday photographs. The little prince is seen sitting in a wheelbarrow of garden weeds while being pushed by his doting mother, the Princess of Wales, grinning at something beyond the camera.

IN THE SPOTLIGHT

Wearing blue shorts and a checkered shirt under a Fair Isle sweater, Louis is dressed for a playful day in the garden of his family's home in Windsor.

Breaking with tradition, William and Kate (who often snaps her children's portraits herself) assigned the task to Millie Pilkington, who is known for her stunning portraits of babies and children.

Millie has a long-standing relationship with the prince and princess, having been the private photographer at their 2011 wedding.

Her images capture Prince Louis, who is fourth in line to the throne, ahead of the coronation, where he'll be joining his parents and older siblings – Prince George, 9, and Princess Charlotte, who turns eight at the beginning of May – in the procession from Westminster Abbey to Buckingham Palace, following the crowning of his grandfather the King.

"He's so grown up all of a sudden, and he has a big year ahead," a friend of the family tells *Hello!*

EARLY YEARS

Prince Louis Arthur Charles was born at 11:01 a.m. on April 23, 2018, meeting his big brother and sister for the first time just hours later.

He spent a year at Willcocks Nursery in Kensington while the family were still based in Kensington Palace.

Now that they've moved to the four-bedroom Adelaide Cottage in Windsor, Louis is enjoying an idyllic childhood and attending nearby Lambrook School with his siblings.

"They are so happy there," the friend tells *Hello!* "It's just them, and the kids can run free outside in total privacy. It feels very much like a home to them, and they are really settled now. It's just the five of them, and they love it."

While Louis is clearly a fan of getting outside in nature, he has also inherited his parents' sporty side, with Kate saying earlier this year that her youngest is "mad about rugby." And she has joked, "Louis is kamikaze – we're worrying that when he gets older, he'll be in the middle of everything." ▶

REPORT: EMILY NASH

Turn to see Hello! Canada's tribute to the birthday boy with five memorable times Prince Louis made us laugh

MILLIE PILKINGTON/KENSINGTON PALACE (2)

'He's so grown up all of a sudden'

AN ARTIST IS BORN

Showing off his artistic side in portraits taken by Kate for his second birthday in 2020 (with the rainbow representing hope as the COVID-19 pandemic took hold), Prince Louis experimented with finger-painting – an interest he may have inherited from his grandfather King Charles, who is an avid watercolourist. Turns out the photoshoot created quite the mess, with Kate later joking, "I should have taken a photograph of what I looked like after as well! I pretty much looked like Louis at the end of those!"

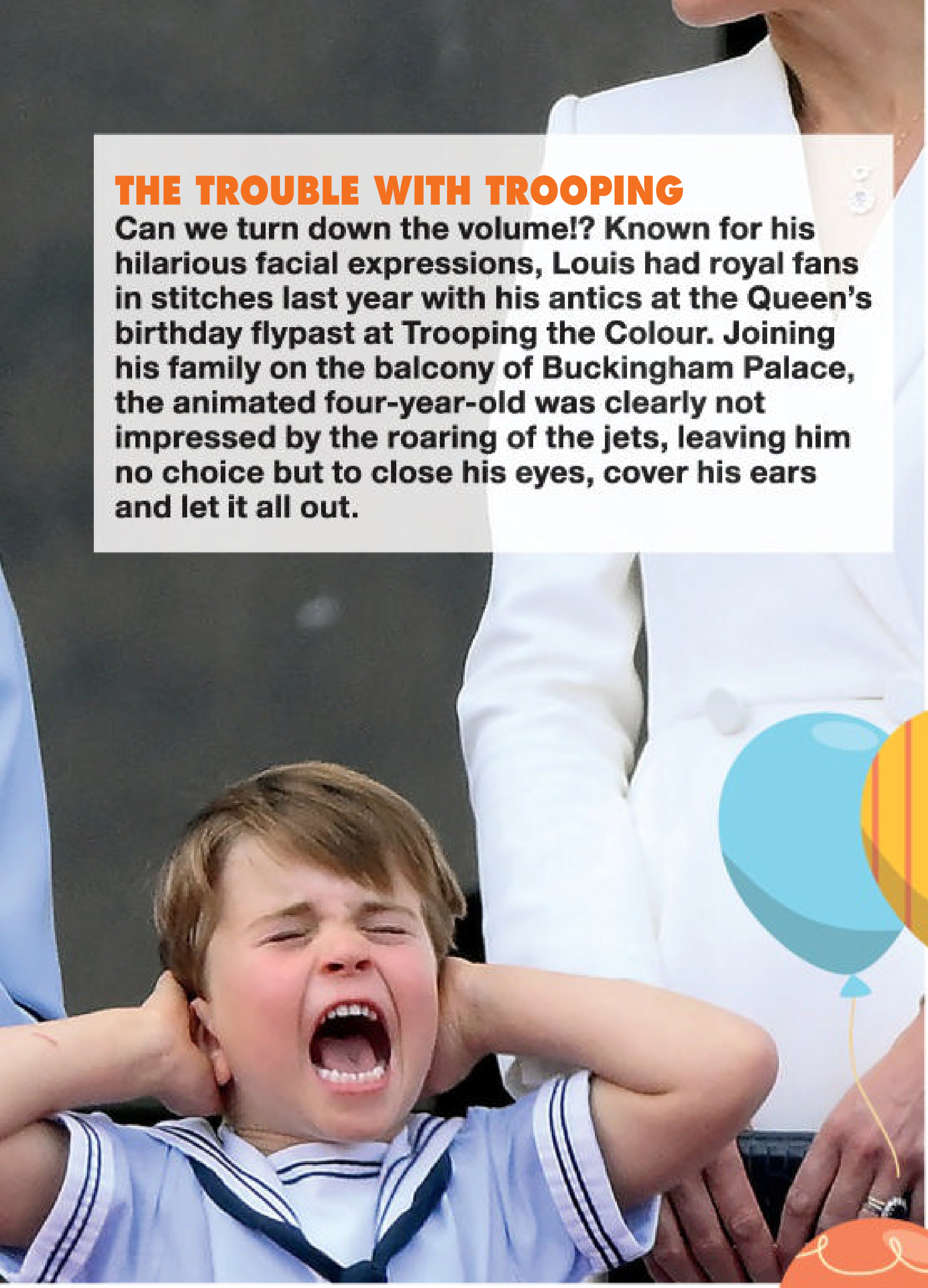
FULL OF BEANS AT FOUR

Ready, set, go! Bearing a striking resemblance to dad Prince William at the same age, Louis was a ball of energy while posing for his fourth-birthday portraits – one of which saw him gearing up for a barefoot sprint across the beach. The photos, taken near the family's home in Norfolk, were once again snapped by Kate – who has since confirmed that her youngest son is quite the active little royal. "Louis comes home and says, 'I need to get my energy out!'" she said in March. Clearly he takes after his athletic parents.

CLOCKWISE FROM TOP LEFT: PRINCESS OF WALES/KENSINGTON PALACE; DANIEL LEAL/GETTY IMAGES; MARK KERRISON/GETTY IMAGES; CHRIS JACKSON/GETTY IMAGES; PRINCESS OF WALES/KENSINGTON PALACE

THE TROUBLE WITH TROOPING

Can we turn down the volume!? Known for his hilarious facial expressions, Louis had royal fans in stitches last year with his antics at the Queen's birthday flypast at Trooping the Colour. Joining his family on the balcony of Buckingham Palace, the animated four-year-old was clearly not impressed by the roaring of the jets, leaving him no choice but to close his eyes, cover his ears and let it all out.



> 'Louis comes home and says, "I need to get my energy out!"'
> *- THE PRINCESS OF WALES*

CLOWNING AROUND AT THE JUBILEE

It was a historic celebration for the Queen, but all eyes were on Louis at last year's Platinum Jubilee festivities. From tugging on his cousin Mia Tindall's hair to throwing his arms up in the air and sticking his tongue out, the little royal heir proved himself to be the prince of silliness. It was all in good fun, though – and even William and Kate got a kick out of it. Joking about their son's funny business later on Instagram, they wrote, "What a fantastic weekend of celebrations. We all had an incredible time, especially Louis..."

A DARLING DEBUT

Leave it to Louis to have a cheeky moment during a major royal milestone. This year, the little prince joined his family for his first Easter Sunday service. And while he did seem slightly nervous on the occasion, sticking close to mom Kate's side and holding her hand, he couldn't help but flash the cameras a few funny faces – including one with his tongue sticking out! H

LEADING LADY, DOTING MOM AND BUSINESSWOMAN

PRIYANKA CHOPRA JONAS

ON HOW SHE FINDS A BALANCE IN HER BUSY LIFE

Priyanka with husband Nick Jonas at the première of her new show, *Citadel*, and earlier this year with daughter Malti Marie (right), who was born via surrogate in 2022.

With a panoramic skyline as a backdrop, Priyanka Chopra Jonas cuts an elegant figure in a chic black asymmetric dress paired with Christian Louboutin heels as she poses for pictures on a London rooftop.

The actress has touched down in the capital city for the première of her latest TV show, *Citadel*, a spy thriller in which she co-stars with Scottish actor Richard Madden and Hollywood star Stanley Tucci.

It's a busy time for Priyanka, 40, who, along with running her own production company and hair-care brand, is a goodwill ambassador for UNICEF and last year welcomed daughter Malti Marie via surrogate with pop star husband Nick Jonas.

But experience has taught her how to balance her professional and personal lives. "I figured it out in my 30s," admits the former Miss World. "What I end up saying is, 'I will work from six to seven,' and however you want to fill that day is fine. But after that is my time.

"You have to separate work and home – you can't bring your work home, and you can't take your home to work. As soon as that compartmentalization happens, you're able to achieve so much more. And I think women generally can multi-task well," she adds, laughing.

"I know when I tell my team, 'I'm not available after seven o'clock today,' I won't be, because I need time for my family. I want to tell jokes. I want to order silly food. I want to watch TV. Or talk to my mum. I want to do all the stuff that fills my soul.

"And don't get me wrong, I did not know this in my 20s. As I've gotten older, I've definitely understood it and valued it a lot more because I know I come back to work better when I've taken time for myself and my family to nourish my soul."

FINDING BALANCE

Priyanka learned how important it is to nurture both mind and body in her younger days, when working extremely hard was "romanticized," she says.

"I didn't take my first holiday until at least 10 years in," she says of her career, which now spans over two decades. "I was like, 'I'm going to do five movies a year, I'm going ►

> ‘You have to separate work and home. As soon as that happens, you’re able to achieve so much more’

The actress is firm about setting aside family time, having learned in her 30s that she works best – and is happiest – when she takes a moment to ‘nourish my soul.’

FROM LEFT: MIKE MARSLAND/GETTY IMAGES; JOHN SALANGSANG/REX; SOPHIA BROWN/PRIME VIDEO

‘We have to forgive ourselves for not being able to keep up’

FROM LEFT: TIMMSY/BACKGRID; KARWAI TANG/GETTY IMAGES; KARWAI TANG/GETTY IMAGES; PRIME VIDEO

After nearly five years of marriage, Priyanka and Nick remain completely smitten. The actress poses with her *Citadel* co-stars Stanley Tucci and Richard Madden (above left) and shows off her spy moves in the series (below, with Richard).

'I have an incredibly supportive partner who is the wind beneath my wings'

to work the hardest, I don't need to sleep, I don't need to eat' – until I ended up in the hospital for 10 days. We have to forgive ourselves sometimes for not being able to keep up. We have to take time to say, 'I'm sorry, I need a moment.'"

She is lucky, she says, to be in a strong relationship. The actress, who has conquered Hollywood and Bollywood, with success in films like *The White Tiger* and *The Matrix Resurrections*, as well as TV's *Quantico*, started dating Nick, 30, in 2018.

The couple married just months later in a multi-wedding event in Mumbai and Jodhpur in India – covered exclusively by *Hello!* – and now live with their daughter in the San Fernando Valley in Los Angeles.

"I'm very grateful," she says. "I have an incredibly supportive partner who is the wind beneath my wings. We balance each other's lives and careers because both are important to us."

FEEL THE LOVE

With success and fame, of course, come attention and scrutiny – not all of it welcome.

"I've had times when I may have said something and it's been misconstrued or people say the meanest, nastiest things – not just about me but about my child or my family members," says Priyanka.

"What you have to do is surround yourself with people who love you and care about you – not about what you can bring to the table or what you can do for them.

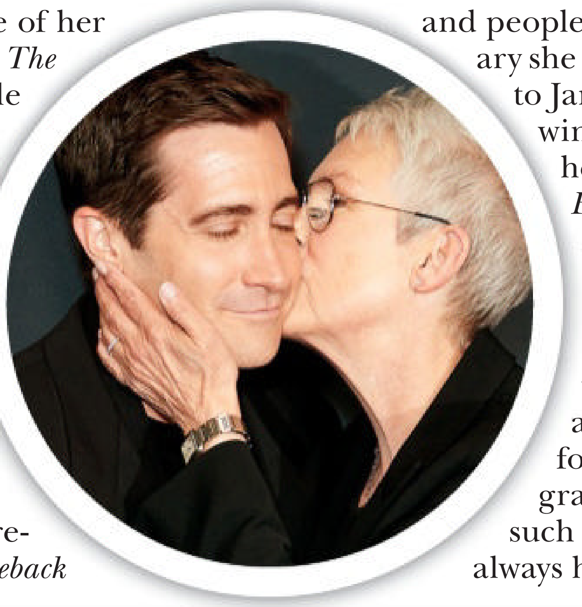
"People who want to see you smile, people who want to see you enriched. Your family and friends. And that's your real wealth. That's your real strength." H

INTERVIEW: LUCY ALLEN/HOT FEATURES

JAMIE LEE CURTIS TWINS WITH HER GODSON JAKE GYLLENHAAL

Jamie Lee Curtis is many things: Oscar-winning actress, author, activist, wife, mom, daughter of silver-screen legends. But what some fans don't know is that she's also a super-supportive godmother – to Hollywood leading man Jake Gyllenhaal.

The *Knives Out* star – a longtime friend of Jake's parents, director Stephen Gyllenhaal and screenwriter Naomi Foner – was front and centre at the Los Angeles première of her godson's latest film, *The Covenant*. And while posing together on the red carpet in matching black suits, Jamie, 64, even planted a sweet kiss on Jake's cheek.



"He's been a friend – he's a really good person and a wonderful actor," she told reporters, later revealing that the *Brokeback Mountain* star, 42, and his girlfriend, model Jeanne Cadieu, 27, lived next door to her during the pandemic in a house that Jamie owns. "He made a lot of sourdough bread."

For Jake, whose godfather is late Hollywood legend Paul Newman, there's nothing better than having the beloved scream queen by his side.

"She's known me since I was very little, and now she's been anointed icon status and people see how extraordinary she is," he said, referring to Jamie's SAG and Oscar wins earlier this year for her supporting role in *Everything Everywhere All at Once*.

"Obviously, she has a huge history, but right now people see who she actually is, and I've known that forever." Added Jake gratefully: "She is just such a huge support and always has been."

REESE WITHERSPOON CHEERING FOR SON DEACON

When it comes to celebrating her kids, Reese Witherspoon never misses a beat. The star of *The Morning Show*, 47, was a ray of sunshine while cheering on her son Deacon, 19, at the launch party for his debut album, *A New Earth*. But the actress – who recently announced her split from husband Jim Toth, with whom she shares son Tennessee, 10 – wasn't alone in toasting the singer. Deacon had his sister, Ava, 23, there for support (right, with their mom), as well as their dad, actor Ryan Phillippe, 48 (below), whose marriage to Reese ended in 2008.

For the *Cruel Intentions* co-stars, the occasion was a reunion of sorts, but certainly not their first. The pair famously come together for milestones in their kids' lives, including their son's 18th birthday in 2021. "We love you, Deacon," she posted on social media at the time. "You make us so proud!"

CLOCKWISE FROM TOP LEFT: ERIC CHARBONNEAU/SHUTTERSTOCK; UNIQUE NICOLE/GETTY IMAGES; RYAN PHILLIPPE INSTAGRAM (2); DEACON PHILLIPPE INSTAGRAM

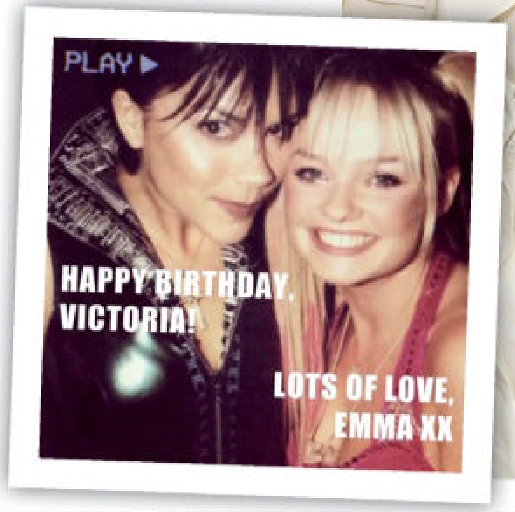
VICTORIA BECKHAM
SPICES UP HER LIFE AS SHE TURNS 49

When it comes to birthdays, Victoria Beckham likes to double down! Turning 49, the Spice Girl turned fashion designer celebrated by jetting off to not one but two glamorous destinations: Miami and the Bahamas.

The multi-day festivities included a cozy dinner with husband David, 48, and three of their four children (above right, with Harper, 11, Brooklyn, 24, and Cruz, 18) and a silent-disco birthday party (above left). Documenting a romantic day at the beach, where she and David stole a kiss (above), Victoria captioned the photo, "In the middle of nowhere with my favourite person."

And her soccer-legend spouse wasn't about to let his wife's birthday pass without sharing a few sweet words himself. "Happy Birthday to the most amazing wife and mummy," David wrote on Instagram. "We love you, and you deserve to have the most perfect day."

Friends and other family members chimed in with good wishes, including Victoria's absent son Romeo, 20 – who wrote, "Happy birthday to the best mum out there" – and her former bandmate Emma Bunton, 47. "You're a superwoman!" Baby Spice posted, along with throwback snaps. "My Spice sister."



EMMA WATSON
HARRY POTTER STAR REFLECTS ON HER OLDER SELF: 'THIS IS 33'

She may have been out of the spotlight lately, but that doesn't mean Emma Watson hasn't been busy. In fact, the *Harry Potter* alum took a moment recently to fill fans in on everything she's been up to.

Posting on Instagram for the first time in four months, the *Little Women* actress resurfaced with an unusually personal birthday post, giving fans a rare glimpse into her life.

"This is 33. Holy moly," began the Prada Beauty ambassador, in a lengthy entry that coincided with her April milestone and listed a flurry of highlights. "I stepped away from my life, I learned to surf (badly), I rode some horses (that went better) [and] I did a lot of therapy." Emma went on to reveal she's also adopted a dog, Sofia, filmed 2022's *Harry Potter* 20th-anniversary special and "said goodbye to my Grandma and Grandpa."

The post was accompanied by stunning photos (right), "taken on my birthday last year," she admitted. "But I wasn't ready to come out of my COVID cocoon."

Now she is! And the actress, who's as well-known for her off-camera passions – from sustainability to gender equality – as her dramatic abilities, is feeling grateful. Giving a nod to all the people who've inspired her over the years, she noted, "It takes a village." And she reserved a special thank you for her younger brother, Alex, 30 – "for helping me find the most challenging things, with time, incredibly funny."

CLOCKWISE FROM TOP LEFT: VICTORIA BECKHAM INSTAGRAM (3); DAVID M. BENETT/GETTY IMAGES; EMMA LEE BUNTON INSTAGRAM; EMMA WATSON INSTAGRAM (2); JAMIE MCCARTHY/GETTY IMAGES

THE QUEEN

PADDINGTON BEAR SKETCH EARNS BAFTA NOD

We can bear-ly contain our joy! The Queen has been posthumously nominated for the Memorable Moment Award at the BAFTA Television Awards for her hilarious sketch with Paddington Bear, filmed for last June's Platinum Jubilee.

In the video, Her Majesty hosts a tea party with the accident-prone but lovable bear at Buckingham Palace. When Paddington asks Her Majesty if she would like a marmalade sandwich from under his red hat ("I always keep one for emergencies," he explains), the Queen quips, "So do I," and pulls a similar snack from her famous black handbag.

One of the highlights of the Jubilee celebrations, the video has racked up 15 million YouTube views. "It's a brilliantly timed comic performance," said the sketch's co-writer Frank Cottrell-Boyce.

As the category is decided by public vote, the Queen could prove a sentimental favourite when the winner is revealed on May 14 during a live broadcast.

PRINCESSES BEATRICE AND EUGENIE

MUMS' DAY OUT WITH THE KIDS

Princess Eugenie has said she and her older sister, Princess Beatrice, get on "fantastically well." And it looks as if their kids will, too!

In a new Instagram post, Eugenie, 33, presented a series of photos, including a sweet one of her son, August, 2, and her niece, Sienna, 1, watching penguins swim. "August and his cousin Sienna love going to the London Zoo," she wrote in a caption.

It's a first picture showing the pair together – and a rare one of Sienna, whose parents, Beatrice, 34, and Edoardo Mapelli Mozzi, 39, have yet to share photos of their toddler. Seen from behind, Sienna seems to have inherited her mom's strawberry-blond locks. As Sarah Ferguson, the Duchess of York, 63, has said of her granddaughter, "Sisi," she is a "mini Beatrice."

Passionate about the environment (see story, page 4), Eugenie shared the image to mark Earth Day, noting that the zoo supports a variety of conservation efforts.

CLOCKWISE FROM TOP INSET: THE ROYAL FAMILY YOUTUBE; VICTORIA JONES/THE CANADIAN PRESS; DAVID M. BENETT/GETTY IMAGES; PRINCESS EUGENIE INSTAGRAM

ANDREW LLOYD WEBBER
TEASES DETAILS OF CORONATION ANTHEM

Andrew Lloyd Webber has shared details of the anthem he has composed for the coronation, revealing that he personally gave King Charles a preview.

"I played and tried to sing my early score for the King a few weeks ago," said the musical-theatre impresario behind hits like *Joseph and the Amazing Technicolor Dreamcoat*, *Cats* and *The Phantom of the Opera* (which just closed on Broadway after a 35-year run).

Andrew, 75, who has known Charles for years, used a Bible verse as the basis for "Make a Joyful Noise, a Coronation Anthem."

Said the renowned composer, "I had the good fortune to discuss the text with His Majesty the King. We discussed the writings of Solomon [in the Old Testament] and I suggested adapting Psalm 98, with its message of 'Make a joyful noise unto the Lord, the King.' It seems so appropriate to the moment in the coronation service."

The piece, he says, will be performed by the Coronation Orchestra and "the wonderful choir of Westminster Abbey" (above right). The Fanfare Trumpeters of the Royal Air Force (right) will also be featured.

Andrew's composition is just one of 12 new pieces of music that will resound throughout the abbey on May 6.

Turn to page 28 for your complete guide to the coronation of King Charles III.

CLOCKWISE FROM TOP LEFT: JOE GIDDENS/GETTY IMAGES; TOLGA AKMEN/GETTY IMAGES; OLI SCARFF/GETTY IMAGES

THE READ OF THE MONTH 30% OFF*

MAY PICK IS IN STORES NOW

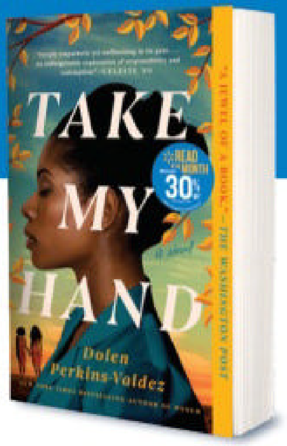
The explosive, edge-of-your-seat novel from *Globe and Mail* bestselling author Rick Mofina.

Family secrets never stay buried…

When a teenager falls to her death while taking a selfie at the edge of a cliff, the mother of the little girl she was babysitting at the time fears it might not have been an accident.

INTERNATIONAL BESTSELLING AUTHOR
RICK MOFINA
EVERY THING SHE FEARED
READ OF THE MONTH
Walmart
30% OFF
A NOVEL
HOW WELL CAN WE REALLY KNOW OUR CHILDREN?

Previous Pick
ALSO AVAILABLE



Inspired by shocking true events, a searing and compassionate novel about a Black nurse in post-segregation Alabama who blows the whistle on a terrible injustice done to her child patients

Available at
Walmart
Save money. Live better.

*Discount off cover price. Retailers may sell for less than the cover price.

IN A NEVER-BEFORE-SEEN PORTRAIT

THE QUEEN AND HER FAMILY

A SWEET BIRTHDAY TRIBUTE SEES HER MAJESTY WITH THE YOUNG ROYALS

THE PRINCE AND PRINCESS OF WALES/KENSINGTON PALACE

It is an image for the history books, as Queen Elizabeth II sits surrounded by some of her dearest and youngest loved ones.

Her Majesty is pictured with two of her grandchildren – Lady Louise Windsor and James, Earl of Wessex (then Viscount Severn) – and eight of her great-grandchildren: Prince George, Princess Charlotte and Prince Louis; Mia, Lena and Lucas Tindall; and Isla and Savannah Phillips.

The poignant photo was taken by the Princess of Wales at Balmoral Castle last summer and shared via social media on April 21, which would have been the Queen's 97th birthday.

The royal children were staying at their beloved "Gan-Gan's" Aberdeenshire castle for a summer holiday when the photo was snapped. The Queen died shortly afterward, on Sept. 8.

"Today we remember the incredible life and legacy of Her Majesty Queen Elizabeth II," wrote the King and Queen Consort in their own tribute to the late monarch on her first posthumous birthday.

CHANGING TIMES

Since Her Majesty's passing, Lady Louise, now 19, and her 15-year-old brother, James, have seen their parents become the Duke and Duchess of Edinburgh, while the parents of George, 9, Louis, 5, and Charlotte, who turns eight in May, are now the Prince and Princess of Wales.

Mia, 9, her brother, Lucas, 2, and sister, Lena, 4, are the children of the Queen's granddaughter Zara and her husband, Mike, while Savannah, 12, and her sister, Isla, 11, are the daughters of her eldest grandson, Peter, and his former wife, Autumn.

Four of the Queen's great-grandchildren were not on hand for the occasion: Prince Archie, 4, and Princess Lilibet, 1, who live with their parents, the Duke and Duchess of Sussex, in California; August, 2, the son of Princess Eugenie and Jack Brooksbank; and Sienna, the one-year-old daughter of Princess Beatrice and Edoardo Mapelli Mozzi.

Balmoral was one of the Queen's favourite residences, and Eugenie once described it as the most beautiful spot on the planet. "Walks, picnics, dogs – a lot of dogs – and people coming in and out all the time," she said. "It's a lovely base for Granny and Grandpa, for us to come and see them – where you just have room to breathe and run." H

REPORT: EMILY NASH

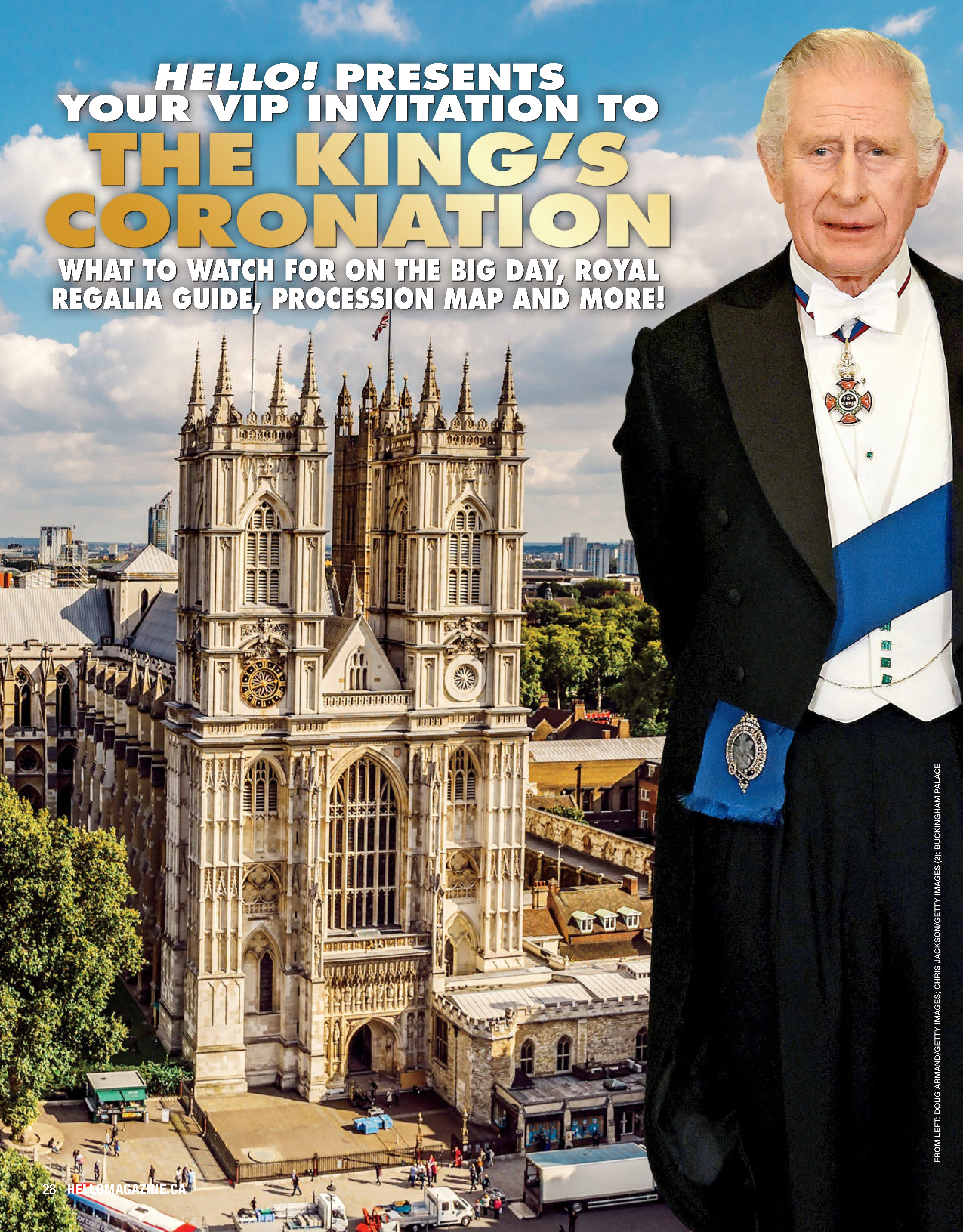
Kate took the poignant photo as the youngsters vacationed with their beloved 'Gan-Gan'

The Queen at Balmoral with (back row, from left) Lady Louise Windsor and James, then Viscount Severn; (middle row, from left) Lena Tindall, Prince George, Princess Charlotte, Isla Phillips and Prince Louis; and (front row, from left) Mia and Lucas Tindall and Savannah Phillips.

HELLO! PRESENTS YOUR VIP INVITATION TO

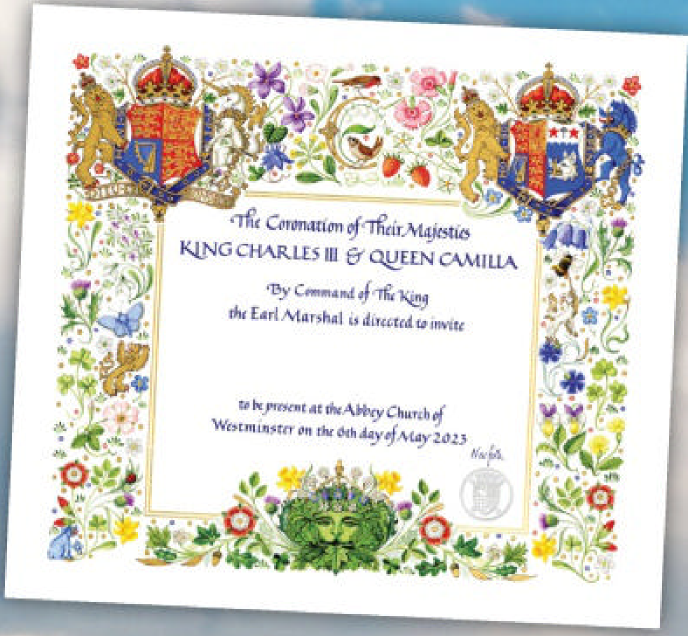
THE KING'S CORONATION

WHAT TO WATCH FOR ON THE BIG DAY, ROYAL REGALIA GUIDE, PROCESSION MAP AND MORE!



FROM LEFT: DOUG ARMAND/GETTY IMAGES; CHRIS JACKSON/GETTY IMAGES (2); BUCKINGHAM PALACE

'Their Majesties are looking forward to marking the occasion with the public'



The Coronation of Their Majesties
KING CHARLES III & QUEEN CAMILLA
By Command of The King
the Earl Marshal is directed to invite

to be present at the Abbey Church of
Westminster on the 6th day of May 2023
Norfolk

KEY MOMENTS AT A GLANCE

SATURDAY MAY 6

- The King's procession conveys Charles and Camilla from Buckingham Palace in the Diamond Jubilee State Coach
- The coronation service begins at 11 a.m. BST. After arriving at Westminster Abbey's Royal Entrance, the King and Queen Consort are met by the Earl Marshal, Great Officers of State and Archbishop of Canterbury. Queen Camilla is crowned alongside her husband
- At 1 p.m., the King and Queen begin their procession back to Buckingham Palace in the Gold State Coach
- King Charles, Queen Camilla and members of the Royal Family appear on the palace balcony to watch the flypast

SUNDAY MAY 7

- The Coronation Big Lunch sees communities gather to celebrate with street parties across the U.K.
- The Coronation Concert takes place at 8 p.m. in the grounds of Windsor Castle. The centrepiece, "Lighting up the Nation," sees locations across the U.K. put on spectacular displays of light and sound

MONDAY MAY 8

- The Big Help Out encourages the public to give back – it's a public holiday in the U.K.

CORONATION COUNTDOWN

BUCKINGHAM PALACE PREPARES FOR

A ROYAL SPECTACLE

PLANS FOR KING CHARLES'S BIG DAY INCLUDE THE BIGGEST U.K. MILITARY CEREMONIAL OPERATION IN 70 YEARS

CLOCKWISE FROM MAIN: RAF SAC SARAH BARSBY/MOD/CROWN COPYRIGHT; CHRIS JACKSON/GETTY IMAGES; KIRSTY WIGGLESWORTH/GETTY IMAGES

‘We can be enormously proud of our armed forces’ professionalism and precision’

It’s the biggest royal event of the century, so it’s no surprise that the coronation of King Charles III will see the U.K. forces’ biggest military ceremonial operation in seven decades.

When the King and Queen Consort travel to and from Westminster Abbey, they’ll be escorted by the army, the navy and the RAF, before more than 60 aircraft from all three services perform a six-minute flypast over The Mall.

In one of the most anticipated moments of the day, Their Majesties will watch from the balcony of Buckingham Palace, along with other senior royals, as the display concludes with an outing for the spectacular Red Arrows.

The aerial procession will include aircraft recently involved in overseas operations, including those delivering support to Ukraine, policing NATO airspace and assisting with disaster relief.

The historic Spitfires of the RAF Battle of Britain Memorial Flight will take part, along with 16 helicopters, the RAF’s new Envoy IV CC1 aircraft and P-8A Poseidon maritime patrol aircraft, F-35B Lightning II jets and transport aircraft from the RAF’s Air Mobility Force.

Around 200 members of the armed forces, centred on the Sovereign’s Escort of the Household ▶

The last RAF flypast took place last June during Trooping the Colour (here and top, watched by Charles and Camilla from the Buckingham Palace balcony). Right: The King’s most recent carriage procession was in November, when he and the Queen Consort hosted their first state banquet, for South African President Cyril Ramaphosa.

A horse-drawn carriage, accompanied by members of the military, departs Buckingham Palace and a cavalry ride trots past Westminster Abbey (below) during a secret nighttime rehearsal.

> **'It will be a spectacular and fitting tribute and a privilege to take part in for all those involved'**

Cavalry Regiment, will take part in the King's procession to the abbey, accompanying the King and Queen Consort in the horse-drawn Diamond Jubilee State Coach.

The longer coronation procession, during which Their Majesties will travel back to the palace in the Gold State Coach, will feature nearly 4,000 military personnel from the U.K. and Commonwealth.

Meanwhile, gun salutes will ring out across the U.K. at the moment the monarch is crowned. More than 400 personnel across 13 locations and deployed Royal Navy ships will conduct the 21-gun salute,

The King and Queen Consort (below, in the Irish State Coach) will travel in the Diamond Jubilee State Coach and Gold State Coach for the coronation (see page 40 for more details).

While not attending, Meghan is included in the coronation program

with an extended 62-round salute taking place at the Tower of London and a six-gun salute at Horse Guards Parade.

Nearly 400 armed forces personnel from at least 35 Commonwealth countries will also be on parade to mark the historic moment.

Those taking part will be watched by around 3,800 military veterans, NHS workers and charity representatives who have been invited to sit in a grandstand at the Queen Victoria Memorial in front of Buckingham Palace "as a mark of the nation's profound gratitude," according to U.K. culture secretary Lucy Frazer.

The first rehearsal for the processions took place under cover of darkness in the early hours of April 18, with hundreds of military personnel travelling the 2.1-kilometre route.

ROYAL FANS DIVIDED

In the official souvenir program for the coronation, the Archbishop of Canterbury, the Most Rev. Justin Welby, writes of the "magnificence and pomp" of the ceremony and also the moment of "stillness and simplicity" when the King will be anointed with sacred oil, swapping his "robes of status and honour" for a simple white shirt. The ancient ritual, which precedes the crowning, is the only part of the ceremony that won't be seen on camera, following a precedent set by the late Queen for her own coronation ceremony – the first to be televised – in 1953.

Though Charles will still pledge to be "Defender of the Faith" in the coronation oath, the service will represent a diversity of faiths and community groups, per the King's request.

Meanwhile, royal fans are divided over the fact that the official program features a family photo, taken in 2018 to mark Charles's 70th birthday, that includes both Prince Harry and Meghan. Although the Duke of Sussex has confirmed he will attend the ceremony, his wife, the duchess, will stay at their Montecito, Calif., home with their children, Archie, whose fourth birthday falls on that day, and Lilibet, who turns two on June 4. H

REPORT: EMILY NASH

Harry, pictured in London with wife Meghan (above) during last year's Platinum Jubilee celebrations, will attend the coronation alone, Buckingham Palace has confirmed. 'The Duchess of Sussex will remain in California with Prince Archie and Princess Lilibet.'

CLOCKWISE FROM TOP LEFT: YUI MOK/GETTY IMAGES; SAMIR HUSSEIN/GETTY IMAGES; LEON NEAL/GETTY IMAGES; YUI MOK/GETTY IMAGES

WITH THEIR MAJESTIES PLAYING HOST

THE ROYAL RECEPTION

MONARCHS FROM FAR AND WIDE ARE INVITED TO CELEBRATE AT THE PALACE

Senior royals from around the world are descending on Buckingham Palace for a glittering reception on the eve of the King's coronation. A host of monarchs and heirs have confirmed their attendance at the ceremony, to be preceded by a VIP gathering.

Among those expected are King Felipe VI and Queen Letizia of Spain, Sweden's King Carl XVI Gustaf and his daughter Crown Princess Victoria, Crown Prince Frederik and Crown Princess Mary of Denmark, Norway's Crown Prince Haakon and Crown Princess Mette-Marit, and Crown Prince Fumihito and Crown Princess Kiko of Japan.

The Prince and Princess of Wales are also believed to be part of the pre-coronation event and will, no doubt, help Their Majesties greet guests, including Grand Duke Henri and Grand Duchess Maria Teresa of Luxembourg. There will be a welcome, too, that night for Princess Beatrix of the Netherlands – the country's queen until 2013 – and her granddaughter the Princess of Orange, Catharina-Amalia, whose parents, King Willem-Alexander and Queen Maxima, will be at Westminster Abbey for the coronation.

Also joining them to witness the historic events of May will be Prince Albert II of Monaco. Said Albert, who will be accompanied by his wife, Princess Charlene, "I'm certain that it's going to be an incredible ceremony – and a very moving one."

REPORT: TRACY SCHAVERIEN

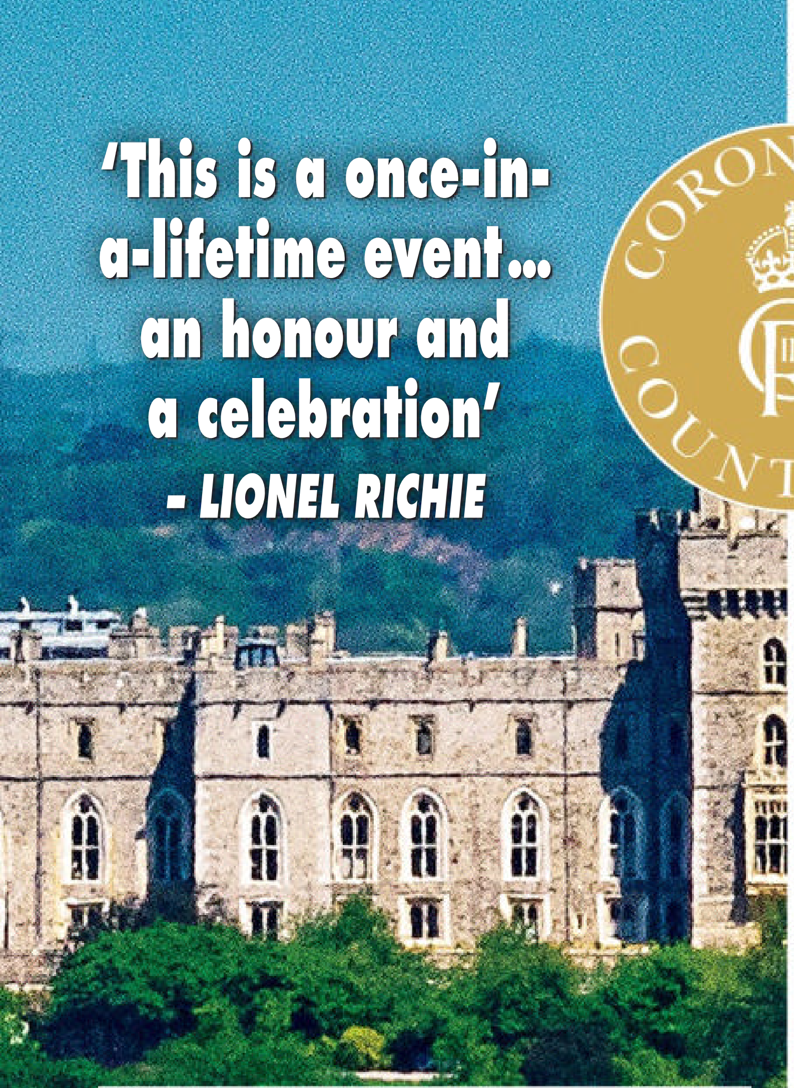
Among the dignitaries expected to celebrate the new King and Queen are (from left) King Carl XVI Gustaf of Sweden and his daughter and heir Crown Princess Victoria, and Japan's Crown Prince Fumihito and Crown Princess Kiko.

The King and Queen Consort, followed by the Prince and Princess of Wales, hosted a diplomatic reception at Buckingham Palace last December. Among their guests at the pre-coronation reception will be (below, from far left) Crown Prince Frederik and Crown Princess Mary of Denmark, Norway's Crown Prince Haakon and Crown Princess Mette-Marit, and King Felipe VI and Queen Letizia of Spain.

CLOCKWISE FROM TOP: VICTORIA JONES/GETTY IMAGES; REX; JØRGEN GOMNÆS/THE ROYAL COURT; REX;; NEWSCOM/ALAMY; KOJI SASAHARA/GETTY IMAGES

KATY PERRY AND LIONEL RICHIE PREPARE TO DAZZLE AT THE CORONATION CONCERT

Katy is part of the starry lineup of performers who'll take the stage at Windsor Castle for the May 7 show, with Hugh Bonneville as host. All of the acts will be backed by a 70-piece orchestra and a military contingent from the Massed Bands of the Household Division and the Countess of Wessex's String Orchestra.



'This is a once-in-a-lifetime event... an honour and a celebration'

– LIONEL RICHIE

CORONATION COUNTDOWN

Flashback to 2012: The then-Prince of Wales, accompanied by his wife, Camilla, speaks at the Diamond Jubilee Concert – with Sir Paul McCartney's enthusiastic support.

Motown legend Lionel Richie is on the bill, as is opera superstar Andrea Bocelli (left).

It's a star-studded lineup fit for a King! Marquee names including Katy Perry, Lionel Richie and Andrea Bocelli are all confirmed to be taking the stage at Windsor Castle for the May 7 Coronation Concert.

Hosting the outdoor show is beloved *Downton Abbey* actor Hugh Bonneville, while the Royal Ballet, the Royal Opera, the Royal Shakespeare Company, the Royal College of Music and the Royal College of Art will come together for the first time ever for a spectacular one-off performance.

They'll be watched by an audience of around 20,000 on the castle's East Lawn – and by millions more television viewers as the show airs live at 8 p.m. BST. Said *Paddington* star Hugh, 59: "I'm delighted to be taking part in this unique event, celebrating the best of musical entertainment in honour of His Majesty's coronation. In true British style, come rain or shine, it will be a night to remember."

Pop star Katy, 38, who is not only a fan favourite in the U.K. but is also engaged to London-born actor Orlando Bloom, is an ambassador for the British Asian Trust, a charity founded by the then-Prince of Wales.

"I am excited to be performing at the concert and helping to shine a further light on the British Asian Trust's Children's Protection Fund," she said.

And "Dancing on the Ceiling" singer Lionel has a friend in the King, having been appointed the first global ambassador for the Prince's Trust in 2019. "To share the stage with the other performers at this concert is a once-in-a-lifetime event, and it will be an honour and a celebration," said the hitmaker, 73.

Pop group Take That has appeared at several Royal Variety performances and its frontman, Gary Barlow, 52, even organized 2012's Diamond Jubilee Concert for the Queen at Buckingham Palace. But the bandmates haven't stepped onstage together in quite some time.

"This will be our first live show since our 2019 tour," said Gary and his fellow musicians, Mark Owen and Howard Donald. "And what a stage to come back on: a huge live band and orchestra, a choir, military drummers, the backdrop of Windsor Castle and the celebration of a new King. We can't wait." (At press time, original band member Robbie Williams had declined to be part of the lineup.)

Italian tenor Andrea, 64 – best known for "The Prayer," his 1998 duet with Celine Dion – is equally excited to be invited to perform.

"I had the great honour of singing for Her Majesty Queen Elizabeth on several occasions. It is now another great honour to be asked to perform at the Coronation Concert of King Charles III," he said. "My joy and excitement is multiplied as I have the chance to duet with my dear friend and superb [Welsh] baritone Sir Bryn Terfel, performing an iconic song of love and collective solidarity."

'PINCH-ME' MOMENT

Freya Ridings, 29, meanwhile, called the opportunity "a 'pinch-me,' once-in-a-lifetime moment in history." The British "Castles" singer (whose actor father, Richard, is one of the voices in the animated kids' TV show *Peppa Pig* – a favourite of Prince George, Princess Charlotte and Prince Louis) will perform a duet with composer Alexis Ffrench.

Although royal favourites Ed Sheeran, Sir Paul McCartney and Sir Elton John were unable to participate, the palace will no doubt add some exciting updates to the lineup closer to the big day. H

REPORT: LAURA BENJAMIN & HELLO! CANADA

CLOCKWISE FROM FAR LEFT: MIKE MARSLAND/GETTY IMAGES; KEVIN MAZUR/GETTY IMAGES; JOHN LAMB/GETTY IMAGES; SHUTTERSTOCK; MATT WINKELMEYER/GETTY IMAGES; KRISTIN CALLAHAN/SHUTTERSTOCK

FOLLOW ALONG THE PROCESSION ROUTE

On the morning of May 6, King Charles and the Queen Consort will travel from Buckingham Palace to Westminster Abbey in the Diamond Jubilee State Coach, ahead of the coronation service.

The King's procession, accompanied by the Sovereign's Escort of the Household Cavalry, will depart through the Centre Gate and proceed down The Mall, through Admiralty Arch and along the south side of Trafalgar Square, before going down Whitehall and along Parliament Street.

It will travel around Parliament Square to Broad Sanctuary to arrive at the Sanctuary of Westminster Abbey for the service at 11 a.m.

After the ceremony, the 2.1-km journey from Westminster Abbey back to Buckingham Palace will be the same route in reverse, with crowds of thousands expected to be flocking in from around the world to witness history unfold.

This coronation procession will include armed forces personnel from across the Commonwealth and British Overseas Territories, as well as all of the U.K.'s armed services, alongside the Sovereign's Bodyguard and Royal Watermen.

Their Majesties will travel home in the Gold State Coach, drawn by eight Windsor Grey horses.

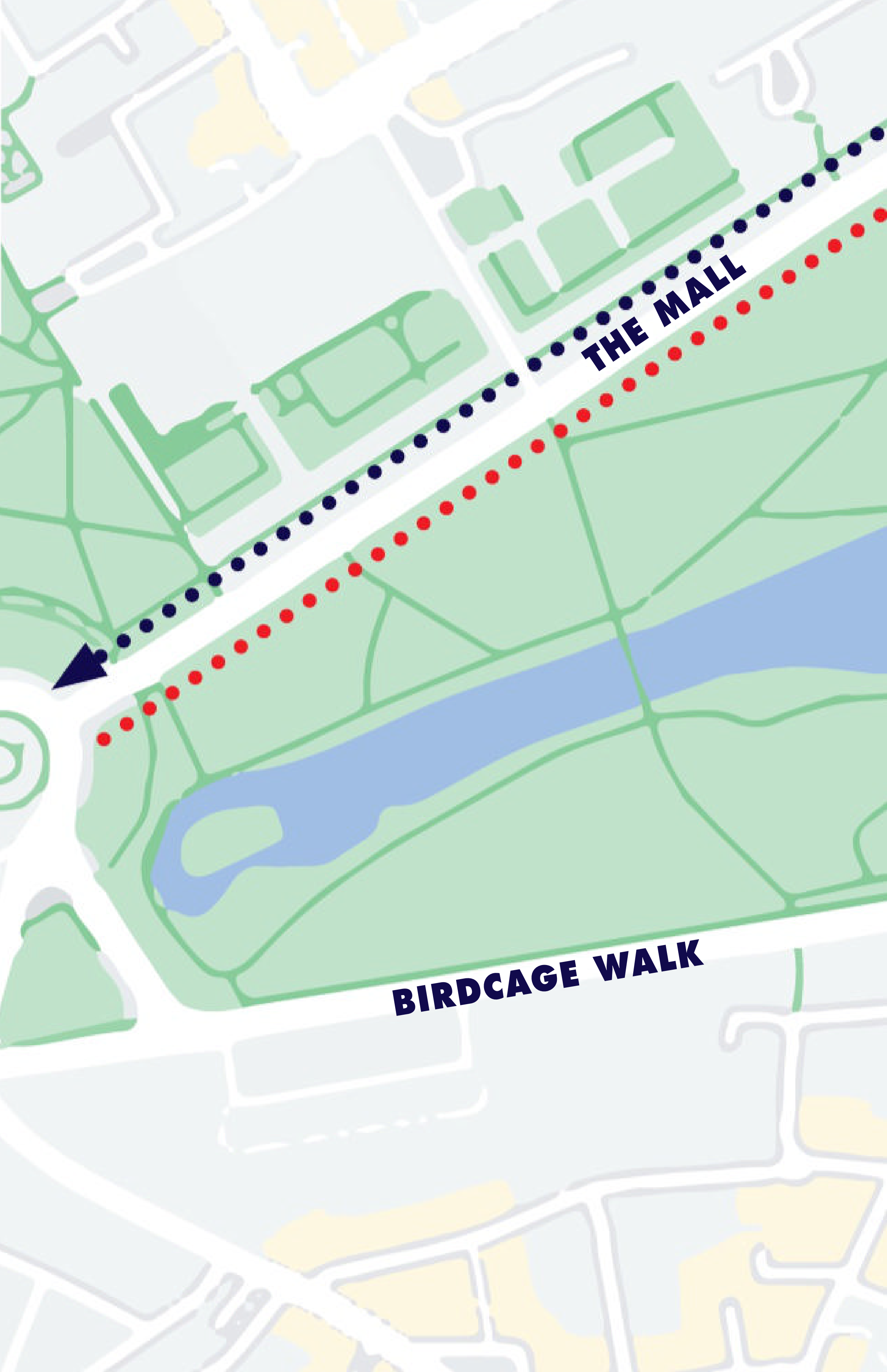
Upon their return to Buckingham Palace, they will receive a royal salute from the U.K. and Commonwealth armed forces on the West Terrace of the Buckingham Palace Garden, followed by three cheers from the assembled service personnel.

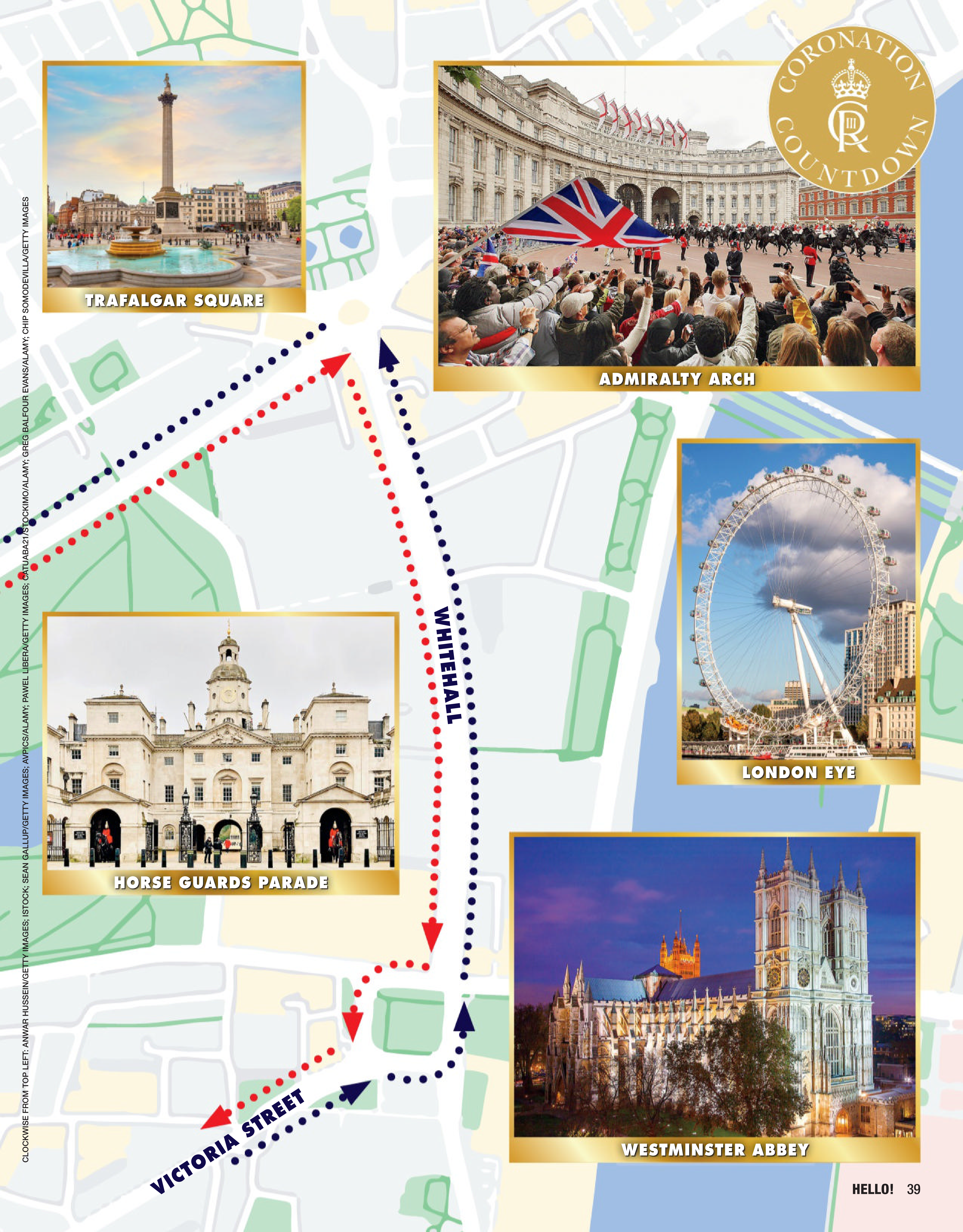
REPORT: EMILY HORAN

GOLD STATE COACH

QUEEN VICTORIA MEMORIAL

BUCKINGHAM PALACE





TRAFALGAR SQUARE

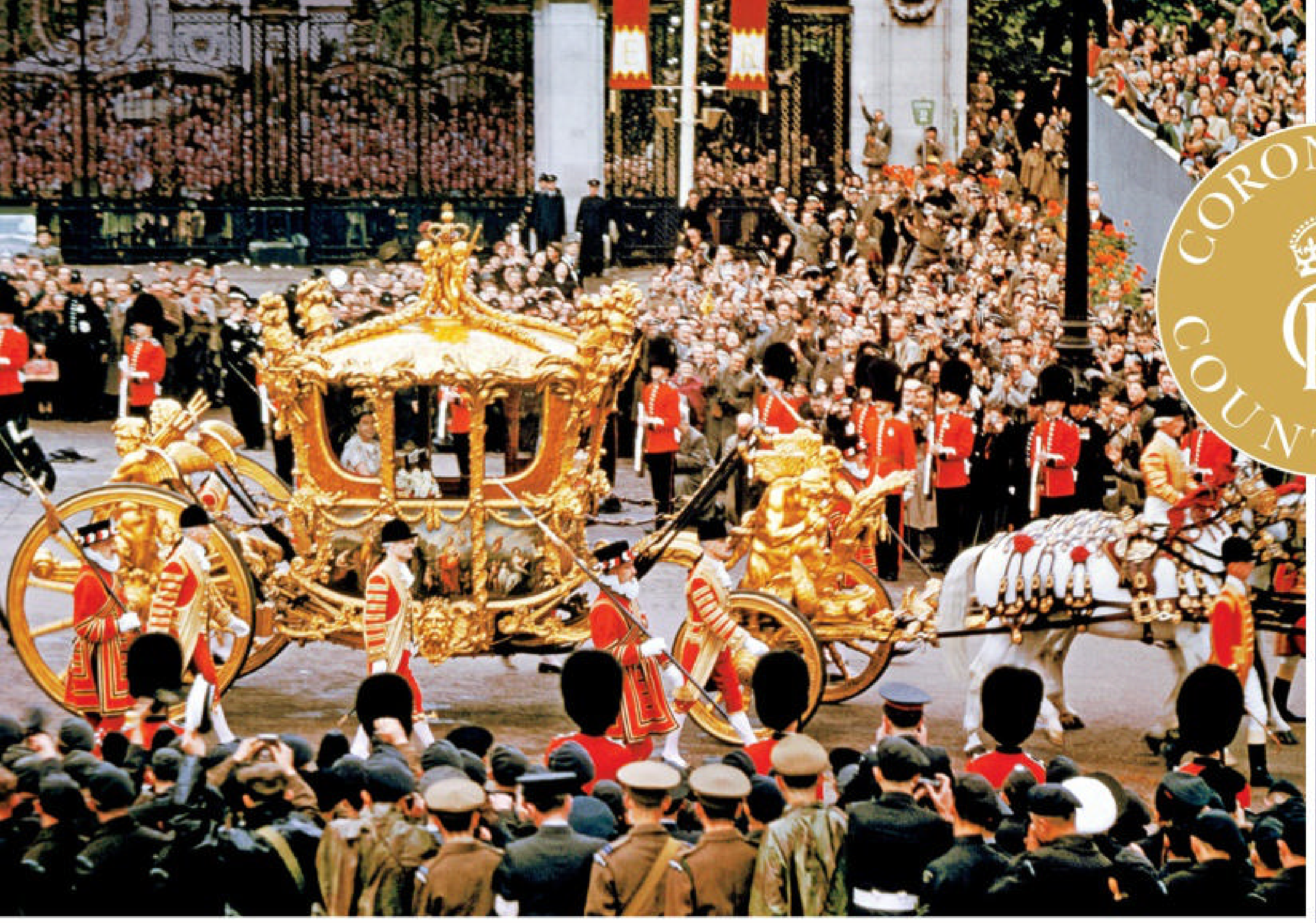
ADMIRALTY ARCH

LONDON EYE

HORSE GUARDS PARADE

WESTMINSTER ABBEY

CLOCKWISE FROM TOP LEFT: ANWAR HUSSEIN/GETTY IMAGES; ISTOCK; SEAN GALLUP/GETTY IMAGES; AVPICS/ALAMY; PAWEL LIBERA/GETTY IMAGES; CATUABA21/STOCKIMO/ALAMY; GREG BALFOUR EVANS/ALAMY; CHIP SOMODEVILLA/GETTY IMAGES



CORONATION COUNTDOWN

Through streets lined with guardsmen and cheering well-wishers, the 27-year-old Queen Elizabeth II travels back to Buckingham Palace following her coronation at Westminster Abbey in June 1953. Seventy years on, this journey will be recreated when her son is crowned King Charles III.

HISTORY COMES TO LIFE AS THE GRAND GOLD STATE COACH IS PREPARED FOR THE NEWLY CROWNED KING AND QUEEN

In a dazzling display of pomp and splendour, the King and his new Queen will be carried from their coronation in the spectacular Gold State Coach, a majestic eight-horse-drawn carriage that has played a role at every monarch's coronation since William IV's in 1831.

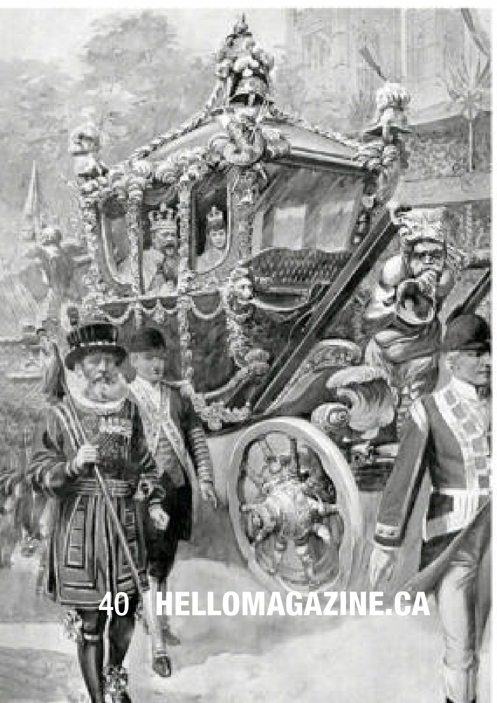
The Queen was seated in the coach – which can only be used by British monarchs – for her coronation in 1953, travelling to and from Westminster Abbey. It was last seen at her Platinum Jubilee Pageant in 2022, when a hologram of her from that day was projected onto the windows.

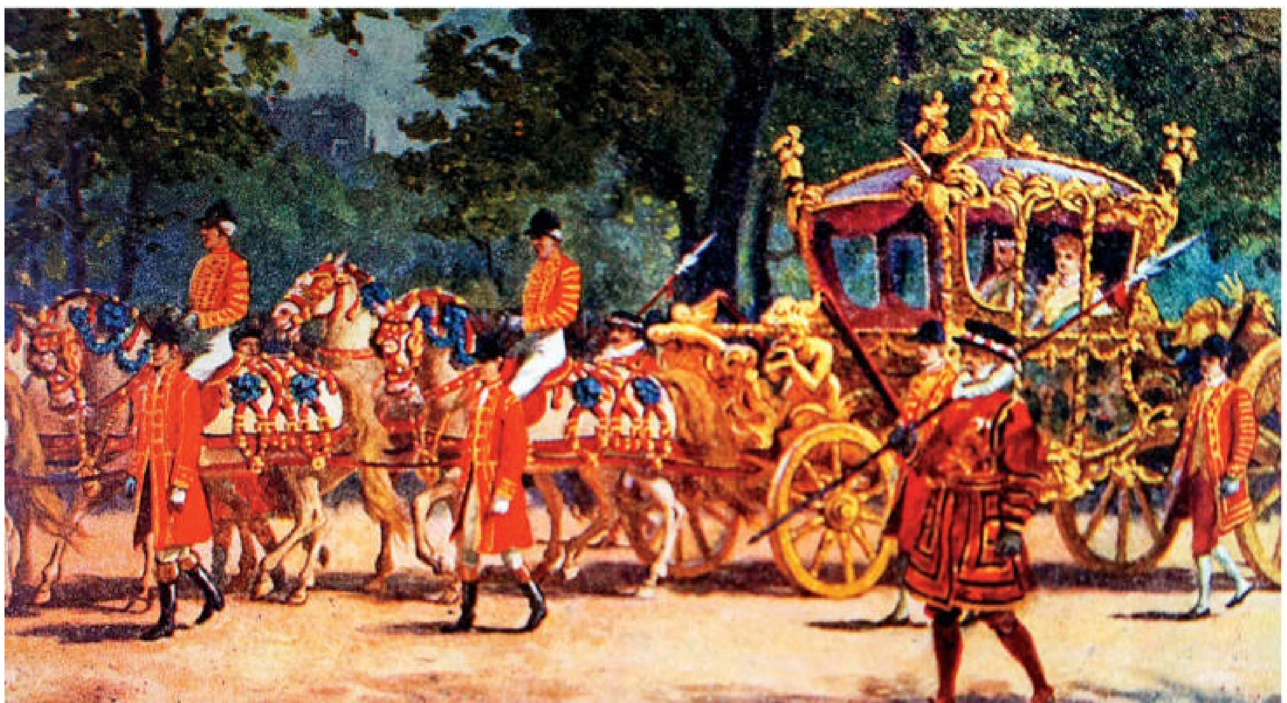
Adorned with three gilded cherubs representing England, Scotland and Ireland and a figure of Triton over each wheel, with an interior lined in velvet and satin and panels painted with Roman gods and goddesses, the gold-leaf-covered carriage will transport King Charles III and Queen Camilla back to Buckingham Palace while royal fans cheer on their newly crowned monarch and consort on Saturday, May 6. Travelling in carriages behind the King and Queen will be heir apparent Prince William and his wife, Princess Kate, who are expected to be joined by their children, Prince George, 9, Princess Charlotte, 7, and Prince Louis, 5.

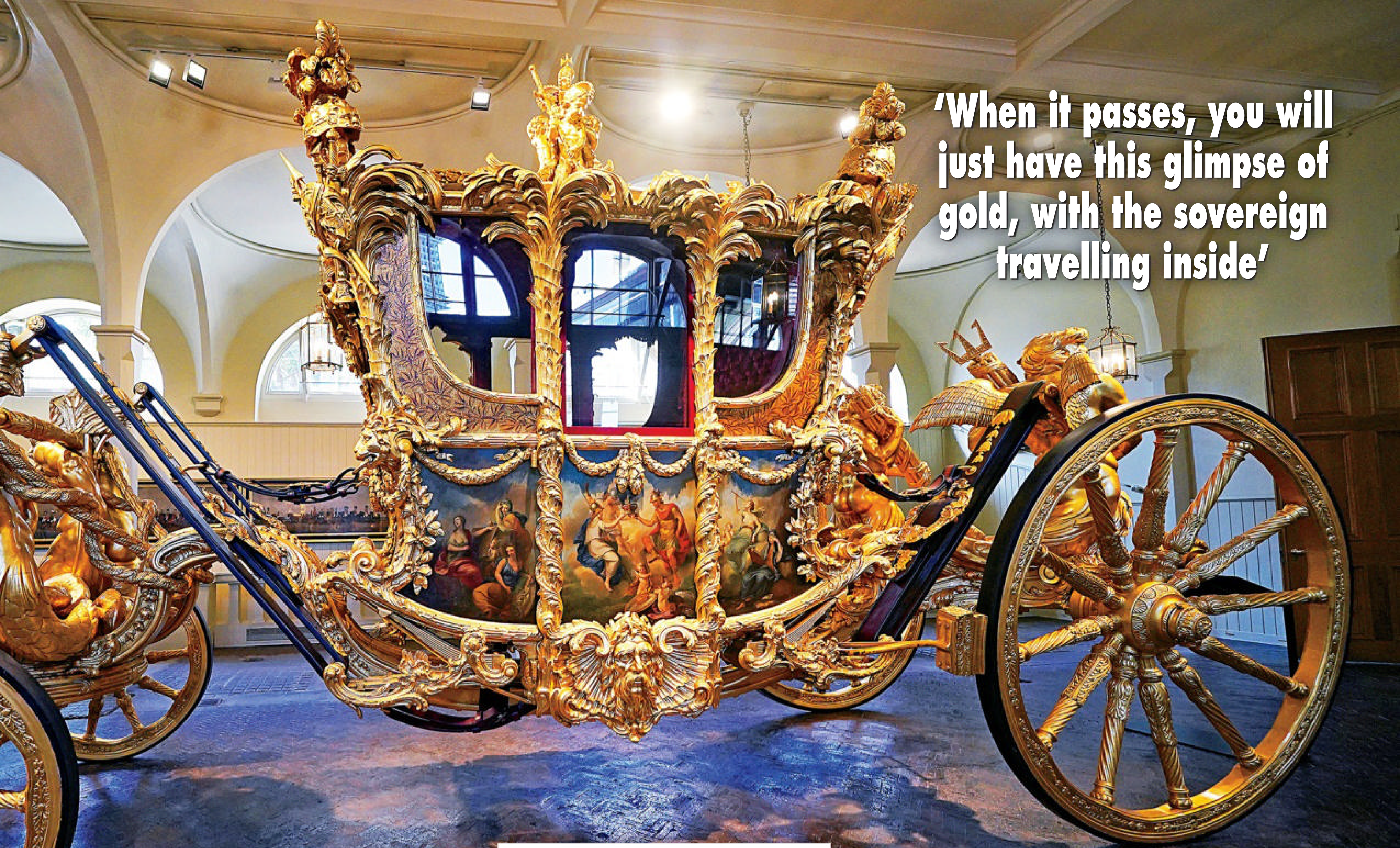
IMPRESSIVE SPECTACLE

Standing four metres high and seven metres long and weighing four tonnes, the 261-year-old Gold State Coach – designed by William Chambers and made by Samuel Butler – can only leave its home in the Royal Mews at

CLOCKWISE FROM TOP LEFT: BETTMANN/GETTY IMAGES; YUI MOK/GETTY IMAGES (3); ULLSTEIN BILD/GETTY IMAGES







'When it passes, you will just have this glimpse of gold, with the sovereign travelling inside'

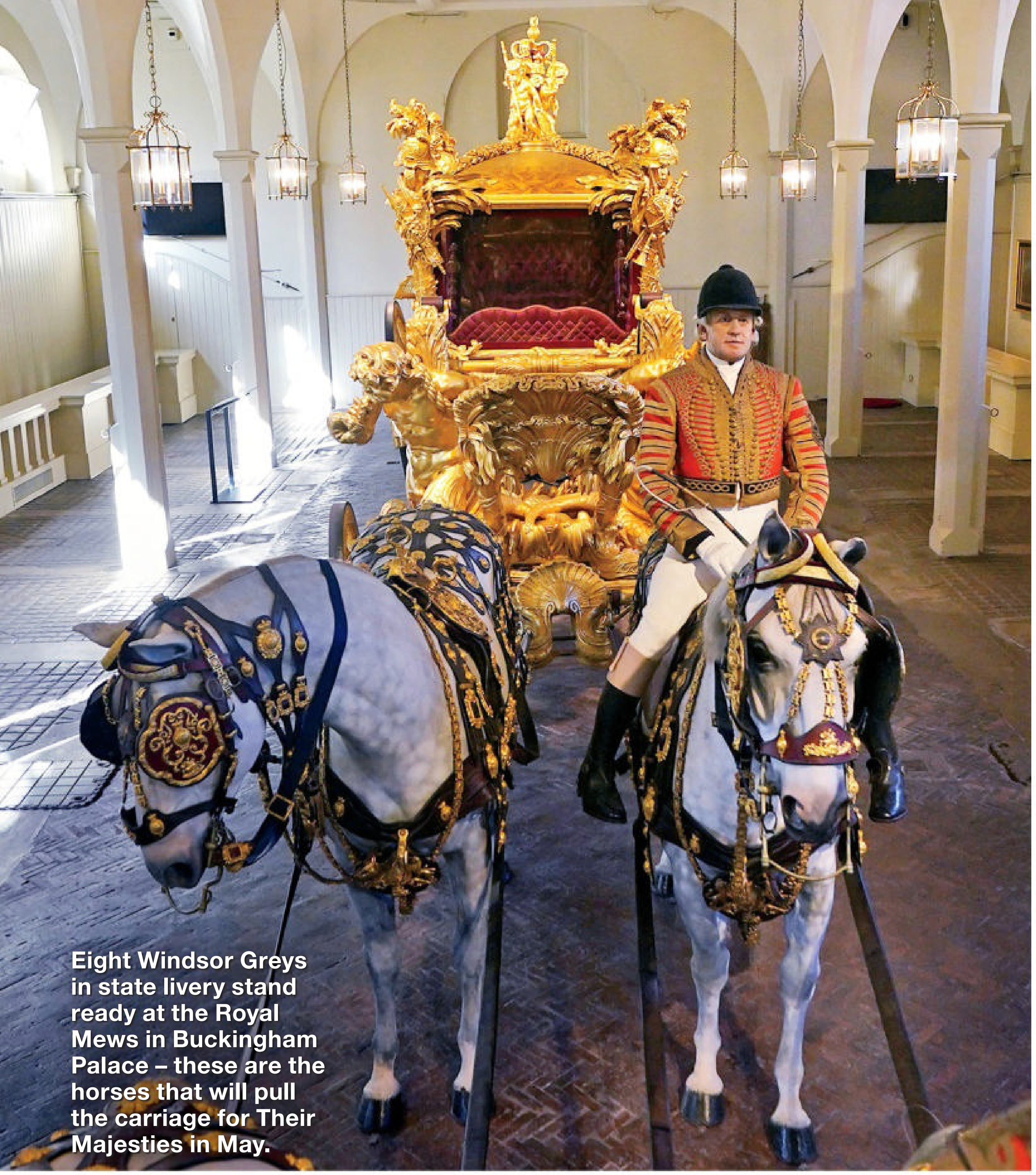
Buckingham Palace after a removable wall and window have been taken out to make room for the vehicle.

"It is huge," said Sally Goodsir, curator of decorative arts at the Royal Collection Trust. "Because of that, it can only move at a walking pace, which really adds to the majesty and stateliness of this great royal procession. When it passes you in the street, you will just have this glimpse of gold, with the sovereign travelling inside.

"There are very few monarchies that ▶

Dating back to 1831, the Gold State Coach is a splendid sight, with cherubs (left) representing the historic union of England, Scotland and Ireland and a Triton guarding each wheel (below). Opposite, bottom: As well as the Queen's big day, the 20th century saw the carriage being used at three coronations (left to right): Edward VII in 1902, George V in 1911 and George VI in 1937.

UNIVERSAL HISTORY ARCHIVE/GETTY IMAGES; LOOK AND LEARN/BRIDGEMAN IMAGES



Eight Windsor Greys in state livery stand ready at the Royal Mews in Buckingham Palace – these are the horses that will pull the carriage for Their Majesties in May.

With so much practice – including the Diamond Jubilee in 2012 (below) – the Prince and Princess of Wales are used to travelling in a coach, while their young ones, George, Louis and Charlotte (all inset), enjoy their carriage ride for the Platinum Jubilee.

> 'There are very few monarchies that have retained working coaches of this age'

have retained working coaches of this age. Therefore, it's an incredibly special thing to see, really harking back to a couple of centuries earlier – a world we probably can't imagine today of carriages, horses on the streets."

A FAMILY AFFAIR

One man who is intimately familiar with the coach is Martin Oates, who works as one of its brakemen – a role he took on from his father, Alfred.

The 57-year-old carriage restorer, now in his 40th year of working at the Royal Mews, is carrying on a long family tradition. Both his grandfather and great-grandfather rode in the Queen's coronation procession in 1953, while his father rode postillion for the Gold State Coach for the 1977 Silver Jubilee.

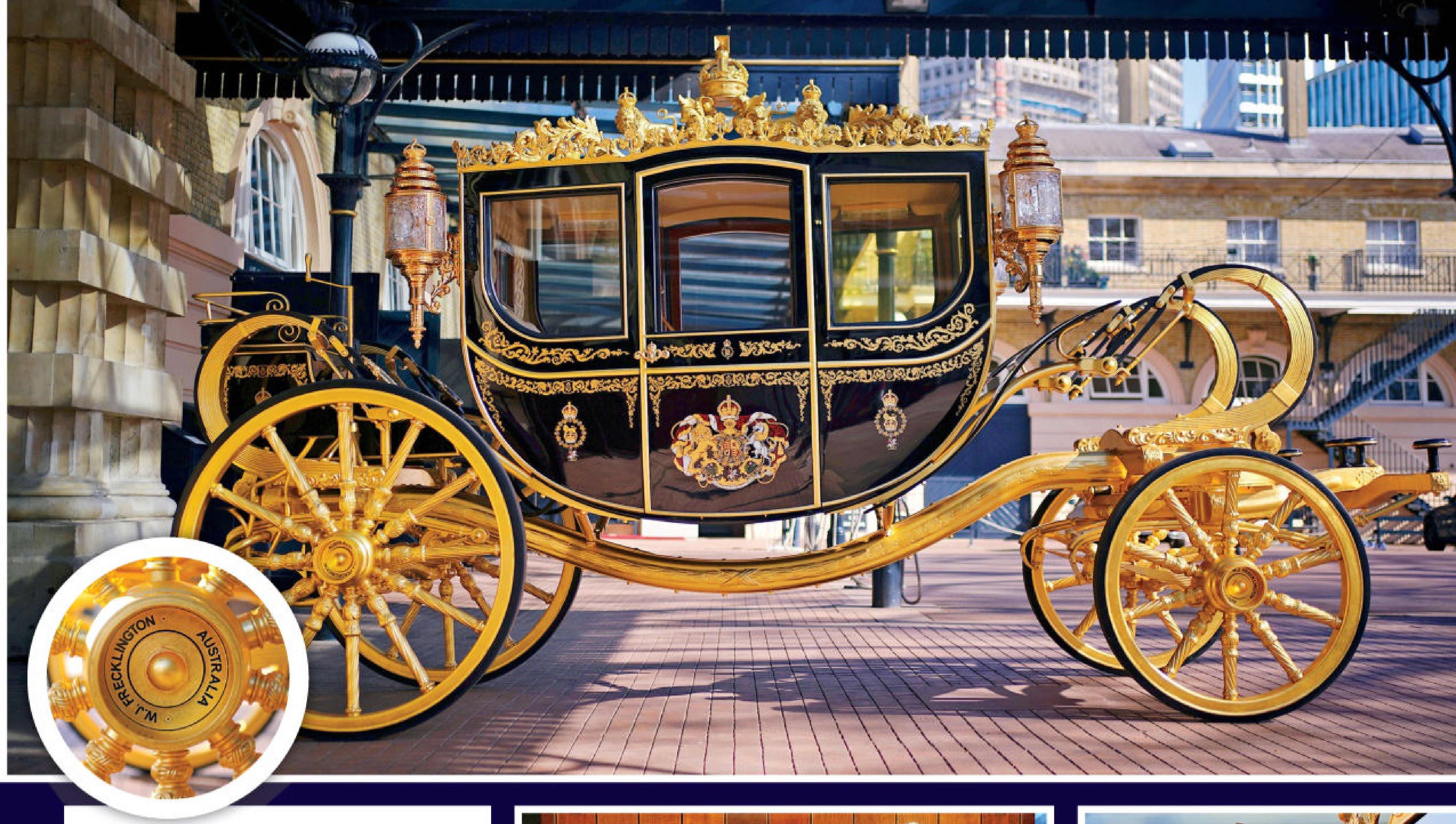
Martin himself walked behind the coach in procession during the Golden Jubilee and Platinum Jubilee and will do so again for the King's coronation procession.

"The point of the brakeman is to make sure the carriage does not roll backwards and forwards," he said. "To stop the carriage from rolling backwards at the abbey, I put the brake on – that is the plan. It's not tricky, but it is quite a big vehicle and horses don't always stop when they are meant to."

Travelling to the abbey will be a much more modern affair for the King and Queen Consort. Reflecting a smaller arrival procession, they will be conveyed in the Australian-built Diamond Jubilee State Coach, in which the then-Prince of Wales and Camilla, along with the Queen, rode for the 2019 State Opening of Parliament. Originally built for Queen Elizabeth II's 80th birthday, it was completed in 2010 and features a crown on the roof made from wood taken from Admiral Lord Nelson's flagship 19th-century vessel, HMS *Victory*.

The interior, decorated in yellow silk, contains a fragment of a dress worn by Florence Nightingale and wood taken from major British landmarks, including St. Paul's Cathedral and St. George's Chapel at Windsor Castle.

"It's a microcosm of British and world history," said Sally. "The interior is inlaid with specimen woods from places such as Balmoral Castle, Osborne House on the



Isle of Wight and the Palace of Holyroodhouse but also from places deeply associated with British and world history."

Comparing the two carriages, Martin explained, "The Diamond Jubilee State Coach has shock absorbers on and is much like a car. The Gold State Coach has suspension on leather straps – when you follow it, you hear it creaking. It's like an old galleon. Whereas other vehicles move back to front, this also moves side to side."

Indeed, in a 2018 documentary, the Queen described her coronation carriage ride as "horrible" due to the lack of comfort, particularly as she and Prince Philip took a longer route back to the palace – almost eight km, compared to the 2.1-km outbound journey (Charles and Camilla will follow the shorter route both ways).

GETTING READY

Head coachman Matthew Powers, 35, who is in charge of safety for the Gold State Coach on Coronation Day, said, "It is quite some task. This coach went out last year, so we are using the same horses and we know they have done it before. But we've not had the added pressure of taking His Majesty the King in it.

"His Majesty is very much interested in everything we do here, and it was his decision to take the vehicles he has chosen to use. The King is happy to stick with tradition."

REPORT: EMILY NASH

Charles and Camilla will travel to the abbey in the Diamond Jubilee State Coach (top), which is much newer and more comfortable than the Gold State Coach. Some of the material used is historic, such as the wood in the door panels (above) and a carved crown (below) made from timber from the HMS *Victory*. The crystal in the lamps (above right) was hand-blown and cut by Edinburgh Crystal.

CLOCKWISE FROM TOP LEFT: YUI MOK/GETTY IMAGES (6); KARWAI TANG/GETTY IMAGES; SAMIR HUSSEIN/GETTY IMAGES

THE CROWN JEWELS

EVERYTHING YOU NEED TO KNOW ABOUT THE HISTORIC CORONATION REGALIA

They are priceless and historic objects, some of which have been used in coronation ceremonies since medieval times.

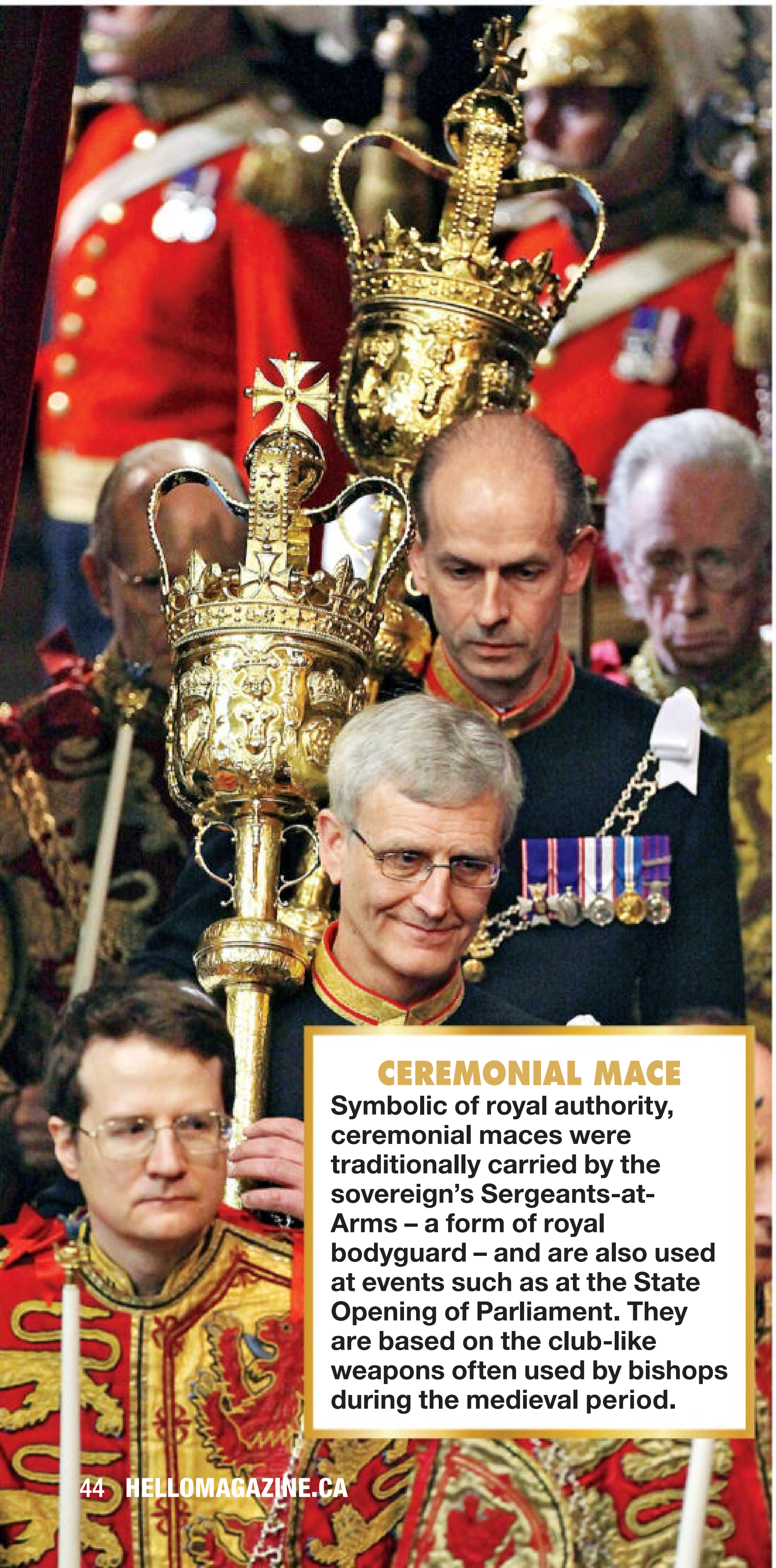
And on May 6, the coronation regalia – the heart of the legendary Crown Jewels – will once again leave their home at the Tower of London and take centre stage at Westminster Abbey for the crowning of King Charles III and Queen Camilla.

While based on items and traditions dating back to the 10th century, most of these extraordinary pieces come from the 17th century – all but one of the original medieval items were destroyed by Parliament in 1649, following the execution of Charles I.

After the restoration of his son Charles II, dazzling new regalia were created that are still in use to this day – with Buckingham Palace confirming that the historic pieces will be used during the upcoming ceremony.

Here, in the order in which they will appear during the coronation, we examine the history, symbolism and significance of these precious objects, held in trust by the monarch for the nation.

REPORT: EMILY NASH



CEREMONIAL MACE

Symbolic of royal authority, ceremonial maces were traditionally carried by the sovereign's Sergeants-at-Arms – a form of royal bodyguard – and are also used at events such as at the State Opening of Parliament. They are based on the club-like weapons often used by bishops during the medieval period.

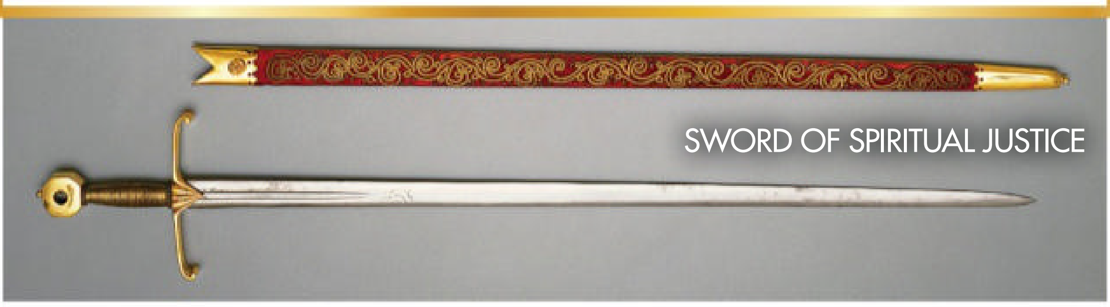
THE PROCESSION

ST. EDWARD'S STAFF

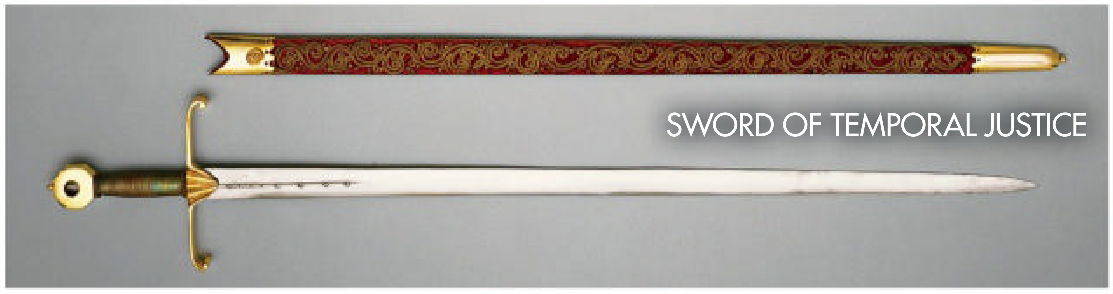
Based on an object carried in medieval coronation processions, the tapering gold rod was recreated when the Crown Jewels were made for Charles II's coronation in 1661, although its original purpose was unknown. "When it came to St. Edward's Staff, no one was quite sure what it was for and they almost didn't have one at all," Charles Farris, curator and public historian at Historic Royal Palaces, tells *Hello!* "But Charles II said, 'No, I want the full set,' and it was made and is still carried in coronations today."

THE SWORDS

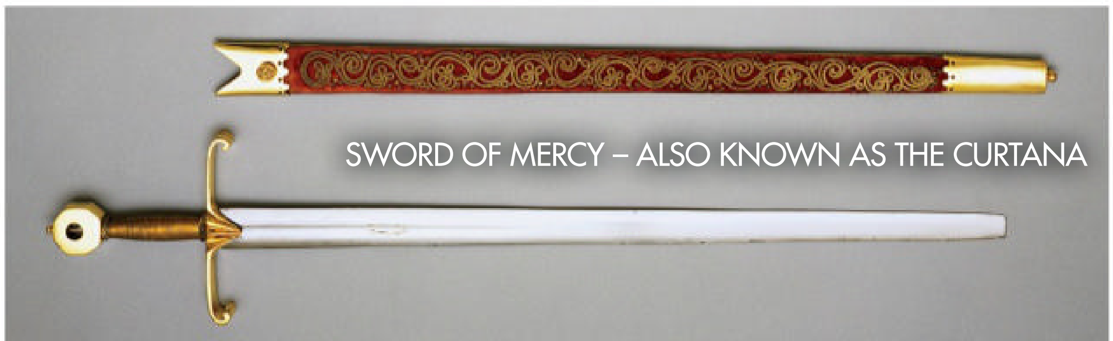
Three swords, each representing a kingly virtue, are carried with the point facing upward during the ceremony in a tradition dating back to the coronation of Richard the Lionheart in 1189. The King's coronation will use the Sword of Spiritual Justice, Sword of Temporal Justice and Sword of Mercy, which is also known as the Curtana and has a blunted end. Made for the coronation of Charles I in 1626, they are among the few items of regalia to survive the English Civil War. There is also the Sword of State, which was made for Charles II in 1678 and has been used ever since, including by the Queen at the investiture of the Prince of Wales in 1969.



SWORD OF SPIRITUAL JUSTICE

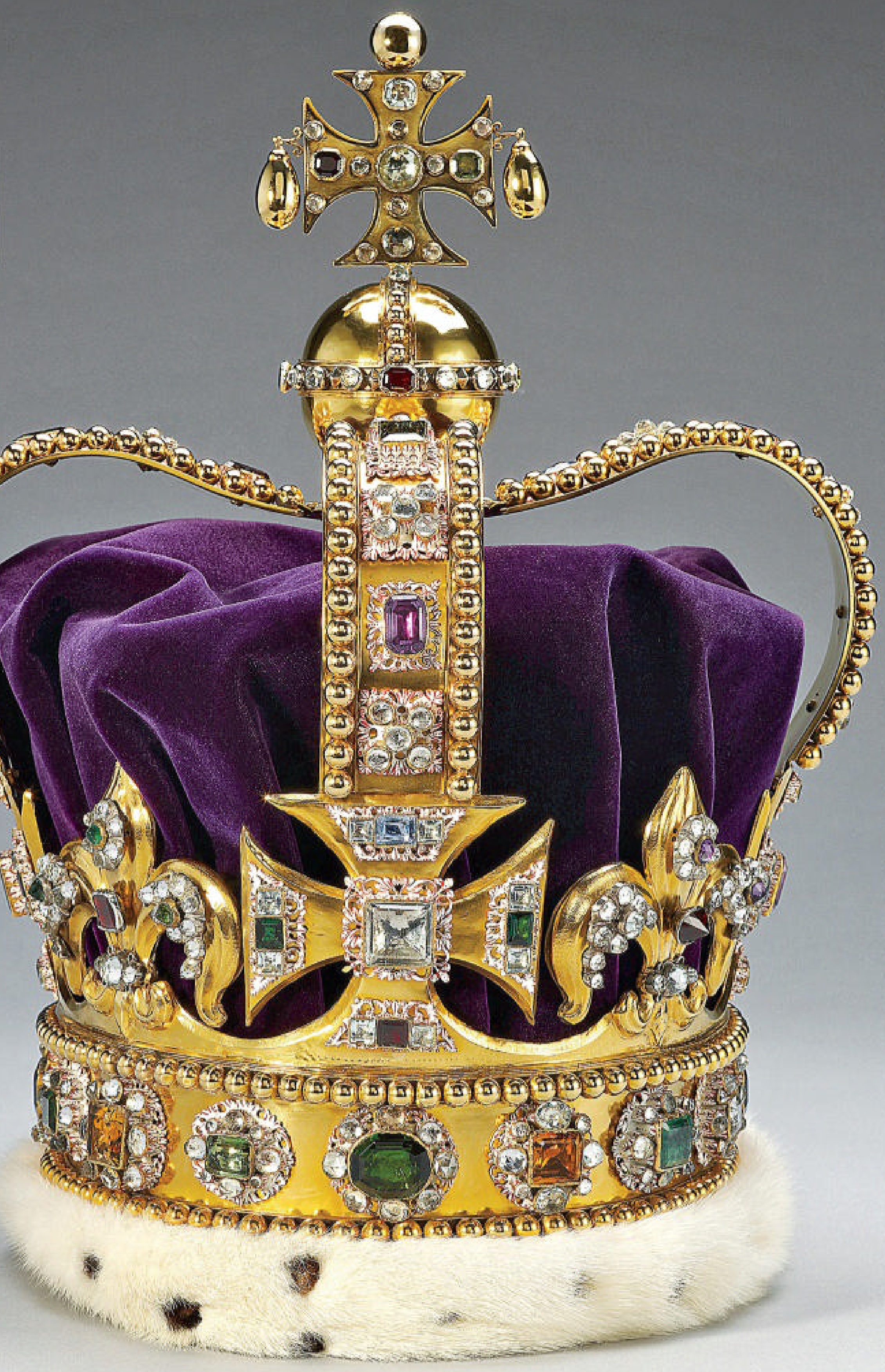


SWORD OF TEMPORAL JUSTICE



SWORD OF MERCY – ALSO KNOWN AS THE CURTANA

CLOCKWISE FROM FAR LEFT: OLI SCARFF/GETTY IMAGES; ROYAL COLLECTION TRUST/HIS MAJESTY KING CHARLES III 2023 (3); RICHARD VALENCIA/PA; ROYAL COLLECTION TRUST/HIS MAJESTY KING CHARLES III 2023; JULIA SKUPNY/PA (2)



St. Edward's Crown is the highlight of the ceremony – only used at the moment of crowning

ST. EDWARD'S CROWN

Made in 1661, the crown is a replacement for the 11th-century one that was melted down in 1649 and was believed to have been worn by Edward the Confessor, after whom it's named.

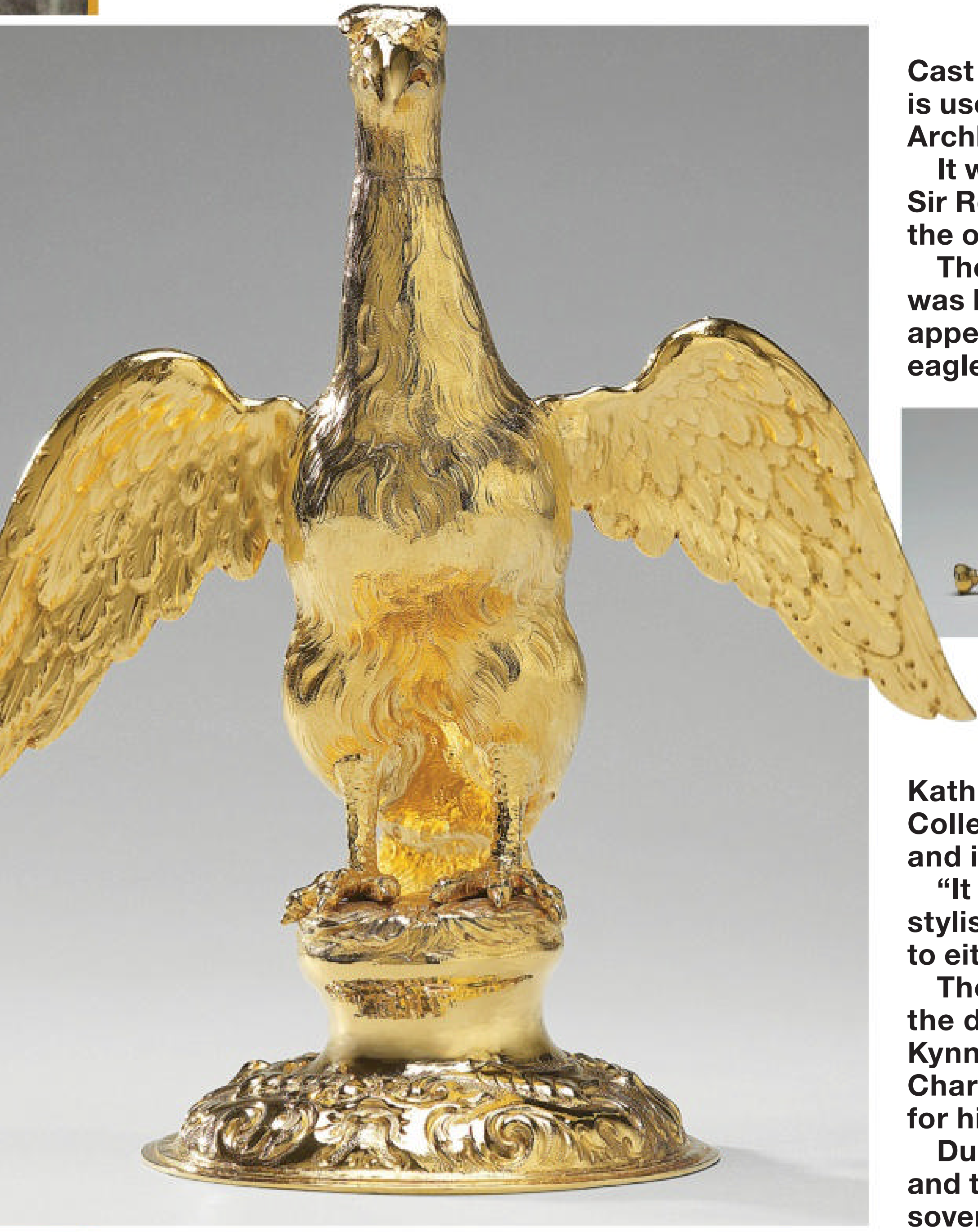
The solid-gold piece is covered with rubies, amethysts, topazes, tourmalines and sapphires and weighs in at nearly five pounds. While not an exact copy, it follows the original design, with four crosses and fleurs-de-lis and two arches, with a small orb and cross on top. It also has a velvet cap and an ermine band and is only used at the moment of crowning.

In preparation for the big day, the crown has been altered to fit the monarch's head – and he is likely to practise wearing it.

THE CROSS OF WALES

A new processional cross commissioned by His Majesty in 2020 as a centenary gift to the Church in Wales will be carried into Westminster Abbey at the start of the coronation ceremony. Charles himself visited the studio of silversmith Michael Lloyd and struck the "King's Mark" – in the form of a leopard's head – into the cross's recycled silver, provided by the Royal Mint at Llantrisant. The Cross of Wales also incorporates two small fragments of the True Cross. Said to have been used in the crucifixion of Jesus, they were gifted by Pope Francis – a historic interfaith gesture (Charles has spent years promoting co-operation between Protestants and Catholics). The wooden shards are set behind a rose crystal gemstone, so they can only be viewed up close. ▶

THE ANOINTING

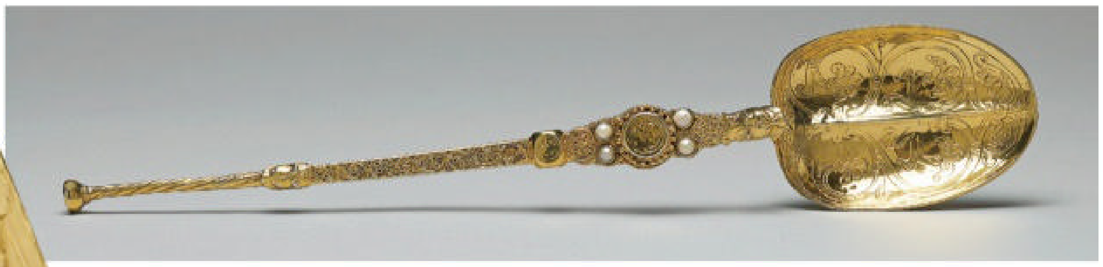


THE AMPULLA

Cast in the form of an eagle with outspread wings, the gold ampulla is used during the most solemn part of the ceremony, when the Archbishop of Canterbury anoints the monarch with holy oil.

It was made in 1661 from gold supplied by the royal goldsmith Sir Robert Vyner and has a small aperture in the beak, out of which the oil flows. The eagle's head can be unscrewed to fill it.

The design is based on an earlier, smaller vessel, which in turn was based on a 14th-century legend claiming the Virgin Mary had appeared to St. Thomas à Becket and presented him with a golden eagle and a vial of oil for anointing future Kings of England.



THE CORONATION SPOON

"Although it is perhaps the most humble object in the collection, the Coronation Spoon is actually the oldest," Kathryn Jones, senior curator of decorative arts at the Royal Collection Trust, tells *Hello!* "This dates back to the 12th century, and it's the one real great survivor of the medieval day.

"It was listed among the regalia in 1349," she adds. "But, stylistically, it dates earlier than that and may have been supplied to either Henry II or Richard I."

The silver-gilt spoon, which has a divided oval bowl, survived the destruction of the Crown Jewels after it was sold to Clement Kynnersley, yeoman of Charles I's wardrobe, who returned it to Charles II after the restoration. The King added four pearls to it for his coronation in 1661.

During the ceremony, "the oil is poured into the bowl of the spoon and then the archbishop will dip his two fingers into it to anoint the sovereign on the hands, breast and head," says Kathryn.

THE INVESTITURE

After being robed, the monarch is given a series of ornaments symbolically associated with royalty to represent his powers and responsibilities.

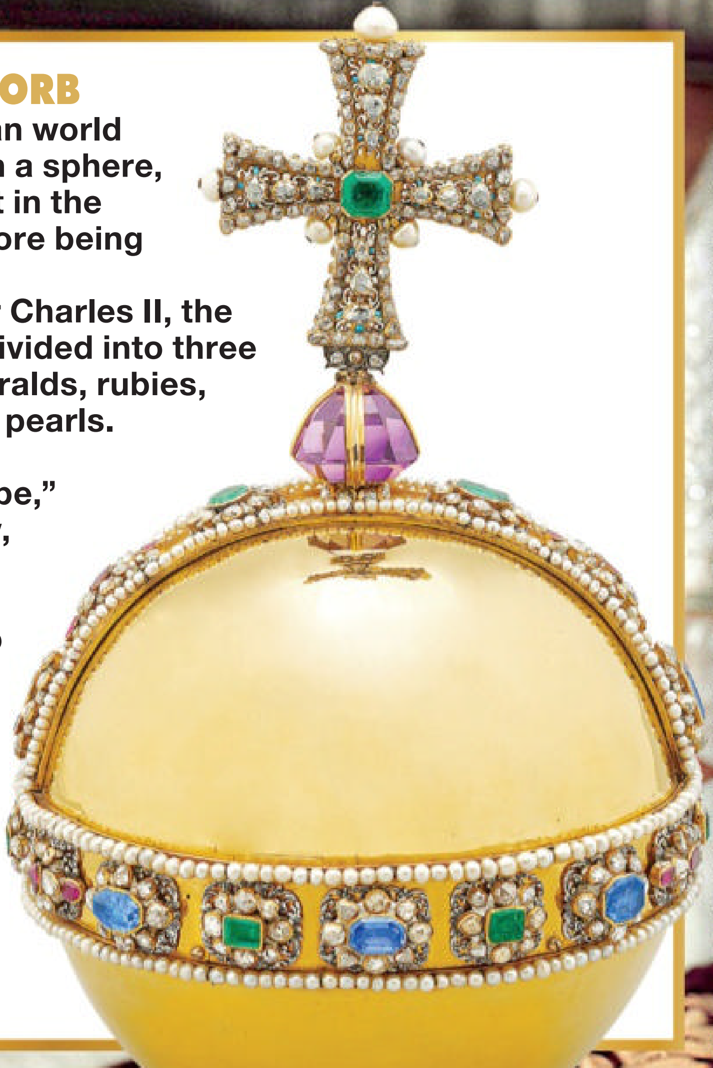
THE SPURS

Gold spurs have been coronation ornaments since the time of Richard the Lionheart. They were once fastened to the monarch's feet but are now held to their ankles and then placed on the altar. Today's spurs, which date back to 1661, feature Tudor roses representing knighthood. Charles tells us, "Knightly values, including protecting the weak and the Church and bringing justice, are closely associated with monarchy."

THE JEWELLED SWORD OF OFFERING

This opulently decorated sword was made for the coronation of George IV in 1821 and is another symbol of knightly virtues. It is blessed and given to the monarch for the protection of good and the punishment of evil. "This is offered by the monarch at the altar, then bought back for 100 shillings as a fact that the monarch is accepting that duty and the knightly values," says Charles.

SOVEREIGN'S ORB



Representing the Christian world with its cross mounted on a sphere, the Sovereign's Orb is put in the monarch's right hand before being placed on the altar.

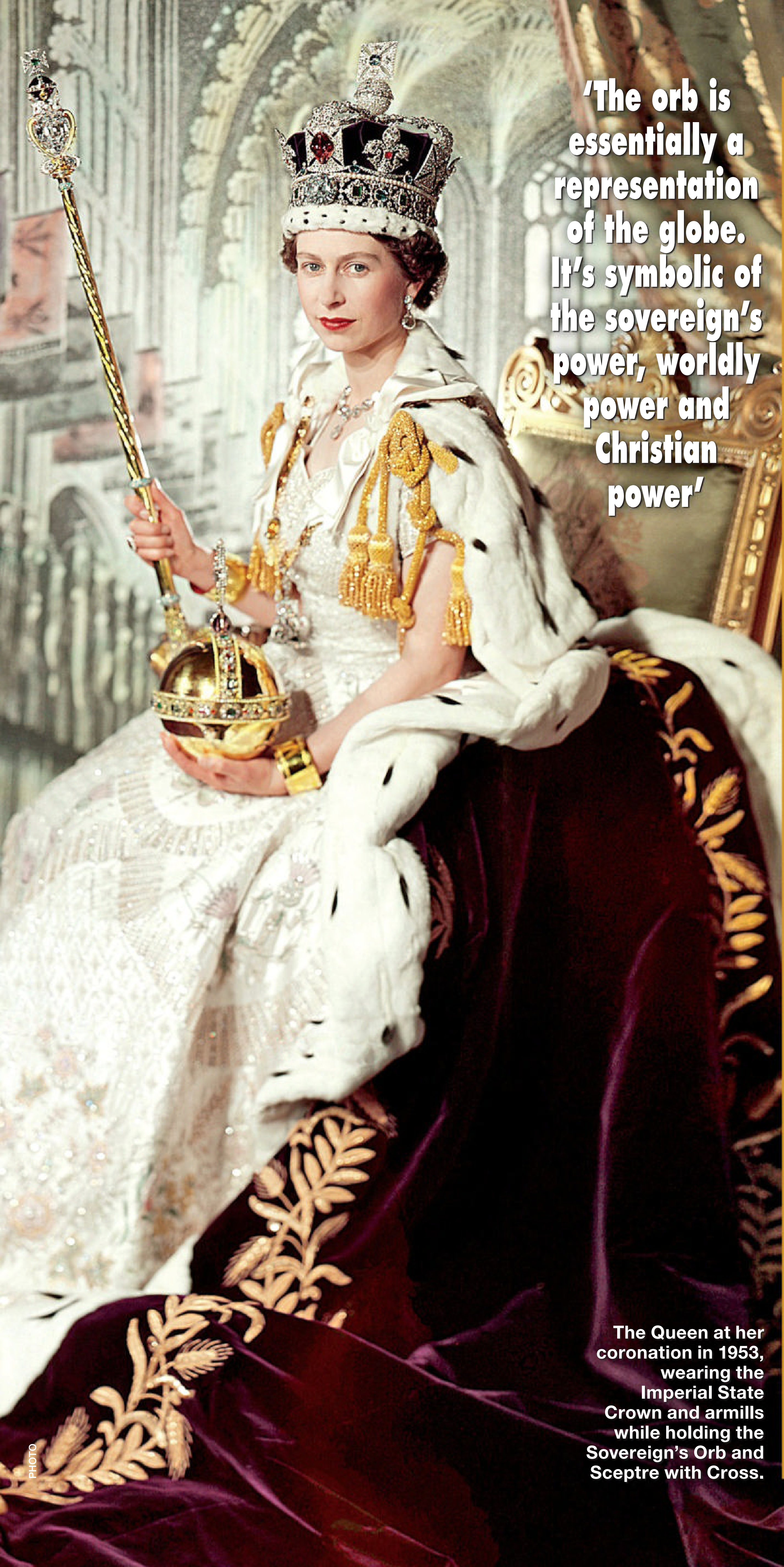
Another piece made for Charles II, the orb is made of gold and divided into three sections, all set with emeralds, rubies, sapphires, diamonds and pearls.

"The orb is essentially a representation of the globe," says Kathryn. "It's hollow, but it is made from gold and divided into three segments – two on the top and a lower hemisphere, representative of the three continents that were known in medieval times."

She adds, "It's symbolic of the sovereign's power, worldly power and Christian power."

FROM MAIN: ROYAL COLLECTION TRUST/HIS MAJESTY KING CHARLES III 2023 (4); ELOI OMELLA/GETTY IMAGES

> 'The orb is essentially a representation of the globe. It's symbolic of the sovereign's power, worldly power and Christian power'



PHOTO

The Queen at her coronation in 1953, wearing the Imperial State Crown and armills while holding the Sovereign's Orb and Sceptre with Cross.

THE CROWN JEWELS GET THEIR OWN LONDON LIGHT SHOW

A projection of the Crown Jewels onto the Tower of London (above) will be among the exciting events taking place to mark the coronation.

The light and sound display is part of a stunning immersive show that will tour the U.K. this fall, starting at the home of the jewels in London's historic tower.

Crown and Coronation, produced by Historic Royal Palaces and immersive artists Luxmuralis, will project a selection of royal pieces onto key landmarks around the country and tell the history of coronations to thousands of people.

Talking about the coronation's significance, culture secretary Lucy Frazer said, "It promises to be full of memorable experiences for the whole country, with millions of us bearing witness to a moment of history for the United Kingdom and the Commonwealth.

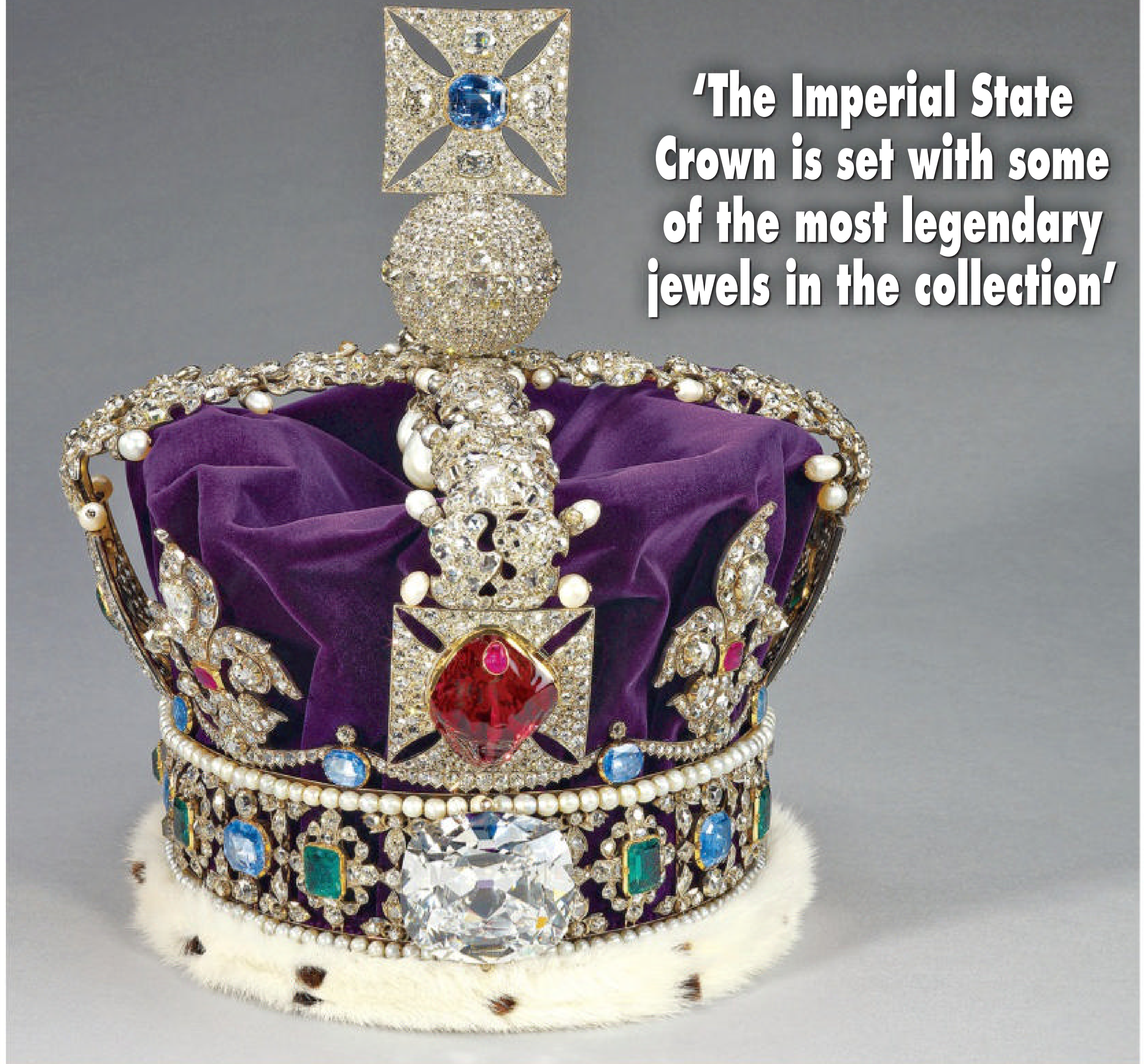
"Every part of the U.K. should have a chance to see and feel the joy of the coronation. This giant light projection will give communities the chance to see precious centuries-old royal treasures up close over the next year."

The Crown Jewels will temporarily leave their home in the Jewel House in May to be used in the historic ceremony at Westminster Abbey.

Meanwhile, the British government has confirmed that there will be additional coronation screening sites around the country.

A total of 57 big screens, which will be watched by an estimated 100,000 people, will livestream the event in various locations, including Ely Cathedral and Trinity Market in Hull.

In addition, more than 32,000 Coronation Big Lunch packs have been ordered, with around 50,000 neighbourhood events being arranged around the country. ▶



'The Imperial State Crown is set with some of the most legendary jewels in the collection'

IMPERIAL STATE CROWN

After the symbolism of St. Edward's Crown, the Imperial State Crown – or Crown of State – is worn by the monarch to leave Westminster Abbey.

Made for the coronation of George VI in 1937 to replace a crown made for Queen Victoria, it is set with 2,868 diamonds, 17 sapphires, 11 emeralds and 269 pearls. The most famous of its jewels are St. Edward's Sapphire – which is said to have been worn in a ring by Edward the Confessor – and the Black Prince's Ruby. This is actually a semi-precious stone called a spinel and sits in the front of the crown.

The four large pearls that hang at the intersection of the jewelled arches were allegedly worn as earrings or hair ornaments by Elizabeth I.

The crown also includes the 317.4-carat Cullinan II diamond, the second-largest stone cut from the Cullinan Diamond, the largest ever discovered.

"It is set with some of the most legendary jewels in the collection," says Charles.

SOVEREIGN'S SCEPTRE WITH CROSS

A gold rod studded with emeralds, amethysts, rubies, spinels, sapphires and diamonds, the Sovereign's Sceptre with Cross was also made for Charles II but has since been altered.

The most significant change came in 1910, when it was set with the Cullinan I, or Star of Africa. It is the largest stone cut from the Cullinan Diamond, which was found in 1905 in South Africa and presented to Edward VII two years later.

This sceptre represents the monarch's temporal power. "The form of the sceptre is distantly related to the bishop's crozier, so a symbol of pastoral care," says Kathryn. "This one is placed in the right hand of the monarch and is retained with the second sceptre during the crowning and enthronement."

THE ARMILLS

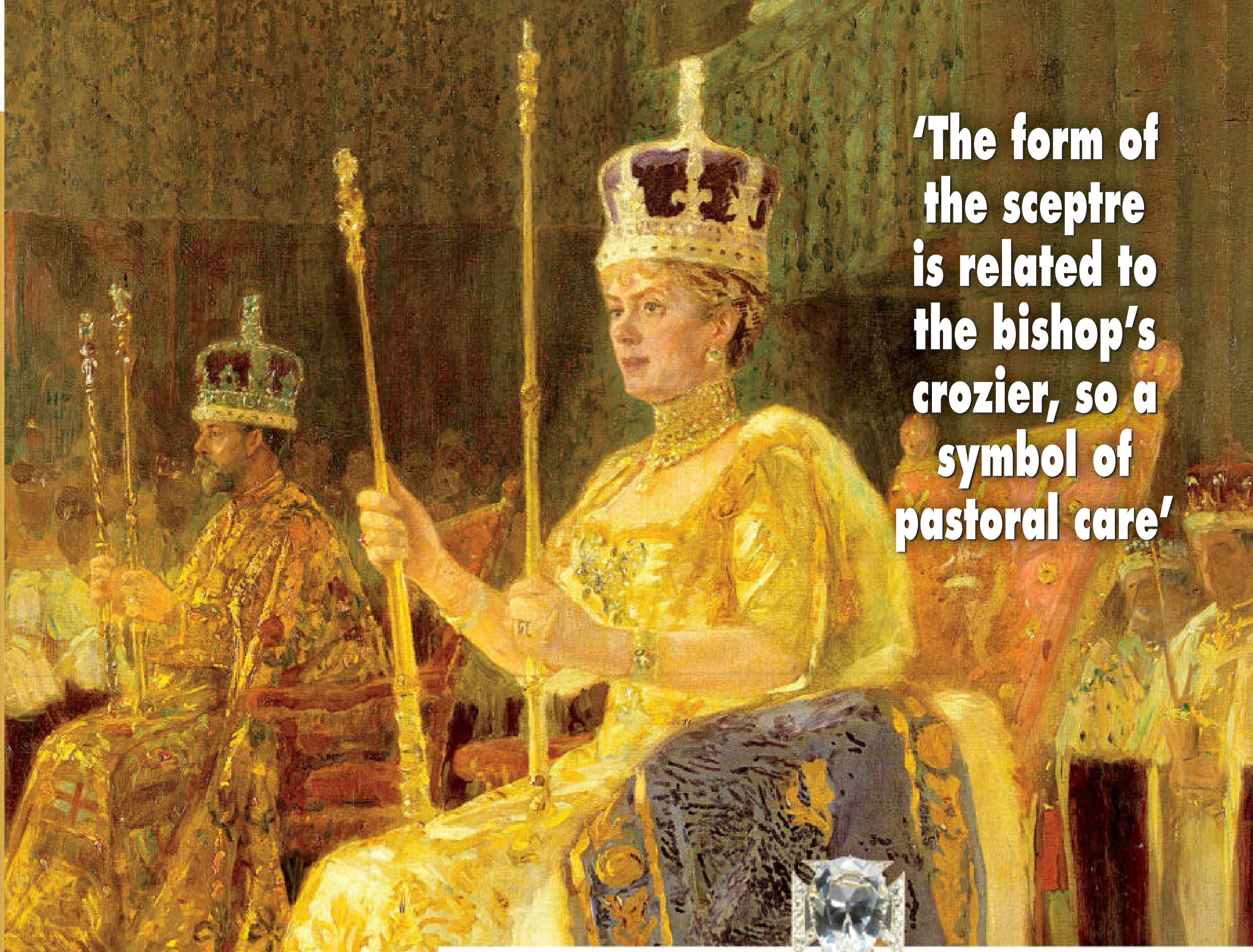
The armills are two gold and enamel bracelets lined with velvet and decorated with national symbols, including the rose, thistle, fleur-de-lis and harp. "These are known in the service as the bracelets of sincerity and wisdom," says Kathryn. They were used at every coronation from 1661 to 1953, when new versions were made for the Queen.

THE SOVEREIGN'S RING

Made for the coronation of William IV in 1831, the gold Sovereign's Ring features a sapphire overlaid with rubies in the shape of St. George's cross, set in a border of diamonds. It is placed on the sovereign's fourth finger as a symbol of "kingly dignity." In the past, each monarch had a ring made for them that they could keep as a personal possession. However, after Queen Victoria left William IV's to the Crown in 1901, this is the one now used.

THE SOVEREIGN'S SCEPTRE WITH DOVE

A gold rod made in 1661, set with diamonds, emeralds, rubies, sapphires and spinels and topped with an enamelled dove representing the Holy Spirit, the Sovereign's Sceptre symbolizes the monarch's spiritual role. Traditionally, it has been known as "the Rod of Equity and Mercy." The monarch holds this sceptre in his left hand during the crowning and enthronement.



'The form of the sceptre is related to the bishop's crozier, so a symbol of pastoral care'

THE QUEEN CONSORT'S REGALIA

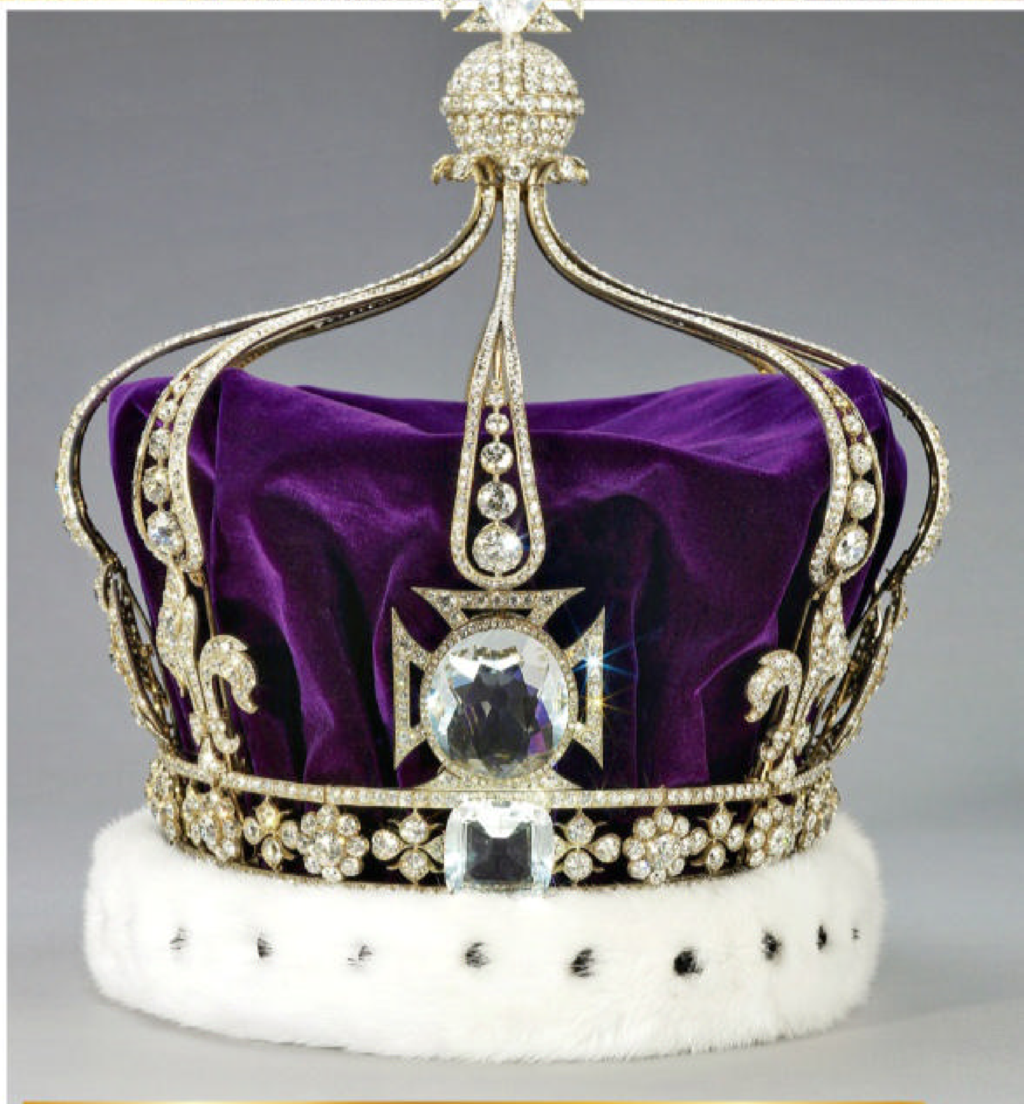
The Queen Consort's coronation takes place in a ceremony after the King has been enthroned and received the homage of the congregation.

THE QUEEN CONSORT'S RING

This gold, ruby and diamond ring was made for Queen Adelaide in 1831 and has been used by all consorts since, including Queen Mary and Queen Elizabeth the Queen Mother.

THE QUEEN CONSORT'S SCEPTRE WITH CROSS AND ROD WITH DOVE

Like her husband, the Queen Consort will hold two sceptres, but she has no orb. The gold Sceptre with Cross represents temporal power, while the ivory-and-gold Rod with Dove symbolizes equity and mercy.



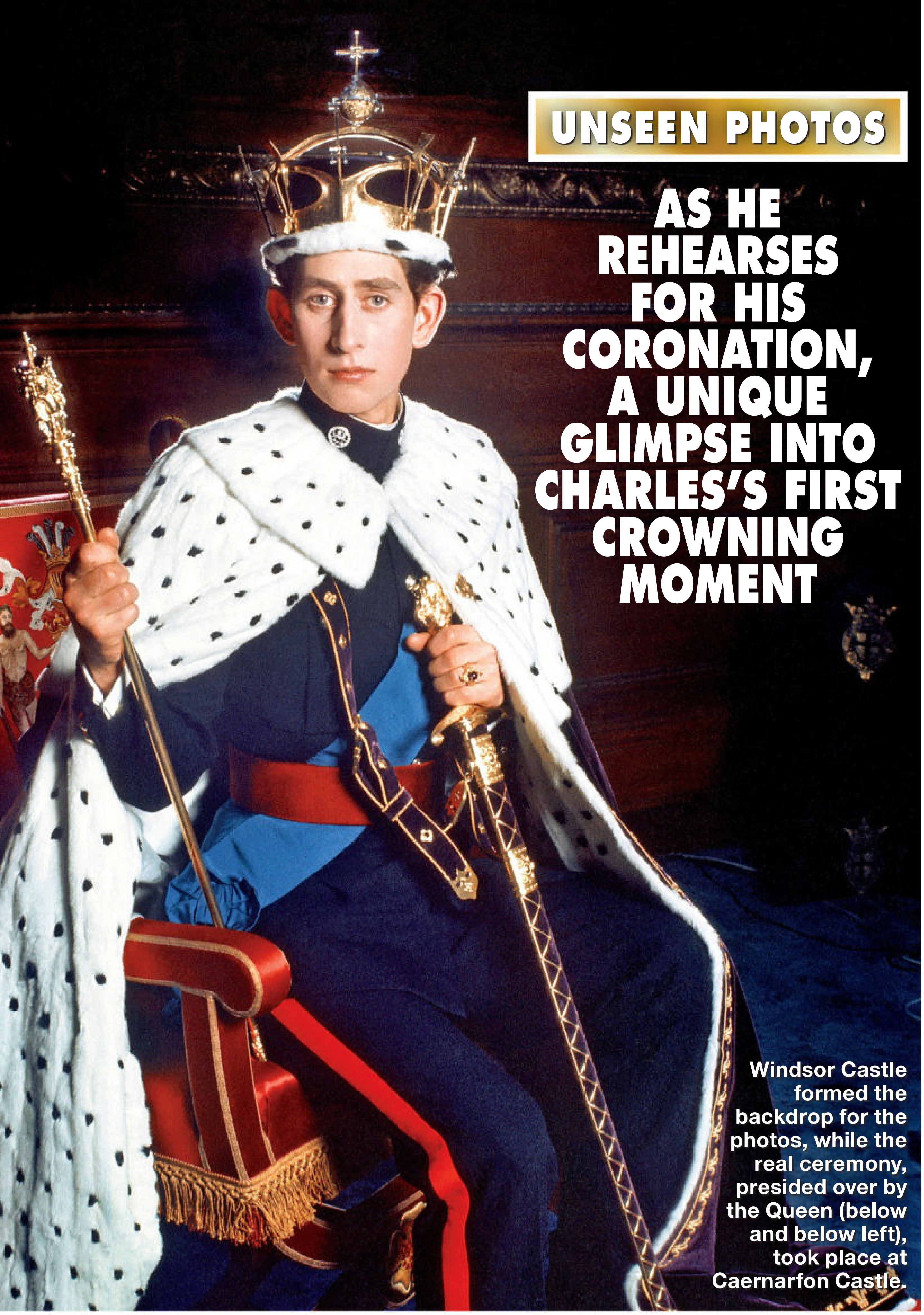
QUEEN MARY'S CROWN

Created for the 1911 coronation, Queen Mary's Crown (shown above before modification) has been altered for this year's ceremony, with four of its eight detachable arches removed and the Cullinan III, IV and V diamonds, which were part of the Queen's own jewelry collection and often worn by her as brooches, added in. H

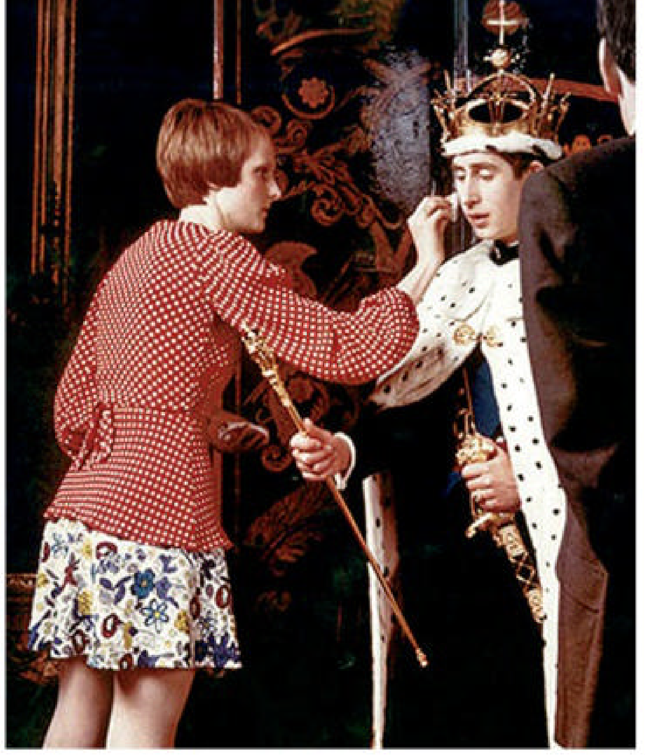
ROYAL COLLECTION TRUST/HIS MAJESTY KING CHARLES III 2023 (5)

UNSEEN PHOTOS

AS HE REHEARSES FOR HIS CORONATION, A UNIQUE GLIMPSE INTO CHARLES'S FIRST CROWNING MOMENT



Windsor Castle formed the backdrop for the photos, while the real ceremony, presided over by the Queen (below and below left), took place at Caernarfon Castle.



Ahead of his big day at Westminster Abbey, the King has likely reflected on another milestone event: his investiture as Prince of Wales in 1969. And these previously unpublished images – taken by the late royal and fashion photographer Norman Parkinson – show a young Charles practising at Windsor Castle just ahead of the actual ceremony at Caernarfon Castle in Wales.

The then-20-year-old prince can be seen in his ceremonial robes and gold coronet, holding a sword and golden rod.

The photos also give a behind-the-scenes glimpse of Charles having powder applied to his face by Welsh model turned *Vogue* creative director Grace Coddington.

A MODEL ENCOUNTER

"[Norman] asked Grace, then junior fashion editor at British *Vogue*, to assist him on the shoot and to bring some makeup in case, he remarked, Charles came in 'flushed from the polo field,'" former National Portrait Gallery curator Terence Pepper explained. "Embarrassed, [Grace] attempted to powder Charles with skills she'd learned at the Cherry Marshall modelling school and in her earlier modelling career. To try and put her at ease, the prince said to her, 'I bet you do this all the time,' while Grace admitted it was her first.

"He also took a Polaroid of [Grace] making up Charles's face, to which the prince suggested, 'If you stole that picture, I bet you would make yourself a fortune.'"

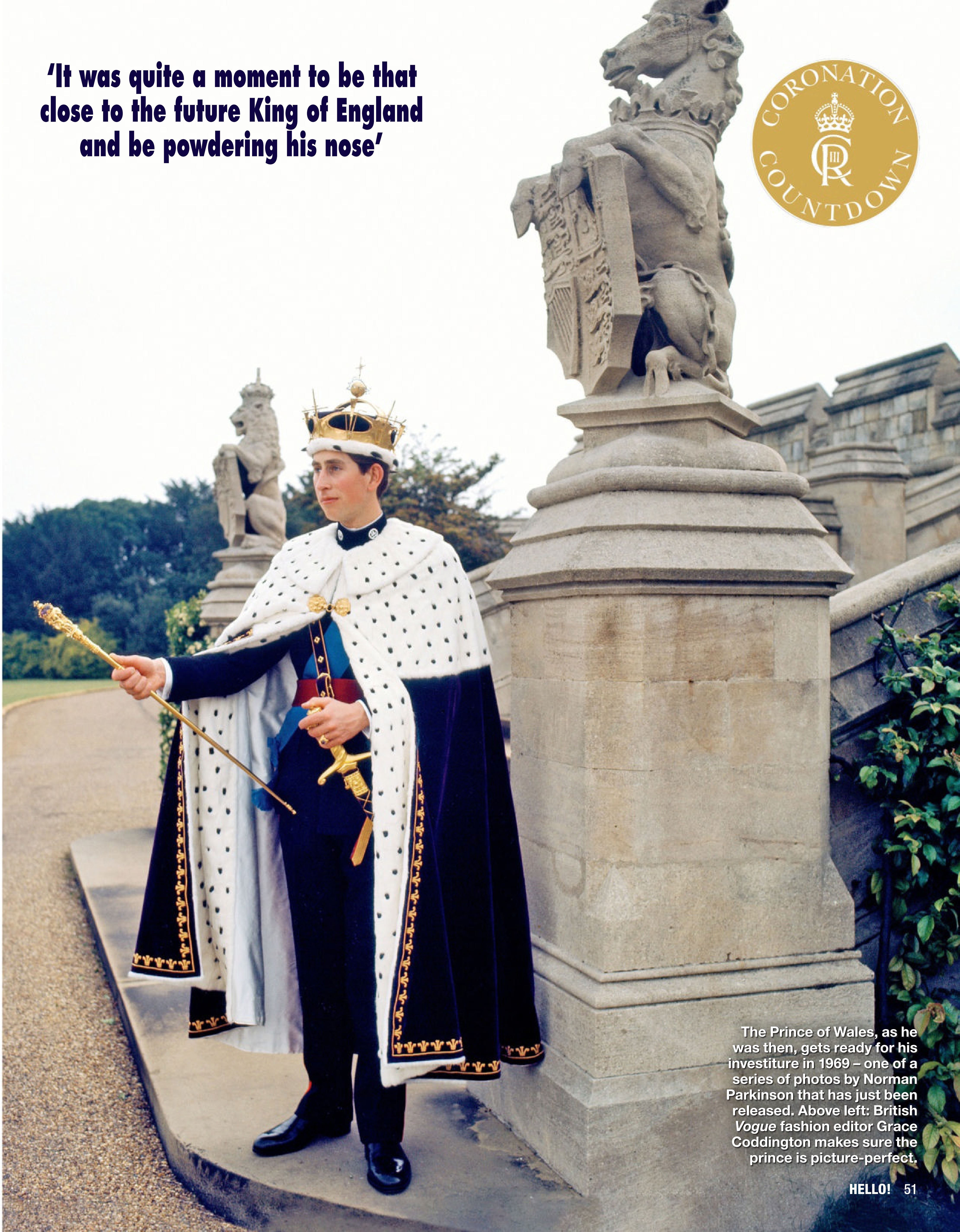
Speaking in 2019, Grace said, "It was quite a moment for me to be that close to the future King of England and be powdering his nose."

In an echo of those preparations, the King has reportedly also been practising for his coronation, using staging set up in the ballroom at Buckingham Palace.

REPORT: EMILY NASH
PHOTOS: NORMAN PARKINSON/
ICONIC IMAGES

CLOCKWISE FROM RIGHT: NORMAN PARKINSON/ICONIC IMAGES; MIRRORPIX/GETTY IMAGES; HULTON DEUTSCH/GETTY IMAGES; NORMAN PARKINSON/ICONIC IMAGES

'It was quite a moment to be that close to the future King of England and be powdering his nose'



The Prince of Wales, as he was then, gets ready for his investiture in 1969 – one of a series of photos by Norman Parkinson that has just been released. Above left: British *Vogue* fashion editor Grace Coddington makes sure the prince is picture-perfect.

CORONATION COUNTDOWN

OFFICIAL CHINA HONOURS THE KING WITH A SPECIAL DESIGN AND NEW BLUE HUE

With its intricate designs full of historic symbolism, the official china will be of huge interest to both diehard and new royal fans keen to purchase souvenirs of the occasion.

Each item produced for the Royal Collection Trust (RCT) features a central design of the royal coat of arms supported by a garland of laurel leaves. In decorative borders, oak leaves signifying strength and longevity appear alongside emblems of the four nations of the United Kingdom – the thistle, rose, shamrock and daffodil – within an entwined ribbon representing the partnership between the King and Queen Camilla. The design also features the King's cipher, consisting of his initial, an "R" for Rex (Latin for King), and his regnal number in Roman numerals, III.

'MASCULINE' RANGE

The collection has been created in a striking shade of ultramarine to reflect the fact that Charles is the country's first male monarch in 70 years. "A lot of the ranges we have produced over the past 30 years have reflected a female monarch, so we wanted to develop a range that was a bit more masculine," Ian Grant, head of production development for the trust, told the *Daily Telegraph*. RCT's ceramic chemists experimented with five different versions before the target hue was reached.

Noting that the coronation is the "most momentous occasion" for which the trust has ever produced designs, Ian admitted that the "very compressed timeframe" was a challenge.

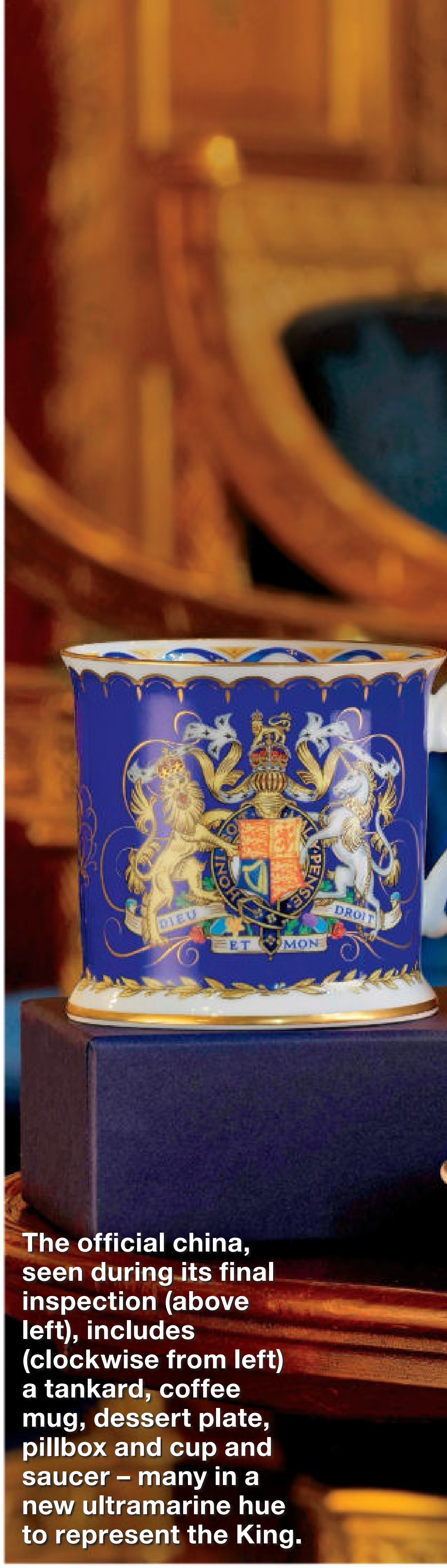
"People often ask, 'Did you not have a design up your sleeve?' But we don't, and there's a reason for that: capturing the spirit of the moment is so important."

More than 50 artisans working in 12 factories produced the china, made from clay found in Devon and Cornwall, with changes to the production method making the designs "more sustainable." A coffee mug sells for $50, a pillbox for $67, a tankard for $84, a dessert plate for $84 and a cup and saucer for $126. Other souvenirs include items such as a set of spoons, tea towel and bookmark.

Profits will help fund the care of the Royal Collection – one of the largest and most important art collections in the world. H

REPORT: LAURA BENJAMIN

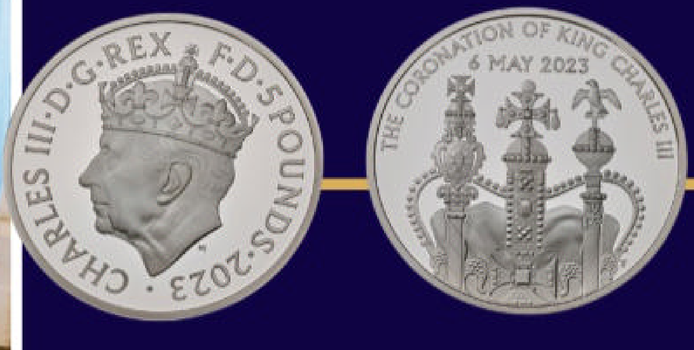
To view the collection, visit *royalcollectionshop.co.uk*



The official china, seen during its final inspection (above left), includes (clockwise from left) a tankard, coffee mug, dessert plate, pillbox and cup and saucer – many in a new ultramarine hue to represent the King.

CHARLES WEARS HISTORIC CROWN ON COINS

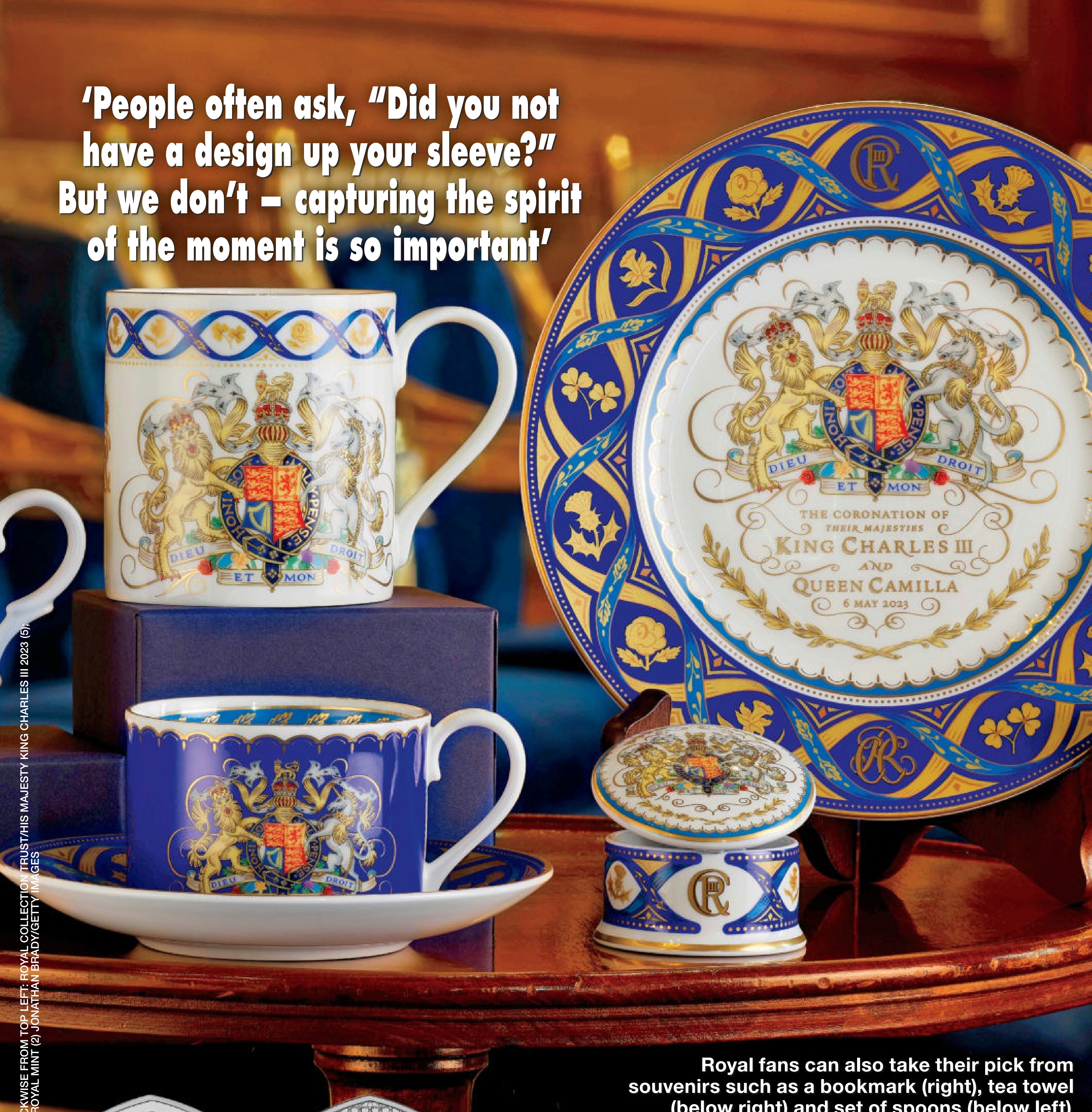
A distinctive portrait of the King is featured on a set of commemorative coins created to mark his coronation. The image of His Majesty wearing the Tudor Crown – which was destroyed in the 1640s – has been created to appear on 50p and £5 coins released by the Royal Mint on April 24.


CHARLES III·D·G·REX·F·D·5 POUNDS·2023
THE CORONATION OF KING CHARLES III
6 MAY 2023

The image of the King (far left, with Royal Mint director Rebecca Morgan, receiving the first strike of the £5 piece) was designed by artist and sculptor Martin Jennings, with His Majesty personally selecting the Tudor Crown, which was used in portraits of the nation's 20th-century Kings, upholding a long-standing tradition.

"What also really stands out," according to Chris Barker, historian and curator at the Royal Mint Museum, is Charles's "remarkable resemblance

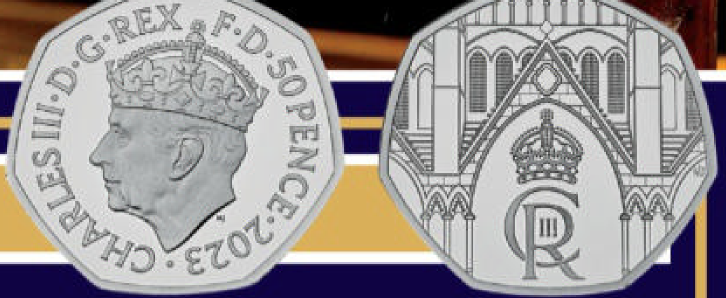
> ‘People often ask, “Did you not have a design up your sleeve?” But we don’t – capturing the spirit of the moment is so important’


DIEU ET MON DROIT
THE CORONATION OF THEIR MAJESTIES KING CHARLES III AND QUEEN CAMILLA 6 MAY 2023

CORONATION 2023

Royal fans can also take their pick from souvenirs such as a bookmark (right), tea towel (below right) and set of spoons (below left) embellished with crystals and blue enamel.

CLOCKWISE FROM TOP LEFT: ROYAL COLLECTION TRUST/HIS MAJESTY KING CHARLES III 2023 (5); THE ROYAL MINT (2) JONATHAN BRADY/GETTY IMAGES


CHARLES III · D · G · REX · F · D · 50 PENCE · 2023

to his grandfather George VI, who was shown wearing the Tudor Crown on coronation medals from his reign.” Adds Chris, “The King is channelling some of the iconography of the last King that Britain had.”

The 50p coin (above) also features a drawing of Westminster Abbey by the Royal Mint’s resident designer Natasha Jenkins, as well as the King’s cipher and crown. The £5 coin (left) includes images of the sacred and symbolic objects used in the coronation ceremony.

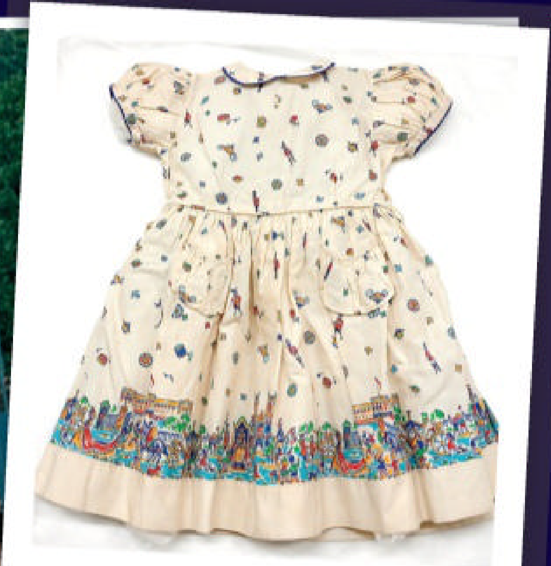
THE CORONATION OF THEIR MAJESTIES KING CHARLES III AND QUEEN CAMILLA

Hampton Court Palace (above), where curator Matthew Storey (left) has worked for more than eight years, is home to the 'very important' royal ceremonial dress collection.

HELLO! GOES BEHIND THE SCENES AT HAMPTON COURT PALACE FOR AN EXCLUSIVE LOOK AT HISTORIC CORONATION WEAR

'We're not just looking at fashionable dress but the stories that clothing can tell us about the Royal Family'

The Queen travels to Buckingham Palace in the Gold State Coach in 1953 – events depicted on a girl's coronation-themed Lindsay Maid dress (right).



One of the most scrutinized aspects of any royal ceremony is wardrobe, and *Hello!* was recently invited behind the scenes at Hampton Court Palace for a fascinating close-up look at three pieces from the royal ceremonial dress collection, including one that has never been seen by the public.

"The collection is not necessarily very well-known, but it is a very important collection and it's quite a specific collection," says curator Matthew Storey, who has worked at the palace for more than eight years. "We're not just looking at fashionable dress but the stories that clothing can tell us about the Royal Family."

PRACTICE MAKES PERFECT

One fascinating item is the toile, or prototype, of the white-and-gold dress Queen Elizabeth (later the Queen Moth-

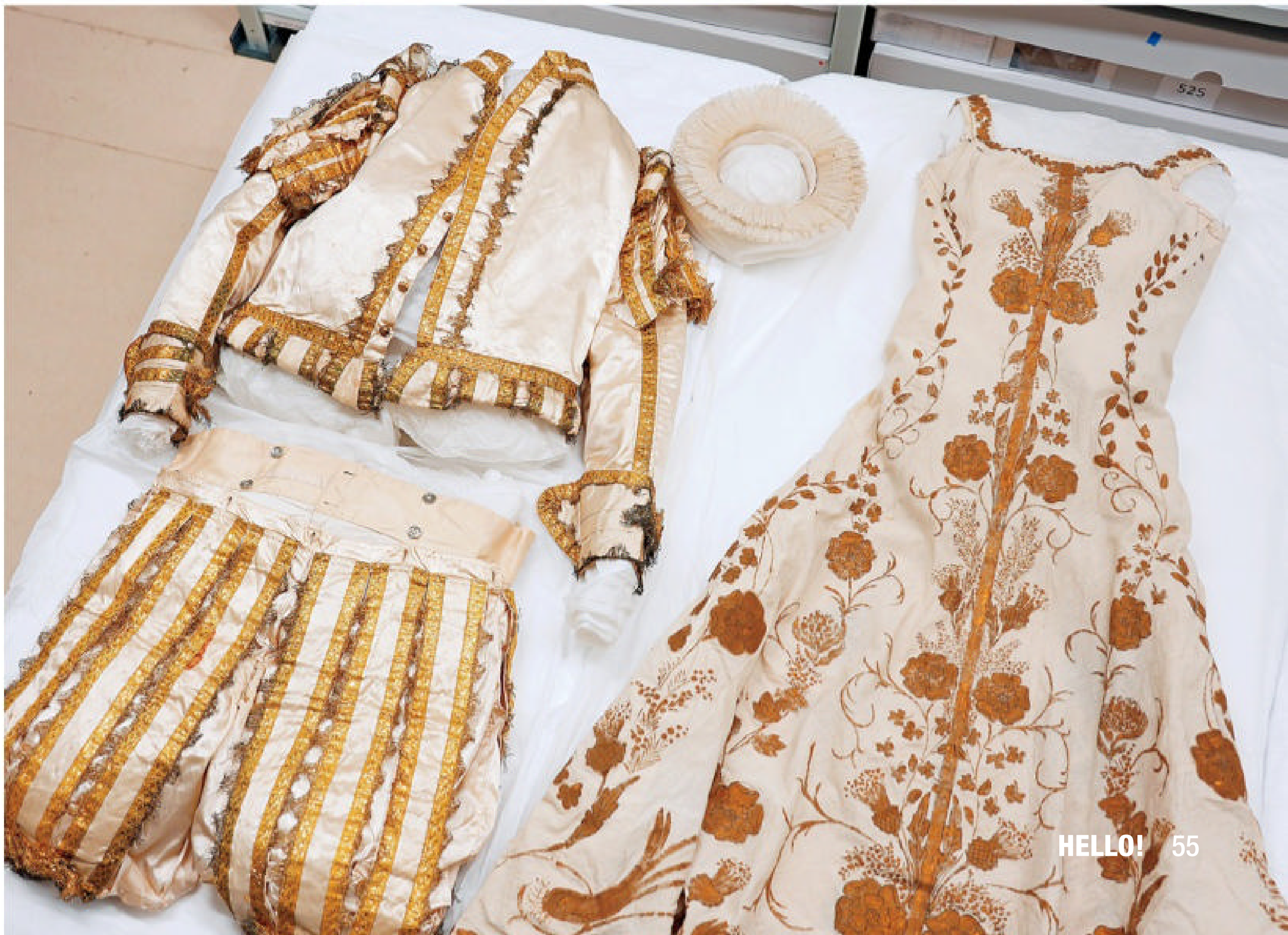
CLOCKWISE FROM TOP LEFT: IAN BOTTLE/ALAMY; LEAHAIRPHOTOGRAPHY (3); ROLLS PRESS/POPPERFOTO/GETTY IMAGES; RICHARD LEA-HAIR

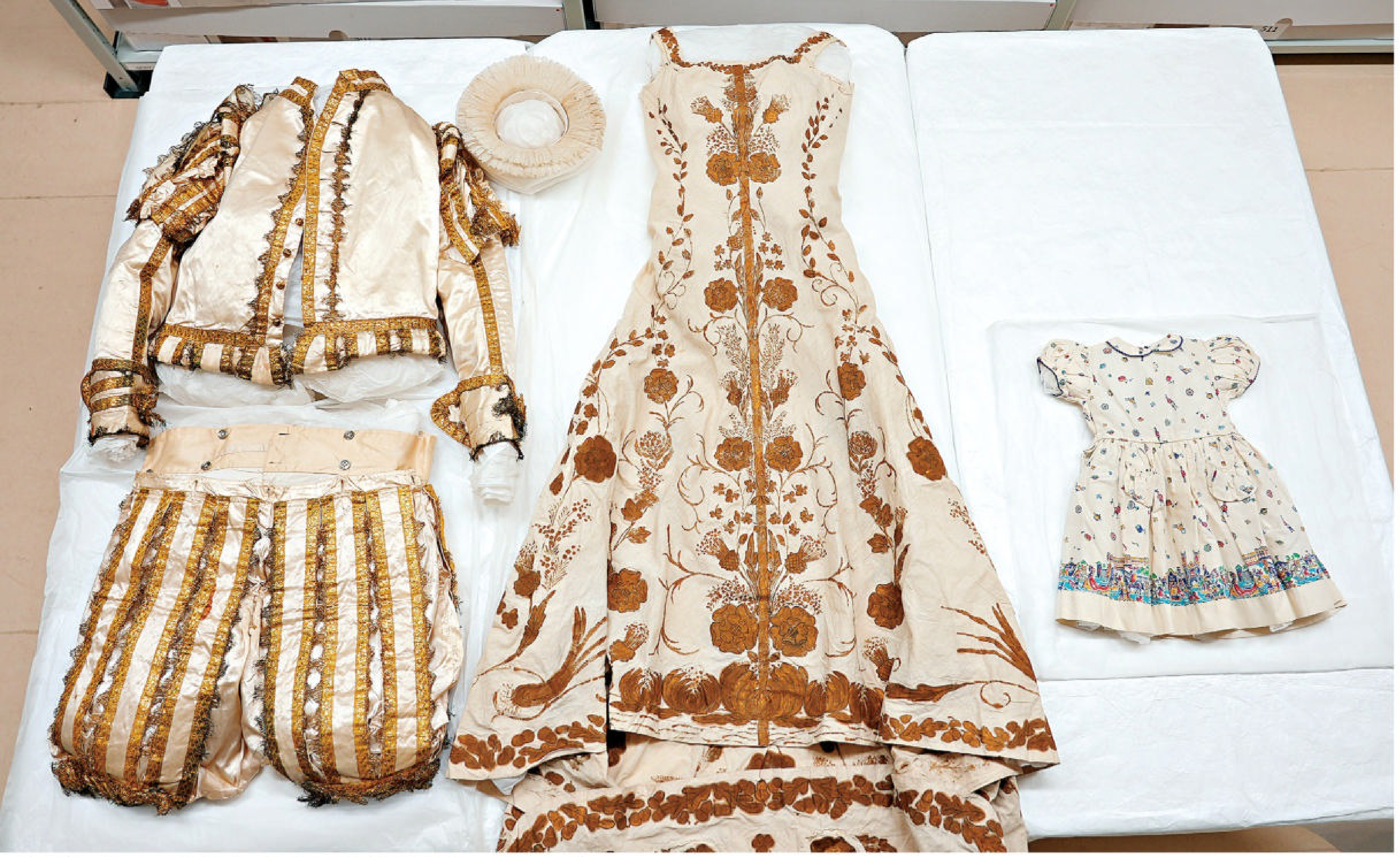
Surrounded by vintage royal treasures, Matthew shows *Hello!* a gold-brocade ensemble worn to George IV's coronation in 1821 (below, L) and the prototype of the dress worn by Queen Elizabeth (later the Queen Mother) for her coronation in 1937 (below, R).

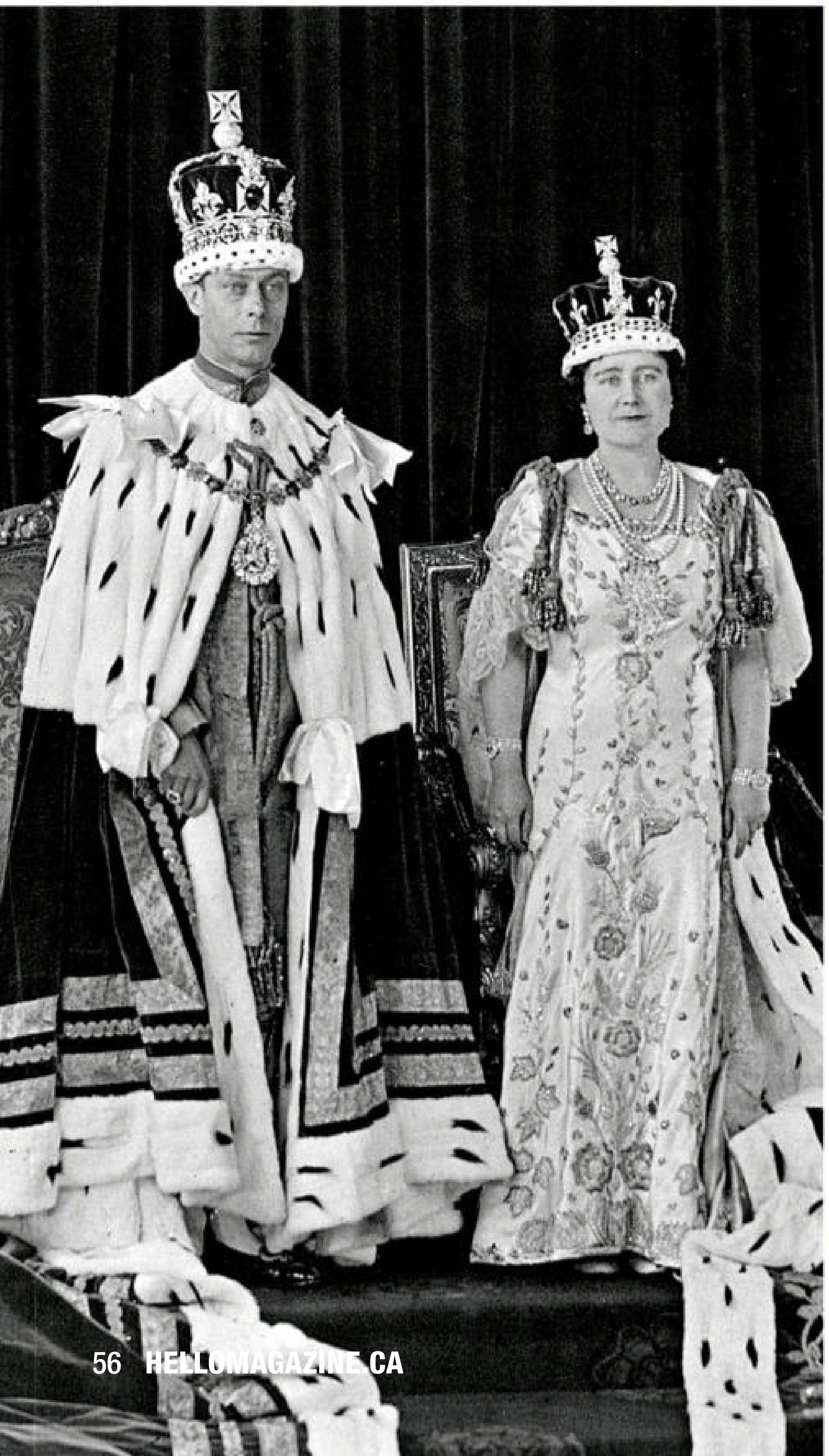
er) wore to the coronation of her husband, George VI, in 1937, when she was crowned his Queen.

Created by Her Majesty's favourite designer of the day, Madame Handley-Seymour, the gown is adorned with the same emblems that are seen on the final dress – including flowers from the nations of the United Kingdom and the Commonwealth – but on the toile, they were drawn on with pencil and gold paint. "I imagine that the Queen Mother would have been in the studio – or perhaps at Buckingham Palace because designers often come to royalty at the palace – giving her opinion and working out what would fit so she would be comfortable on the day," says Matthew.

Another outfit, which is more than 200 years old, was worn by Du Pré Alexander, 2nd Earl of Caledon, when he attended the coronation of George IV ▶







Although all three items have been carefully preserved, the ensemble worn by the 2nd Earl of Caledon (above, L) bears stains, possibly from George IV's 'riotous' coronation banquet. Queen Elizabeth wears the finished article for the coronation of her husband, George VI, in 1937 (left).

The coronation-themed dress worn by a little girl in 1953 shows how such events can create a sense of national unity

in 1821. Pointing to a number of stains on the lavish gold-and-white ensemble, Matthew tells us, "Our top theory is that these came from the coronation banquet in Westminster Hall – we know it was a messy and quite riotous occasion. There are stories of people having to dodge dripping hot wax coming from the chandeliers."

The final item is a charming dress worn by a little girl to the Queen's coronation in 1953. The endearing Lindsay Maid piece has never been on public display.

NO DETAIL SPARED

"I love this because the pattern is coronation-themed," says Matthew. "On the bottom, you can see a procession: you've got Buckingham Palace, you've got a carriage and you've even got the Queen on her throne. It shows how an event like a coronation can create a sense of national unity."

But how have these fragile historical garments been preserved so well and for so long? "We keep everything here at Hampton Court in acid-free boxes wrapped in acid-free archival paper," says the curator. "If the garment is strong enough to hang up, [we do so in] conservation-grade bags.

"The stores have no light," he adds. "We monitor them for temperature and humidity, and we keep a close eye on bugs because the last thing you want is moths coming for your historic collection." H

REPORT: ISABELLE CASEY

FROM TOP: LEAHAIRPHOTOGRAPHY; TOPICAL PRESS AGENCY/GETTY IMAGES

1. JAMIE FOXX

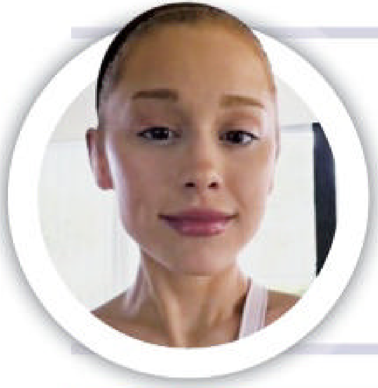
Undergoing tests after falling ill on film set

Hollywood actor Jamie Foxx is being treated in hospital for a "medical complication" after falling ill while shooting the Netflix film *Back in Action* with Cameron Diaz in Atlanta. While the Oscar winner, 55, has been undergoing tests to determine what happened, his daughter Corinne, 29, thanked fans for their prayers and confirmed that Jamie is "already on his way to recovery."

2. BARRY HUMPHRIES

"Dame Edna Everage" comedian dies at 89

The man behind lilac-haired wit Dame Edna, Australian Barry Humphries, 89, died in Sydney following complications from hip surgery. "Farewell, you comedy genius," tweeted Ricky Gervais, while Sir Elton John called Barry "the funniest man ever." The Tony Award winner – who was honoured with a CBE from the Queen in 1982 – is survived by his fourth wife, Lizzie, four children and 10 grandchildren.



Quote of the week

"We should be gentler and less comfortable commenting on people's bodies … There are many different kinds of beautiful"

'Thank U, Next' singer **Ariana Grande** takes to TikTok to address the body shaming she's experienced after comments on her changed appearance

3. LEN GOODMAN

The world of dance mourns an icon

Longtime *Dancing with the Stars* judge Len Goodman passed away at 78 following a battle with bone cancer. Survived by his second wife and his son from a previous relationship, the British ballroom dancer had been a staple of U.K. TV, too, as a judge on *Strictly Come Dancing*. Myriad fans mourned his passing, including Queen Consort Camilla, who once danced with him at a royal engagement. Said a rep, "Her Majesty was saddened to hear the news."

4. SHANNEN DOHERTY

Files for divorce after 11 years of marriage

Beverly Hills, 90210 alum Shannen Doherty, 52, has filed papers to end her marriage to photographer Kurt Iswarienko, 48. "Divorce is the last thing Shannen wanted," said her rep. "She was left with no other option." Separated since January, the couple wed in 2011 and filmed their nuptials for the reality series *Shannen Says*. The actress, who is living with Stage 4 breast cancer, has been married twice before.

1

2

5

3

4

6

5. MATTHEW PERRY

Retracts Keanu Reeves comment from memoir

Matthew Perry promises an insult aimed at fellow actor Keanu Reeves in his memoir, *Friends, Lovers, and the Big Terrible Thing*, will be removed from future editions. "It was a mean thing to do," the *Friends* star, 53, said of the line, "Why is it that the original thinkers like River Phoenix and Heath Ledger die, but Keanu Reeves still walks among us?" At a recent book festival, Matthew admitted, "If I run into the guy, I'll apologize. It was just stupid."

6. SIMONE BILES

Says "I do" to her forever person

Simone Biles is officially a married woman. The Olympic gold medallist, 26, and her beau, NFL player Jonathan Owens, 27, recently tied the knot in a simple courthouse wedding in Texas. "I never knew a love so deep," she wrote on Instagram following the ceremony. The happy couple, who met on the dating app Raya back in March 2020, will be celebrating their love again with a destination wedding in a few weeks' time.

IN THE SPOTLIGHT

Ryan Reynolds fulfils a fan's dying wish

Ryan Reynolds is in the business of granting wishes! On the same day that the Hollywood A-lister saw his soccer team, Wrexham AFC, win a big match and get promoted back into the English Football League, Ryan had arranged for dad-of-two Jay Fear, a Wrexham fan with terminal appendix cancer, to bring his family to the game and meet with the actor. "I've loved Ryan Reynolds since his *Van Wilder* days," said Jay, 45. "It turns out, he's a gent in real life, too, [and] quite the huggy person."

The Vancouver native, 46, even invited the Fear family to the set of *Deadpool 3*, which is filming in London. "It was amazing to meet Jay," said Ryan. "I got a little choked up talking to him and feeling how much his kids and wife are going to miss him." The thoughtful Canadian and his friend and Wrexham co-owner, *Mythic Quest* star Rob McElhenney, are all about giving back and have even created a quiet zone at the stadium where fans with health problems can watch games.

Ryan and his wife, Blake Lively, 35, who are parents to four kids, are planning to spend more time in Wales. They recently bought a $3.1-million home in a quaint village near the football club.

LEFT TO RIGHT, TOP TO BOTTOM: ARIANA GRANDE TIKTOK; RYAN REYNOLDS INSTAGRAM; FRAZER HARRISON/GETTY IMAGES; LISA MAREE WILLIAMS/GETTY IMAGES; GREGG DEGUIRE/GETTY IMAGES; SIMONE BILES INSTAGRAM; OLI SCARFF/GETTY IMAGES; ANGELA WEISS/GETTY IMAGES

HE'S GOT A HEART OF GOLD!

RYAN REYNOLDS

HONOURED FOR HIS GIVING SPIRIT AT CANADIAN SCREEN AWARDS

Homegrown hero Ryan Reynolds has been recognized with a special honour – and he was "gobsmacked" to receive it.

Making his first-ever appearance at the Canadian Screen Awards – which recognize excellence in film and television – the Vancouver-born *Deadpool* star, 46, gave a loving shout-out to wife Blake Lively as he accepted the Humanitarian Award.

"There's nothing I do in this space at all that doesn't involve my wife," said Ryan. Over the years, the pair, who wed in 2012, have worked together on numerous charitable causes, including clean-water initiatives, homeless-youth programs and SickKids fundraisers. Last year, too, they donated US$1 million to help Ukrainian refugees. "She shares this honour with me," he said of Blake (who was home with their

TELEFILM
CANADA

Access
CANADA

Golden moments! Amanda Brugel glitters after winning best guest performance; *Cityline* host Tracy Moore (left) shows off her Changemaker Award; Trish Stratus and Kardinal Offishall (far left) represent *Canada's Got Talent*; and Ryan (top) poses with presenter and SickKids patient ambassador Everett Ho, 11. 'Thank you for caring for kids like me,' he told the *Deadpool* star.

CLOCKWISE FROM TOP LEFT: GEORGE PIMENTEL/SHUTTERSTOCK (4); JEREMYCHANPHOTOGRAPHY/GETTY IMAGES

Girl power! *ET Canada* co-hosts Sangita Patel and Cheryl Hickey share a laugh, while *Workin' Moms* star Catherine Reitman turns heads on the red carpet (right). Far right: Catherine O'Hara shines bright with her Icon Award.

CLOCKWISE FROM TOP LEFT: JEREMYCHANPHOTOGRAPHY/GETTY IMAGES; GEORGE PIMENTEL/SHUTTERSTOCK; GEORGE PIMENTEL/SHUTTERSTOCK (3); ROBERT OKINE/GETTY IMAGES; GEORGE PIMENTEL/SHUTTERSTOCK

four children). Ryan also thanked his mom, Tammy, who "has led with compassion her entire life and taught me everything I know. And my father, who couldn't be bothered to live long enough to see this moment," he joked (dad James, for whom Ryan and Blake's eldest daughter is named, passed away in 2015). "But I can guarantee you a moment like this would mean more to him than anyone." (For our report on Ryan's latest act of kindness, see page 57.)

Afterward, the affable actor – who was named *Hello! Canada* readers' favourite star in 2022 – took to social media to share his gratitude for the "incredible honour," revealing that he began his day in Toronto with a visit to SickKids and ended it "in a fancy tux, surrounded by some of the smartest, most innovative Canadian artists – all under one roof. I was gobsmacked and emotional as all hell."

BEST IN THE BIZ

Held at Toronto's Meridian Hall, the 11th annual ceremony was bursting with Canadian talent, from *The Handmaid's Tale* actress Amanda Brugel – who won a best guest performance trophy for her three-episode turn on the comedy series *Sort Of* – to Catherine O'Hara, whose unmatchable comedic prowess earned her the coveted Icon Award.

Taking the stage in a striking red dress, the Toronto-born *Schitt's Creek* star, 69, kept her speech short and sweet, dedicating it to her "dear mom and dad" for teaching her to "always look for a reason to laugh." H

REPORT: SARAH TRUMBLEY

***This Hour Has 22 Minutes* anchor Mark Critch accepts the award for best performance in a sketch comedy. Left: *eTalk*'s Tyrone Edwards (above) and *Canada's Drag Race* hosts Brad Goreski, Traci Melchor and Brooke Lynn Hytes (below) feel the love.**

‘THIS ISN’T A SAD STORY – IT’S ABOUT LOVE’

MICHAEL J. FOX

OPENS UP ABOUT HIS LIFE, *BACK TO THE FUTURE* AND HIS ‘REMARKABLE’ WIFE TRACY POLLAN

In 1986, a diminutive, baby-faced young man burst onto the Emmy Awards stage to pick up the trophy for best actor in a comedy series. “I don’t believe this,” *Family Ties* star Michael J. Fox began his acceptance speech, joking, “I feel four feet tall.”

Backstage, the then-25-year-old winner told reporters that he was on a roll, having just received his U.S. green card. “I know I’m here now and I can live here for good – and now I know I’m wanted here,” he said, holding up his award. But in case there was any doubt, he added, “I’m still a Canadian!”

Nearly 40 years later, we’re still very proud to call the Alberta native our own as his life is documented in *Still: A Michael J. Fox Movie*, which takes viewers behind the scenes of his journey, featuring footage from the set of blockbuster hits such as 1985’s *Back to the Future* and intimate interviews with Michael, 61, and his wife, actress Tracy Pollan, 62.

Based on his four memoirs, the Apple TV+ film also dives deep into how the star’s life changed at 29 when he was diagnosed with Parkinson’s disease. “The kid who left Canada convinced that he would make anything happen, at least by working hard and by believing, now had a tall order in front of him,” Michael recently said about his reaction to the news.

But this degenerative neurological condition has never gotten the best of him: the *Spin City* star continued acting, and he and Tracy raised four children – Sam, 33, twins Aquinnah and Schuyler, 28, and Esmé, 21 – and launched the Michael J. Fox Foundation for Parkinson’s Research, which has brought in more than $1.5 billion. “I sometimes underestimate the power of his optimism,” Tracy told *AARP* magazine, “but time and again, I’ve seen him use it to blast his way back.”

Here, Michael reminisces about his teenage hopes and dreams, talks living in the now and reveals the tonic that gets him through the tough times.

The documentary features a lot of great footage of you shooting *Back to the Future*. How do you look back on that time? With a lot of love and fondness. But as this movie shows, it was pretty chaotic and insane. It was a lot of work, but I wasn’t complaining. I was young and I was hungry. I was chasing my dreams.

The character of Marty McFly is still a teen idol to millions. You spent your teen years in Canada – what were your hopes then? That I would avoid jail and get a real job. I wanted to be an actor. It came true.

You and Christopher Lloyd, your co-star in *Back to the Future* and its two sequels, have a very special relationship. Can you remember when you first met? Sure. It was literally on the set at night, with him as Doc Brown and me as Marty in the Twin Pines Mall scene. It was like, “This is Chris. Chris, meet Mike …” and off we went. It was crazy because, as I think everyone knows, they had a different actor [Eric Stoltz] playing Marty for the first five weeks of shooting, but it didn’t work out. I don’t know why, but it just worked between me and Chris. And the more I got to know Chris over the years, the more I came to love him and appreciate him for the brilliant actor he is. My friendship with Chris is the best thing to have come out of being in those movies. And he has been with me every step of the way since.

You have such a loyal fan base. What is it like to have people come up to you and share their stories of growing up with you? It’s amazing. It’s really great. To be able to give someone encouragement or empathize or relate to something they’re going through – even if it’s just in passing – is a really unique privilege.

How have you managed to stay so optimistic? It’s a choice. I’m optimistic because the idea of being anything else is just too terrifying. I accepted the challenges I face long ago. I’m dealing with it, but most of all I’m just enjoying life.

How important is your family’s support when it comes to dealing with the challenges you face? Well, my wife is a huge support to me – literally! If she didn’t hold me up, I would be on the floor. That’s kind of a metaphor for my life. [*Laughs*] No, Tracy is a remarkable woman. She has known about my Parkinson’s from the day I was diagnosed just after we were married 35 years ago. That’s a long time, but she has always been there. She and my family and our friends are everything to me. They are the tonic that gets me through the tough times. I’m very lucky.

What do you hope audiences take away from *Still*? I hope they see that it is a story about belief, perseverance and resilience in whatever you are trying to overcome or accomplish. This isn’t a sad story. It’s not about feeling sorry; it’s about love and joy and how to rise above challenges. It’s about enjoying life and being thankful, which is what I am doing.

What are your plans beyond *Still*? Who knows? One thing often leads to another, and opportunities unfold when you least expect them, so we’ll see. Right now, I just want to hit the pool!

INTERVIEW: ADAM STONE

CLOCKWISE FROM MAIN: MARK SELIGER/APPLE TV+; MAXIMUM FILM/ALAMY; EMMA MCINTYRE/GETTY IMAGES; APPLE TV+; GILBERT FLORES/GETTY IMAGES

'My wife is a huge support to me – literally! Without her I'd be on the floor'

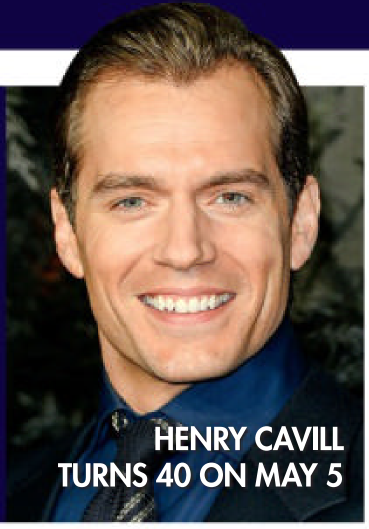
With wife Tracy (opposite) and their kids (right, from L, Sam, Esmé, Schuyler and Aquinnah) by his side, Michael puts his energy into 'enjoying life and being thankful.' Above right: The actor says his *Back to the Future* co-star Christopher Lloyd has been with him 'every step of the way.'

HOROSCOPES

BY OSCAR CAINER

TAURUS
April 21 - May 21

Why do you want what you say you want? Do you really want it or are you just trying to convince yourself that you do? If your heart is leading you in one direction and your head in another, you'll end up going around in circles. With lucky Jupiter entering your sign, you'll be bursting with energy and determination. Just make sure you're clear about your intentions. Then you'll achieve your goals.


HENRY CAVILL TURNS 40 ON MAY 5

EAMONN M. MCCORMACK/GETTY IMAGES

CAPRICORN
Dec. 22 - Jan. 20

This month, you're in miracle-working mode, and there's one dream in particular that's worth focusing on. As impossible as it seems, don't let that stop you from seeking an alternative path forward. May brings an option that's miraculous (and delightful) in its own way yet much more easily attainable. If you stay open-minded and allow yourself to be surprised, amazing things can happen.

GEMINI
May 22 - June 22

As we start the month with your ruler, Mercury, retrograde, you're reliving old dramas and re-evaluating past experiences. Believe it or not, this is a valuable process. The information you're assimilating will enable you to make a choice that will guide you to a different future. You don't want your decision to be influenced by past fears that are no longer relevant. You can move far beyond these in May.

CANCER
June 23 - July 23

Venus spends much of May in your sign, bringing all you might expect from the planet of love. Not only will it be much easier to tap into your creativity but those around you will pick up on your "vibe" and respond with positivity. Venus boosts confidence, too, so you'll be able to enjoy the invitations that come your way. Prepare for a run of improvements that look set to continue.

LEO
July 24 - Aug. 23

Take a deep breath. That's what we advise people when they look stressed. Will you need to take lots of those this month? Yes. Not because you need to relax but because you need to take moments to appreciate the magic and wonder of your world. May won't be problem-free, but there's much to be happy about. You will start seeing more reasons to be grateful – and start creating them, too.

VIRGO
Aug. 24 - Sept. 23

This month, we find you perfectly positioned to fix a mistake and sort out a misunderstanding. Will you need to take some responsibility for things that have gone pear-shaped? Possibly. But the important question isn't "Whose fault is this?" It's "Who's going to take practical, positive steps to deal with it so that everyone feels OK?" And we already know the answer to that last question: that person is you!

FOR YOUR **COMPLETELY FREE** AUDIO AND VIDEO FORECASTS, GO TO CAFREE.CAINER.COM

LIBRA
Sept. 24 - Oct. 23

Success isn't as straightforward as we think: we want it when we feel we haven't got it, but the moment we have it, we start finding fault with it! Failure, meanwhile, is less permanent than we think. No one wants to fall flat on their face. But if we do, we can bounce back. This month holds great potential. To maximize it, you just need to take the pressure off. Remember, if you're enjoying yourself, that's success!

SCORPIO
Oct. 24 - Nov. 22

There can be a big difference between something that feels good and something that does you good. Sometimes things that feel good at first end up making us feel bad – and vice versa. You might find yourself dealing with challenging experiences this month, but they're bringing you to a decision that will generate a long-term sense of delight, freedom and inspiration.

SAGITTARIUS
Nov. 23 - Dec. 21

"When you judge people, you have no time to love them," said the wise and wonderful Mother Teresa. We tend to spend much of our time making judgments. We do it so much that we don't notice how much time, energy and positivity it takes. In May, you need to invest your mental energy in the right things. If you focus on the good you see, you'll find that it magnifies. Be guided by your compassionate heart.

AQUARIUS
Jan. 21 - Feb. 19

Resentment is a negative emotion. It erodes self-confidence, fuels excuses for poor behaviour and destroys integrity. If you promise to act out of love and inspiration rather than obligation, you'll be open to experiencing the opportunities that come your way. Reach for the very best and you'll find yourself liberated from anything that makes you feel resentful and free to feel joy.

PISCES
Feb. 20 - March 20

Although travel broadens the mind, we're not obliged to head off to distant climes to achieve this. With your ruler, Jupiter, settling into a new sign, this month takes you on a journey of discovery. But it doesn't have to involve physical travel. It's more likely to be the realization that you're content where you are. Awareness of the good things in our day-to-day lives brings a sweetness no journey ever provides.

ARIES
March 21 - April 20

Teamwork achieves far more than individual efforts can attain by themselves. But if those involved disagree, they can create a big mess. Even if you're struggling to establish agreement in an area of life where there's a dispute, you can do it. If those contrasting opinions are heard and respected, you can find a way to reach a consensus. Then, together, you'll be able to move mountains.

PUZZLE SOLUTIONS

APRIL 24 (866/867)

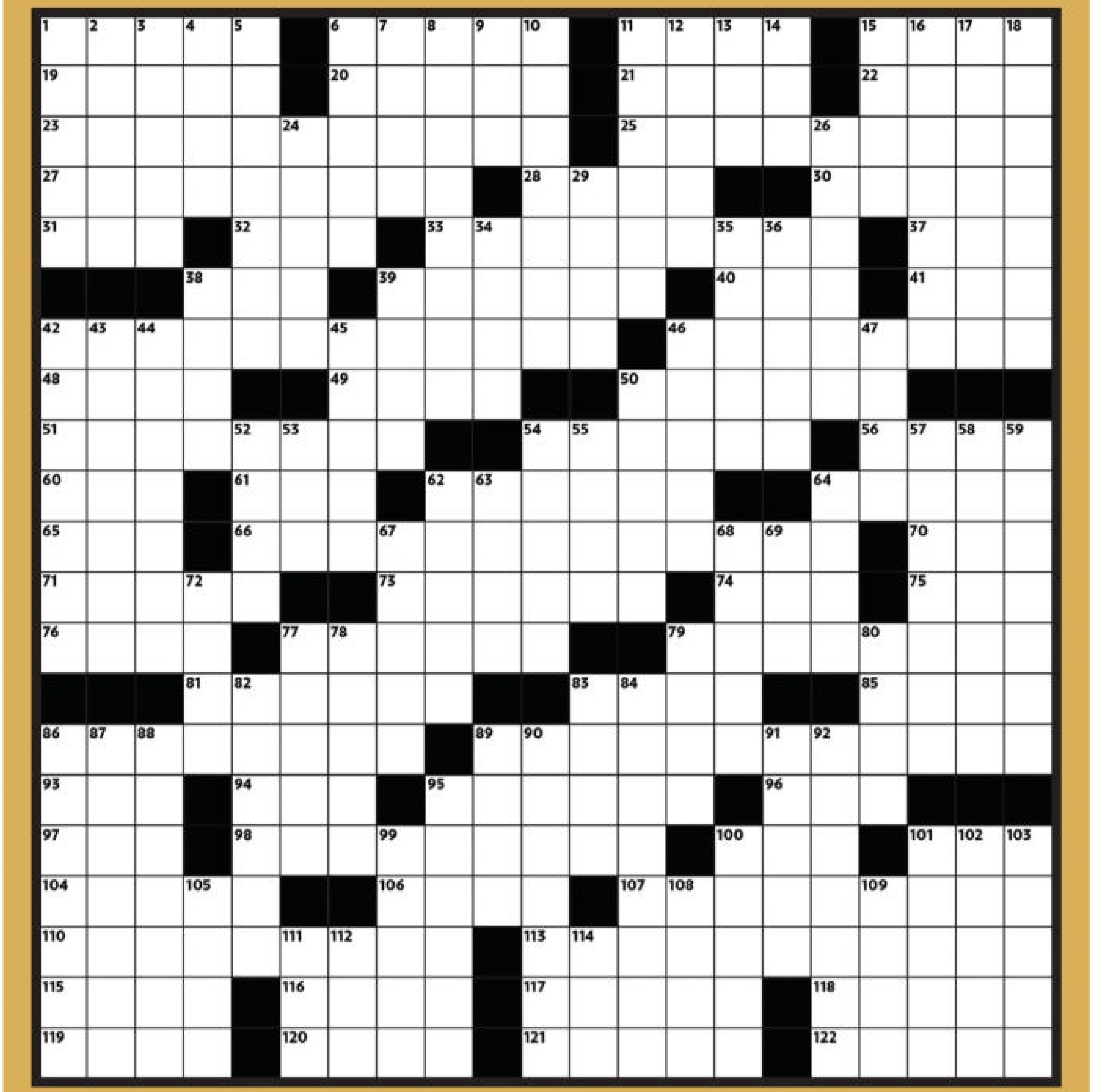
CROSSWORD

E	W	O	K	S	■	I	S	I	T	■	I	F	S	O	■	H	A	S	T	O
M	A	N	I	C	■	A	C	R	E	■	T	R	I	P	■	O	M	A	H	A
T	H	E	W	H	O	G	O	E	S	T	H	E	R	E	■	L	I	M	I	T
■	■	■	I	N	T	O	O	■	T	I	A	S	■	R	E	D	■	B	E	E
D	O	G	S	A	T	■	P	A	C	K	T	H	E	A	N	I	M	A	L	S
O	R	I	■	B	O	L	■	G	A	I	■	■	A	T	O	N	E	■	■	■
D	E	N	T	E	■	E	R	R	S	■	A	S	S	E	S	■	T	R	I	B
D	O	U	B	L	E	T	H	E	E	A	G	L	E	S	■	Q	U	E	R	Y
■	S	P	A	■	A	L	O	E	■	M	A	A	S	■	G	A	P	P	E	R
■	■	■	L	E	T	I	N	■	K	A	T	T	■	H	A	T	■	E	N	D
I	B	E	L	I	E	V	E	I	N	T	H	E	M	I	R	A	C	L	E	S
R	U	G	■	G	R	E	■	S	E	E	A	■	O	P	E	R	A	■	■	■
W	O	R	T	H	Y	■	B	L	E	U	■	M	O	S	T	■	T	W	A	■
I	N	E	R	T	■	R	A	I	L	R	O	A	D	T	H	E	C	A	R	S
N	O	T	I	■	T	E	R	P	S	■	N	Y	S	E	■	S	H	I	N	E
■	■	■	P	R	I	N	T	■	■	N	E	O	■	R	I	O	■	S	I	N
S	C	R	E	E	N	T	H	E	D	O	O	R	S	■	S	T	A	T	E	D
C	H	U	■	T	E	A	■	L	E	A	R	■	C	A	N	E	R	■	■	■
H	A	I	K	U	■	B	R	U	S	H	T	H	E	S	T	R	O	K	E	S
M	I	N	E	R	■	L	O	D	I	■	W	O	N	K	■	I	M	A	G	E
O	R	G	A	N	■	E	W	E	S	■	O	W	E	S	■	C	A	N	O	E

SUDOKU

7	1	5	8	4	9	3	6	2
9	3	8	5	2	6	4	7	1
2	6	4	7	1	3	9	5	8
8	5	7	2	9	1	6	4	3
6	9	1	3	5	4	8	2	7
3	4	2	6	8	7	5	1	9
5	7	9	1	6	8	2	3	4
4	2	3	9	7	5	1	8	6
1	8	6	4	3	2	7	9	5

GETTING POSSESSIVE



CROSSWORD BY MATT GAFFNEY

ACROSS

1 Weekday calendar letters
6 Rundown
11 You used to be this, long ago
15 Bad
19 Sharon once in politics
20 In for ___ awakening
21 Wacky Goldberg
22 Tibetan title
23 Scrabble pieces used by the singer of "As It Was"?
25 Drop blockers
27 Espresso drink
28 Folded food
30 Fishing contraptions
31 Vision inducer
32 Aficionado
33 Noted Reagan appointee
37 2016 Olympics city
38 Home to Hawks of hoops
39 Evened up the score
40 Chemistry ending
41 "As ___ been saying..."
42 Bed used by a leading man of westerns?
46 Must-have for a famed golfer?
48 Haunting instrument
49 Innings have six
50 Mental health
51 Non-insular region
54 *Billy ___*
56 Church interior
60 Org. Mandela once headed
61 Decide
62 Put online
64 *The Seduction of Joe ___* (1979 Alan Alda drama)
65 Ore. neighbour
66 Seaside structures owned by the singer of "Toxic"?
70 Chain with multivitamins
71 Bad behaviours
73 West Texas city
74 Late Beastie Boys member
75 Sesame or coconut, say
76 Prefix meaning "within"
77 "High as a kite," say
79 ___ Slim (poker legend)
81 Talked in front of a camera
83 Sydney salutation
85 Energy amts.
86 Greek-letter pendant worn by a *Say Anything* actress?
89 Hot dog about to be eaten by a 1990s *SNL* alum?
93 Top AL or NL star
94 *The Motorcycle Diaries* role
95 Country with a canal
96 Centring chants
97 For one
98 Newfoundland landers
100 Leave thunderstruck
101 Issuer of nine-digit IDs
104 Pianist Rubinstein
106 Manipulative person
107 Stirs up
110 Catch oneself
113 Not-quite-true story often told by a *Downton Abbey* star?
115 One of the Jackson 5
116 Bear, in constellations
117 Sewing-machine creator Howe
118 Skateboard trick
119 Taking customers
120 Hive crew
121 Part of LED
122 Ceaselessly

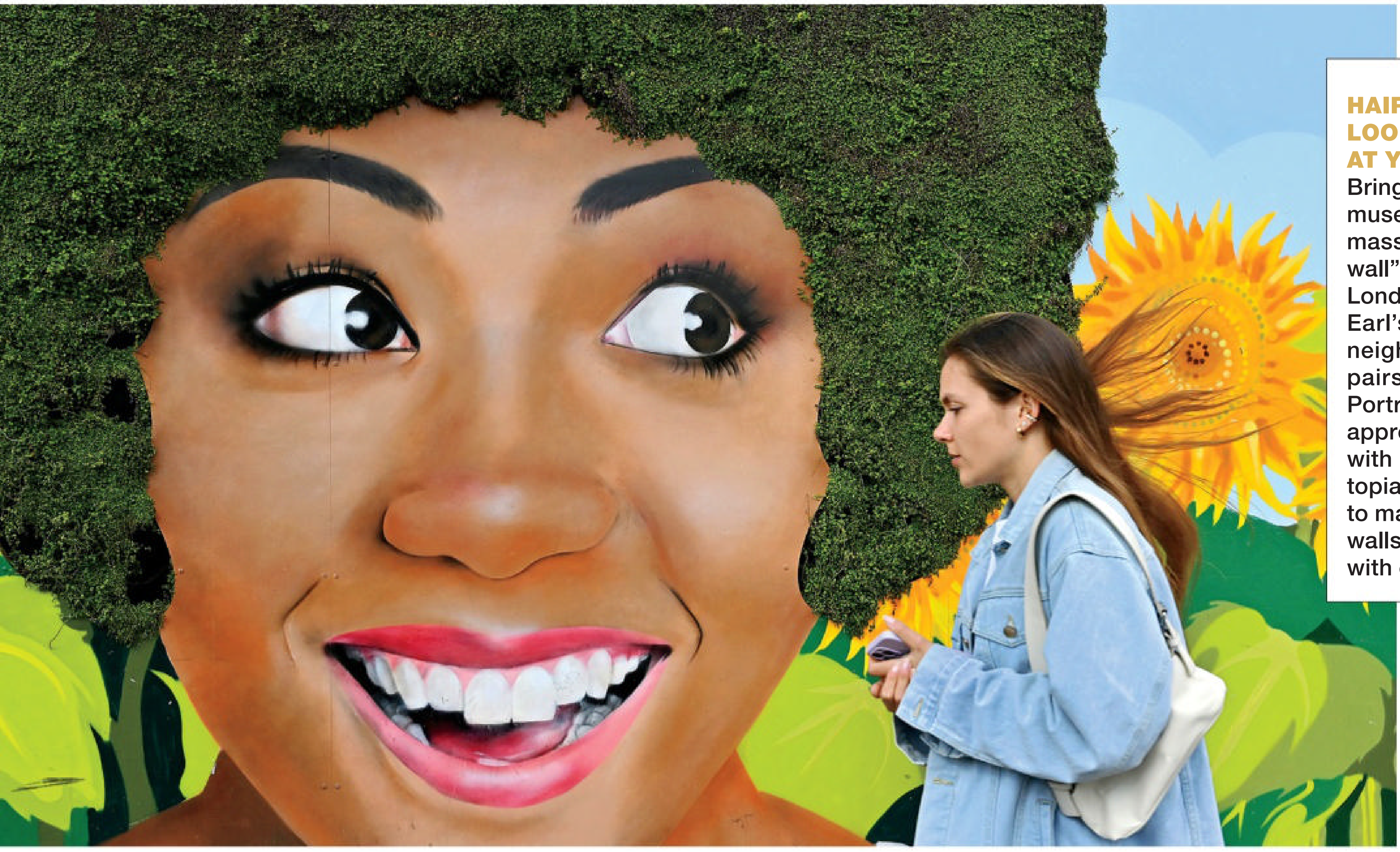
DOWN

1 Taj ___ (Indian brand of beer)
2 Streetcars
3 Tech mag
4 Pt. of a country
5 Use the airport of
6 Occupied, as a bistro table
7 Sportscaster Andrews
8 Person who speaks grave words
9 Two after FDR
10 "That's one of our specialties, in fact!"
11 Unlikely valedictorian
12 Camel pair, often
13 Recede
14 Puppet or profit finish
15 Mag with models
16 Actress Bertinelli
17 2002 Celine Dion hit
18 Roped in
24 Olympic oar
26 *A Lesson Before Dying* novelist Gaines
29 Co. that owns properties
34 They're needed for a univ. application
35 It has keys and pedals
36 Confess
38 Middle East port
39 Dropped phone book's sound
42 Iceberg alternative
43 Leave in the lurch
44 "Sorry, got other plans"
45 Film producer Carlo
46 "But you ___ could!"
47 Letters on Manhattan mail
50 ___ fine on (penalize)
52 Shots that need to be deep
53 Fourth mo.
54 *Family Ties* mom
55 The L of "Take the L"
57 Namibian's northern neighbour
58 Milli ___
59 Put in an envelope
62 Reversed the effects of
63 Orange cover
64 Peter the Great, e.g.
67 Marisa in *The Wrestler*
68 Small-screen honours
69 Early TV maker
72 Move like toothpaste
77 2014 Olympics city
78 "She's my lady luck and ___ wild-card man" (Garth Brooks lyric)
79 Itty-bitty battery
80 Clinches, as a win
82 Frances McDormand's quartet
83 Trashy brand?
84 He's named in "Mrs. Robinson"
86 Painting technique
87 Give 100 per cent, maybe
88 Iconic radio swag
89 Goodall good with apes
90 Like cat burglars, generally
91 "That's so amazing!"
92 Transcendentalist essayist
95 Barilla offerings
99 Put a hex on
100 Licorice-like flavour
101 Pizzazz
102 ___ stone (unchangeable)
103 Tapped one's cigar
105 Second word of fairytales
108 "My heavens!"
109 Mexico's president, in headlines
111 Busy airport
112 Mine find
114 Wong or Wentworth

SUDOKU

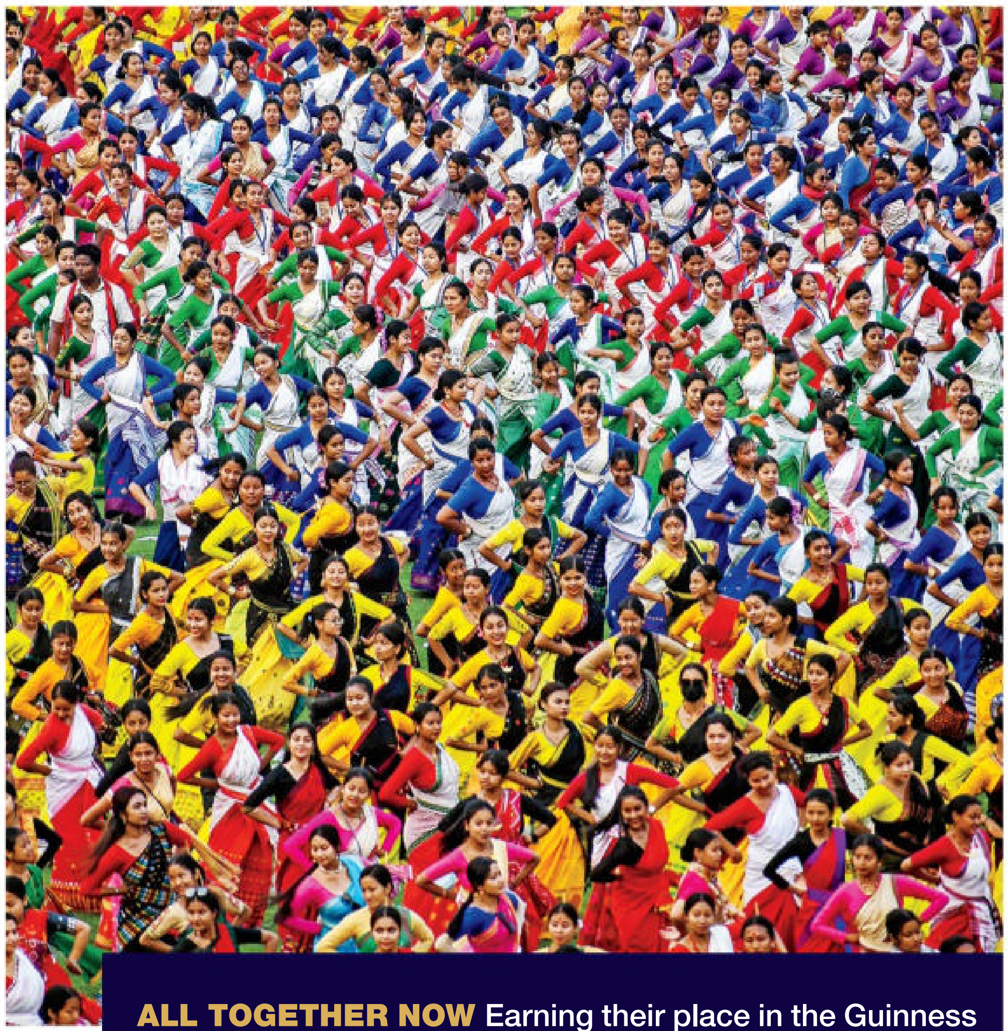
	8							
	4			2			3	9
		7	1		6			8
					1			2
5	9						8	6
6			9					
7			6		9	4		
2	1			8			9	
							7	

CROSSWORD ©2022 NEW YORK MEDIA, LLC.

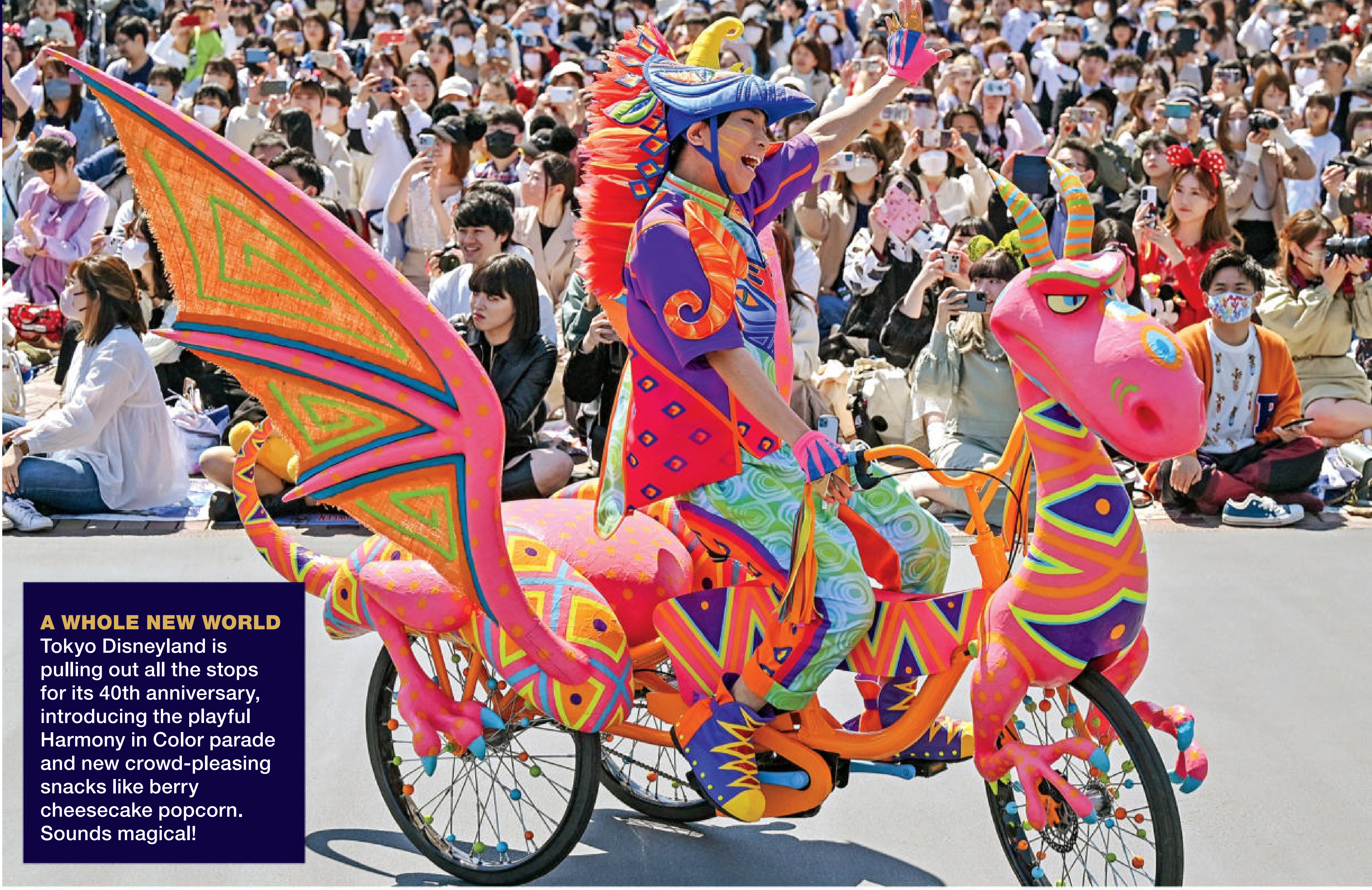


HAIR'S LOOKING AT YOU! Bringing the museum to the masses, the "living wall" art project in London's vibrant Earl's Court neighbourhood pairs National Portrait Gallery-approved street art with unexpected topiary. It's enough to make other city walls turn green with envy.

FREE BIRD Grey herons have descended on the Netherlands. While the European wading bird's population is growing at a rapid pace in the capital city of Amsterdam, this feathered friend has stopped to smell the tulips at Keukenhof – one of the world's largest flower gardens – in nearby Lisse.

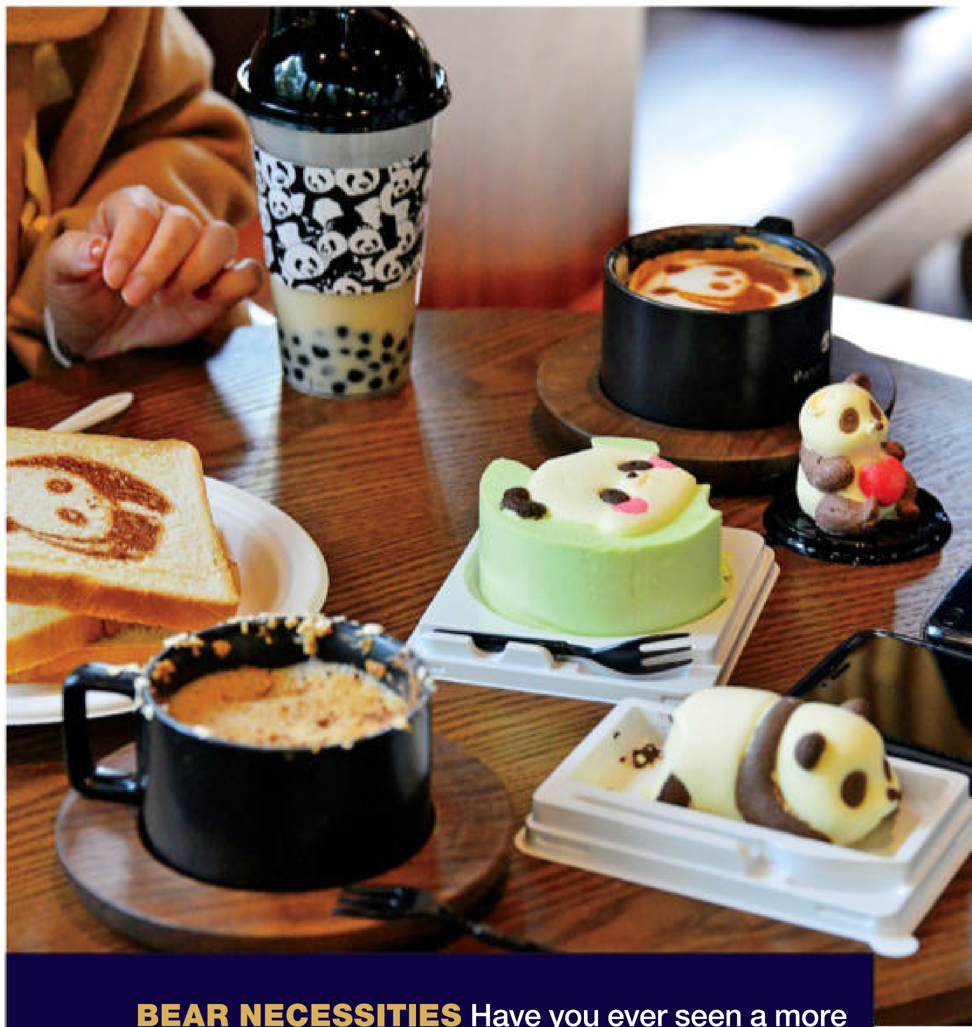


ALL TOGETHER NOW Earning their place in the Guinness World Records for largest live group performance in the folk-dance category, more than 11,000 colourfully attired Bihu dancers and musicians took part in a perfectly synchronized 15-minute routine in Guwahati, India. Next up, organizers will try again with 25,000 participants.



A WHOLE NEW WORLD Tokyo Disneyland is pulling out all the stops for its 40th anniversary, introducing the playful Harmony in Color parade and new crowd-pleasing snacks like berry cheesecake popcorn. Sounds magical!

BRIDAL SUITE There was plenty of love in the house when more than 800 brides – and their adoring grooms – celebrated Easter Sunday by saying "I do" at the International Pentecostal Holiness Church in South Africa. It was one of the country's biggest mass wedding ceremonies since the start of the pandemic.



BEAR NECESSITIES Have you ever seen a more paws-itively adorable pairing? At Panda Coffee – a cozy café located inside Beijing Zoo – visitors delight in cute latte and toast art while feasting on black-and-white confections inspired by China's national treasure. And the vibe is serene, as giant pandas are a symbol of peace.

CLOCKWISE FROM TOP LEFT: JUSTIN TALLIS/GETTY IMAGES; RICHARD A. BROOKS/GETTY IMAGES; FUTURE PUBLISHING/GETTY IMAGES; IHSAAN HAFFEJEE/GETTY IMAGES; BIJU BORO/GETTY IMAGES; NURPHOTO/GETTY IMAGES

Get the latest on the A-list

Stay in the know wherever you go, with our *HELLO! Canada* newsletter

Whether it’s fashion & beauty or celebrities & royalty, you’ll always be in the loop when you subscribe to our *HELLO! Canada* newsletter.

Our free e-newsletter delivers the inside scoop on personalities, events and trends, right to your inbox. Plus, get special promotions that you’re sure to love. So, what are you waiting for?

HELLO!
CANADA

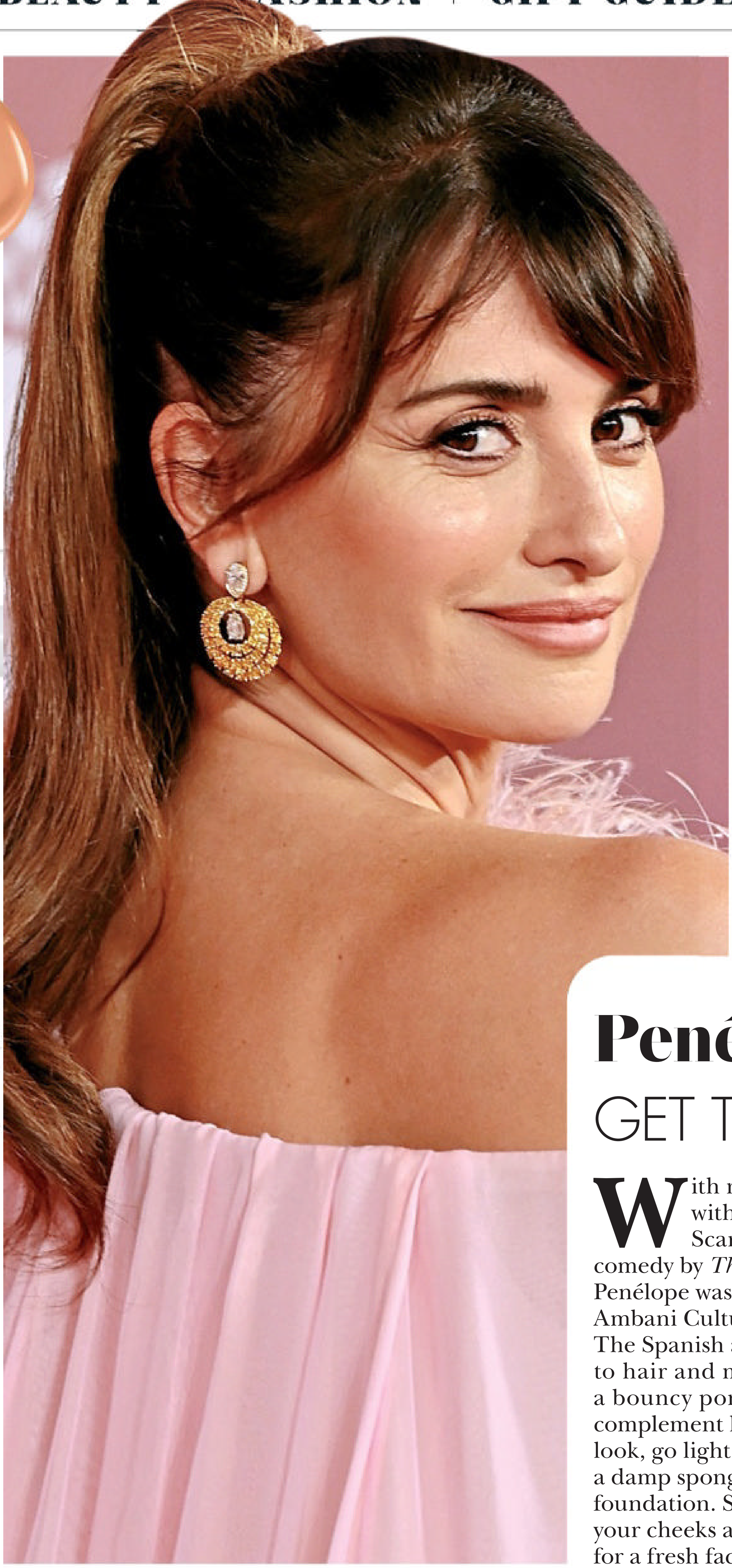
Sign up today at
hellomagazine.ca/newsletter

Lancôme Teint Idole Ultra Wear Foundation in 325C, $68, *sephora.ca*

Cheekbone Beauty Uplift Mascara in Black, $32, *cheekbonebeauty.com*

Uoma Beauty Double Take Skin Perfecting Blush Duo in Honey Honey, $42, *uomabeauty.com*

Refy Brow Tint Eyebrow Gel in Black, $31, *sephora.ca*



SUJIT JAISWAL/GETTY IMAGES

Sephora Collection Waterproof 12HR Retractable Eyeliner Pencil in Matte Black, $17, *sephora.ca*

Pupa Milano Petalips Lipstick in Aquatic Nymphaea, $26, *pupamilano.ca*

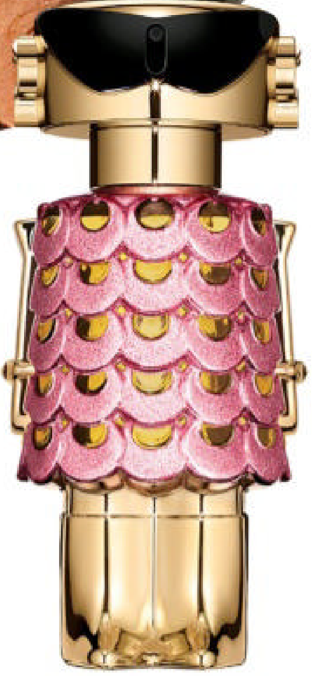
Penélope Cruz

GET THE LOOK

With rumours swirling that she'll reunite with *Vicky Cristina Barcelona* co-star Scarlett Johansson in a new Netflix comedy by *The Holiday* filmmaker Nancy Meyers, Penélope was radiant at the recent Nita Mukesh Ambani Cultural Centre opening in Mumbai. The Spanish actress and mom of two, 49, turned to hair and makeup artist Pablo Iglesias for a bouncy ponytail and wash of colour to complement her feathered pink gown. To get the look, go light with liner and mascara, then use a damp sponge to even out your skin with glowy foundation. Swipe rosy blush across the apples of your cheeks and choose a matching pink lipstick for a fresh face that screams "spring!" H

SCENTS OF SELF

Forget signature fragrances – scent wardrobes are in! Start a curated lineup to suit the facets of your personality and let your mood guide each day's selection **By Andrea Karr**



For the Party Girl

Are you always the life of the party or do you want to be? If Lizzo's "About Damn Time" is your pump-up jam or your idea of the ultimate night out is sharing a flask of tequila with Adele at the Grammys (as Lizzo did!), then the new Paco Rabanne fragrance, Fame Blooming Pink, is the perfect addition to your scent wardrobe. Its top notes include juicy mango and bergamot, its heart is jasmine and its base is sensual vanilla and sandalwood – all designed for the girl who loves to glitter. Even the pink bottle – inspired by Paco Rabanne's iconic chain mail dress – is a sparkly work of pop art.

Paco Rabanne Fame Blooming Pink Eau de Parfum, $165 for 80 ml, *thebay.com*

You might also like

When Angel exploded onto the fragrance scene in 1992, it was famously polarizing. Now, Angel Elixir has landed to confound and tantalize a new generation. The woody, floral gourmand scent shines with a blend of metallic pink pepper CO_2 extract, orange blossom, ylang-ylang, sandalwood and amber.

Mugler Angel Elixir Eau de Parfum, $160 for 50 ml, *thebay.com*

For the Bookworm

American Horror Story actress Emma Roberts feels so passionate about the art of storytelling that she started her own book club, Belletrist, where she shares top picks like *A Likely Story* by Leigh McMullan Abramson and *What Happened to Ruthy Ramirez* by Claire Jiménez. We're willing to bet she'd swoon over Diptyque's new scent, L'Eau Papier, which is inspired by the comforting smell of reams of fresh paper. Meant to wear light on the skin and change over time – just as ink bleeds into a page – the eau de toilette contains notes of steamed rice, mimosa and blond wood. Whether you're a writer or a reader, it's bound to have you waxing poetic.

Diptyque Paris L'Eau Papier Eau de Toilette, $168 for 50 ml, *diptyqueparis.com*

You might also like

A unique fragrance designed for theorists and soul searchers, Aesop's Gloam is a spicy floral scent made to inspire introspection. It starts with pink pepper, cardamom and orange flower, blossoms into saffron, jasmine sambac and mimosa and dries down with iris and patchouli.

Aesop Gloam Eau de Parfum, $255 for 50 ml, *aesop.com*

CLOCKWISE FROM TOP LEFT: DAVID M. BENETT/GETTY IMAGES; DANIELE VENTURELLI/GETTY IMAGES; STEVE GRANITZ/GETTY IMAGES; STEVE GRANITZ/GETTY IMAGES; PASCAL LE SEGRETAIN/GETTY IMAGES

For the Garden Goddess

Avengers and *WandaVision* actress Elizabeth Olsen has a not-so-secret passion: gardening. And she tends to the produce in her backyard every chance she gets. "This magic and simple joy an ever-changing garden can bring is a constant reminder for me – of my gratitude for our health and my hope for the future," she wrote in her guest column in *The Hollywood Reporter*. If you harbour a similar love for plant cultivation, you'll enjoy the refreshing scent of Nina Nature, the newest limited-edition fragrance from Nina Ricci. The green floral contains a burst of Granny Smith apple extract and upcycled Italian lemon to start, followed by jasmine and lily of the valley and a warm vanilla and white musk finish.

Nina Nature by Nina Ricci Eau de Toilette, $92 for 50 ml, *shoppersdrugmart.ca*

You might also like

JO MALONE
LONDON
NASHI BLOSSOM
COLOGNE

Spring has sprung, and so has Jo Malone's new The Blossoms collection, which includes Nashi Blossom, a soft, fruity scent with zesty lemon, velvety nashi blossom (a mix of white peony and jasmine) and clean white musk.

Jo Malone Nashi Blossom Cologne, $208 for 100 ml, *jomalone.ca*

For the Romantic

REPLICA
REPRODUCTION OF FAMILIAR SCENTS AND MOMENTS OF VARYING LOCATIONS AND PERIODS
Originally: On A Date
Provenance and Period: Provence, 2014
Fragrance Description: Grapes and roses
Style Description: Memory in a fragrance
Maison Margiela
PARIS

We can't all build careers out of starring roles in rom-coms like *The Wedding Planner* and *Marry Me*, but we can still believe that love triumphs against all odds. That's Jennifer Lopez's motto – and she's gushed over her renewed relationship to now-husband Ben Affleck at every opportunity. "They were right when they said, 'All you need is love,'" she wrote in her newsletter, *On the JLo*, of their wedding two decades after their first engagement. "Love is a great thing, maybe the best of things – and worth waiting for." For the woman who loves romance, Maison Margiela's Replica On A Date scent will conjure memories of falling in love in a French vineyard at sunset. The floral fragrance features blackcurrant, Isparta roses and patchouli.

Maison Margiela Replica On A Date Eau de Toilette, $188 for 100 ml, *sephora.ca*

You might also like

Like a modern-day love potion, Elie Saab's ultra-feminine Elixir perfume has an iris heart that's complemented by a "love accord," which aims to stimulate feelings of attachment. The juice also contains elements of neroli, Italian mandarin, amber, balsam, vanilla and musk.

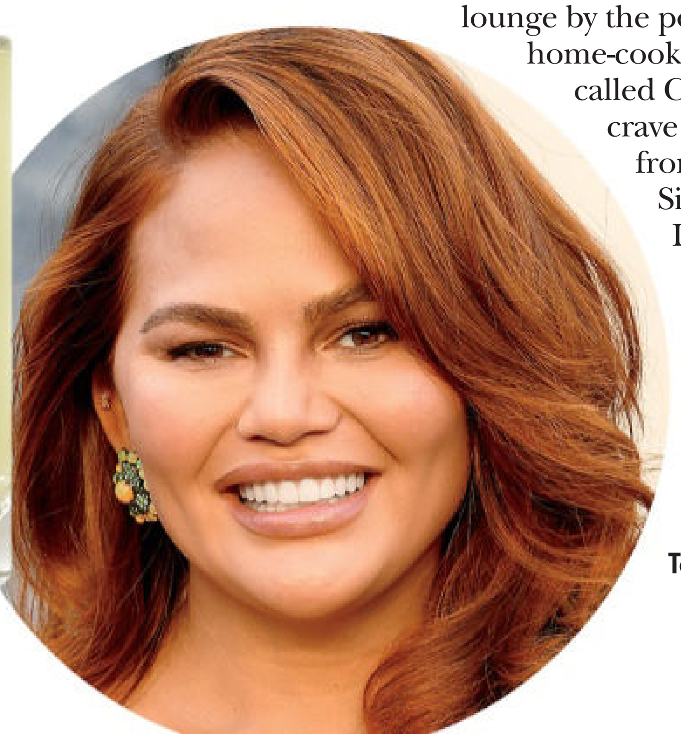
Elie Saab Elixir Eau de Parfum, $165 for 100 ml, *shoppersdrugmart.ca*

ELIE SAAB
ELIXIR

L'Eau Rêvée
d'Aria

For the Pleasure Seeker

Though she attends star-studded parties and travels around the globe, Chrissy Teigen's favourite place is her home, where she can wrap herself in silk robes, lounge by the pool and indulge in decadent home-cooked meals (her lifestyle brand is called Cravings, naturally). If you, too, crave the sensual pleasures of home – from lit candles to rich dishes – try Sisley-Paris's spicy, warm chypre, L'Eau Rêvée d'Aria. Like a sweet escape, it opens with citrus notes of mandarin and grapefruit, dives into an exotic heart with purple ginger, devilwood, peach and apricot and dries down to an elegant base of patchouli, vetiver, warm musk and vanilla.



Sisley-Paris L'Eau Rêvée d'Aria Eau de Toilette, $242 for 100 ml, *sisley-paris.com*

You might also like

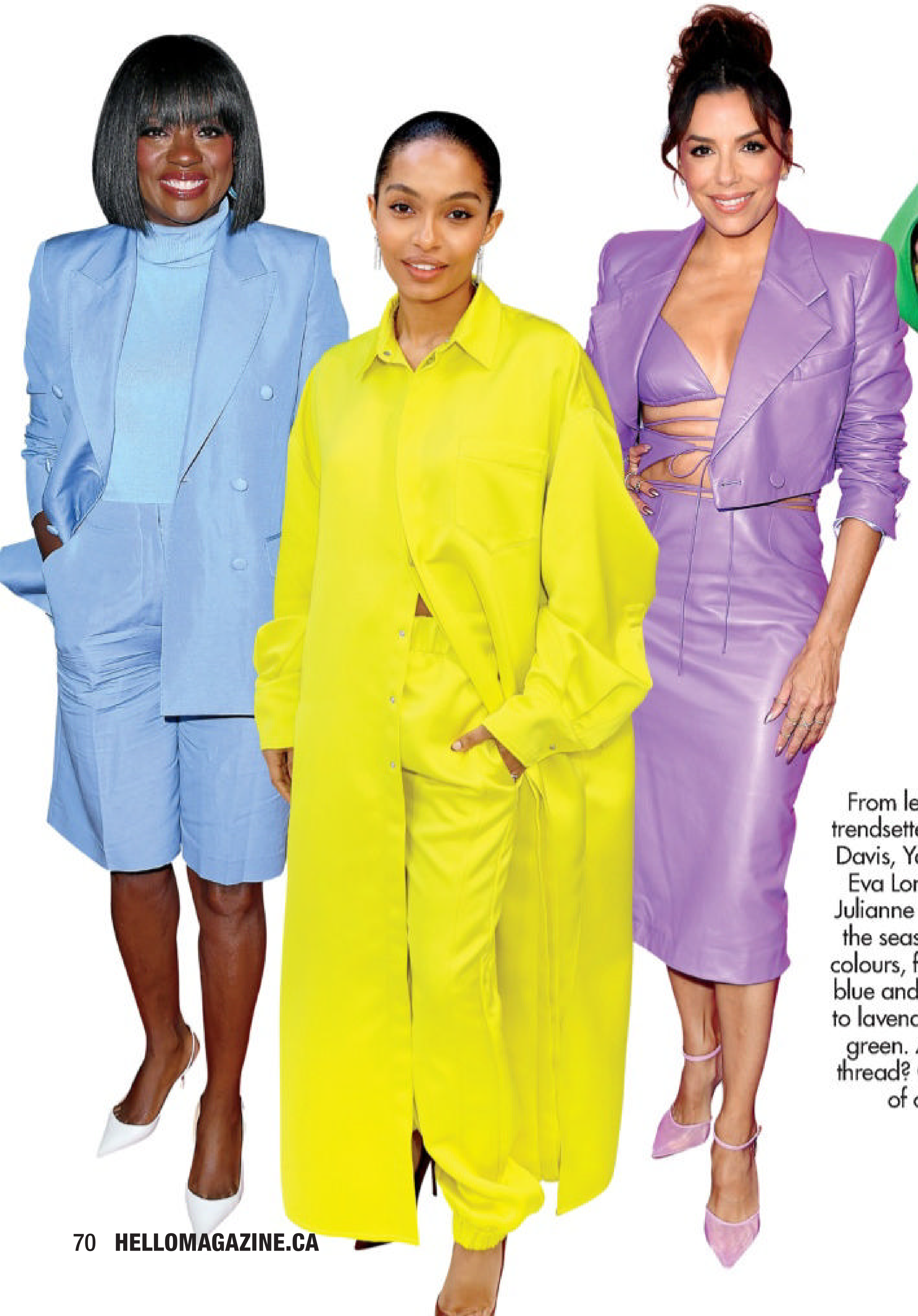
GUCCI GUILTY
POUR FEMME

The original Gucci Guilty Pour Femme is now available as an indulgent eau de parfum. Made for the fearless woman, it fuses a rich blend of mandora (a fruit from Cyprus), bergamot and pink pepper with a floral heart and an earthy patchouli base.

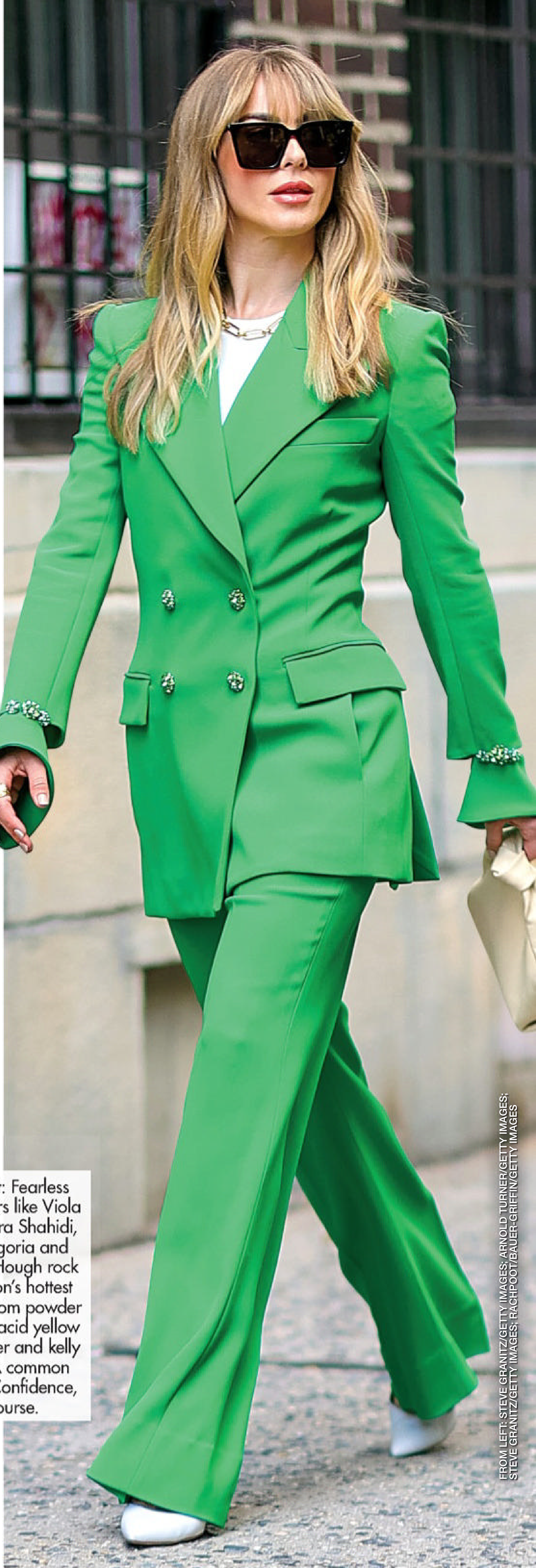
Gucci Guilty Pour Femme Eau de Parfum, $147 for 50 ml, *sephora.ca*

THE FUTURE IS BRIGHT

Nothing says ready for spring like saturated hues from head to toe



From left: Fearless trendsetters like Viola Davis, Yara Shahidi, Eva Longoria and Julianne Hough rock the season's hottest colours, from powder blue and acid yellow to lavender and kelly green. A common thread? Confidence, of course.



FROM LEFT: STEVE GRANITZ/GETTY IMAGES; ARNOLD TURNER/GETTY IMAGES; STEVE GRANITZ/GETTY IMAGES; RACHPOOT/BAUER-GRIFFIN/GETTY IMAGES

Modal Suit Trousers in Sky Blue, $100, *mango.com*

Three-Quarter-Sleeve Wrap-Neckline Popover Blouse in Jelly Bean, $40, *rw-co.com*

Coloured Retro Sunglasses in Yellow, $10, *ardene.com*

The J Marc Mini Shoulder Bag in Daybreak, $390, *marcjacobs.com*

Flutter-Sleeve Baby-Doll Top in Light Blue, $40, *hollisterco.com*

Self-Portrait Sleeveless 3D Lace Dress in Green, $779, *saks.com*

Collection Limited-Edition Polka-Dot Tulle Midi Skirt in Bright Kiwi, $438, *jcrew.com*

Gabriella Dress in Steel Blue, $698, *veronicabeard.com*

STYLE TIP

For a modern take on colour-blocking, pair hues that are adjacent to each other on the colour wheel. Wear pink or orange with red, try green or purple with blue, and match green or orange with yellow. When in doubt, white accessories with a bright, monochromatic look are always a hit.

Ginger & Smart Modern Love Boot-Cut Pants in Lilac, $484, *saks.com*

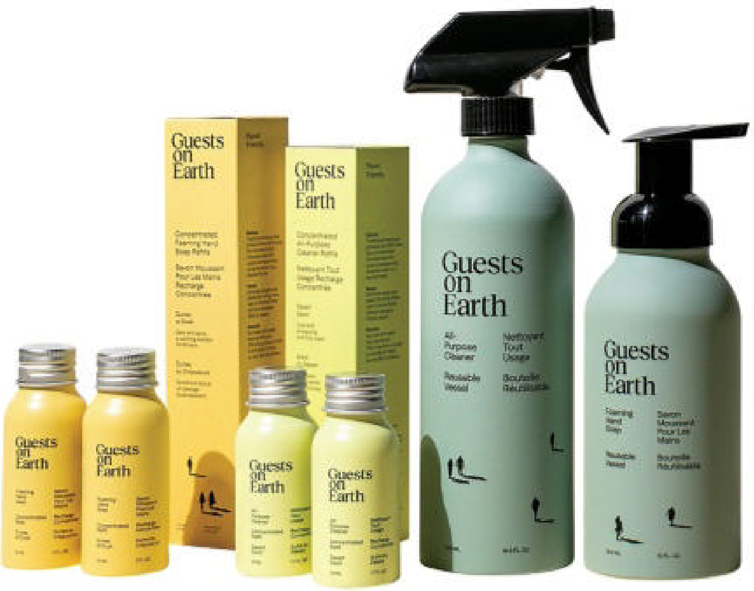
Melissa Airbubble Platform Sandals in Purple, $150, *ssense.com*

CARE PACKAGE

Give the moms in your life a little TLC with these sweet treats for any budget

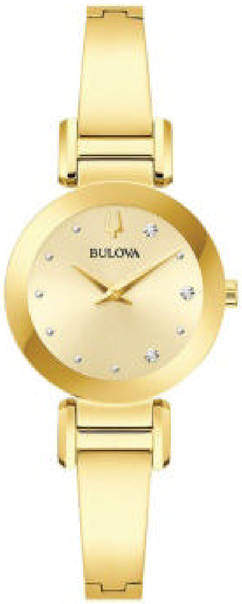
By Andrea Karr

Gabrielle Union-Wade and daughter Kaavia, 4, wear matching braids.

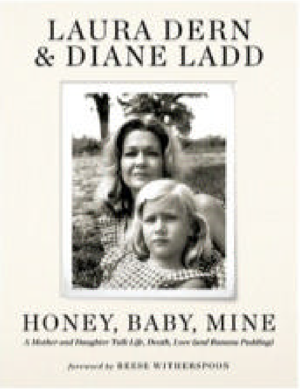


For the mom who's equally obsessed with a clean home and sustainability, this fragrant – and refillable – all-purpose cleaner and hand wash kit checks all the boxes. **Good Guest Kit**, $67, *guestsonearth.com*

Make Mother's Day extra special with this classic bangle watch – a gift she'll certainly cherish for years to come. **Marc Anthony Champagne-Dial Bangle Watch in Gold-Tone Stainless Steel**, $595, *bulova.com*

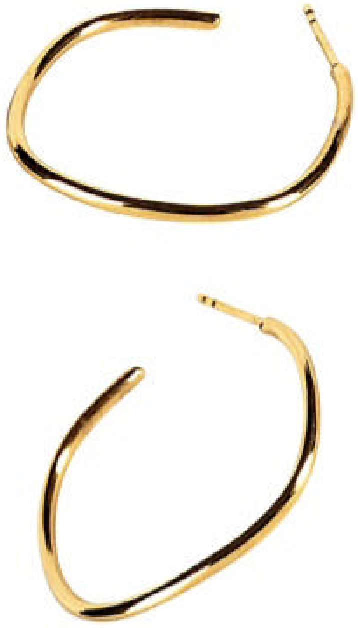


Shakira cuddles with her two sons, Sasha, 8, and Milan, 10.

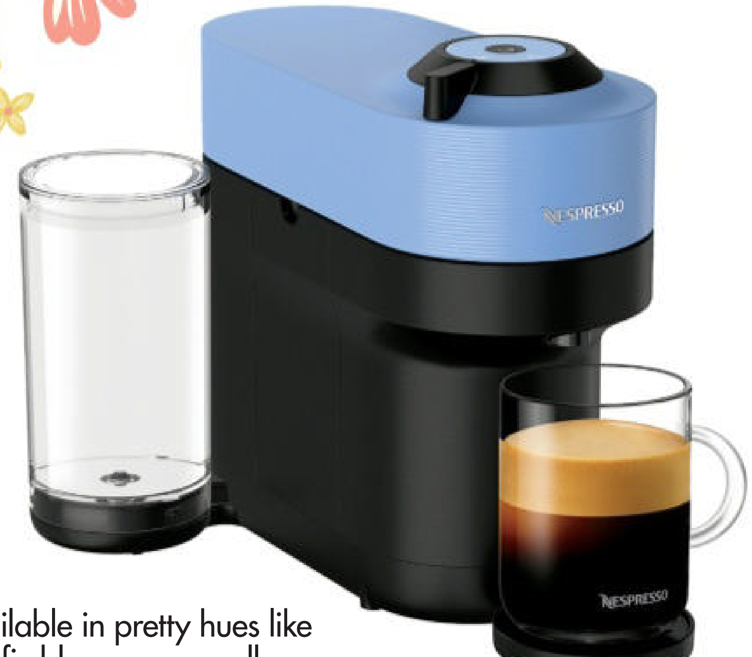


A collection of heart-to-heart conversations between celebrated actresses Diane Ladd and Laura Dern – who happen to be mother and daughter – *Honey, Baby, Mine* is the ideal choice for a sentimental gift. ***Honey, Baby, Mine: A Mother and Daughter Talk Life, Death, Love (and Banana Pudding)***, $38, *indigo.ca*

These square hoops by Montreal designer Sarah Simard will never go out of style. **Square Wire Hoops in 14K Gold Vermeil**, $140, *sarahbijoux.ca*



Help her perfume her home with a soy wax candle from The Scented Market, which features fragrances like cedarwood and lemongrass. **Pure Scented Soy Candle in Cedarwood**, $30, *thescentedmarket.ca*



Available in pretty hues like Pacific blue, mango yellow and aqua mint, Nespresso's latest coffee maker doubles as a stylish kitchen-counter objet d'art. **Vertuo Pop+ Coffee Machine in Pacific Blue**, $169, *nespresso.com*

Home bakers will love this embossed rolling pin, which imprints tiny flowers on dough and fondant.
Roses & Tulips Embossing Rolling Pin, $47, *leevalley.com*

The Bloom may look like any other house planter, but it's actually an air purifier that captures 99.97 per cent of airborne pollutants.
Bloom Air Purifier, $300, *dupray.ca*

This 2,870-piece Lego-kit-turned-wall hanging lets the crafty mom channel her inner child.
Lego Art Floral Art, $100, *lego.com*

The perfect accessory! Canadian jewelry brand Mejuri partnered with 2022 CFDA American Accessory Designer of the Year Raul Lopez of Luar to create this stylish top-handle bag for ladies who lunch.
Mejuri x Luar Small Ana Bag in Milk White, $350, *mejuri.com*

The runner (or runner wannabe) will appreciate this super-cute and ultra-cushioned trainer.
Cloudsurfer Training Shoe in Creek/White, $200, *on-running.com*

The cozier the better! This 100 per cent organic cotton bedding in soothing sage makes the perfect homey addition.
Organic Cotton Duvet Cover, from $105, and **Organic Cotton Pillowcases**, from $30, **both in Soft Sage**, *endy.com*

Canadian mother-daughter duo Sade and Rachel Baron know what moms want! Their body-care set features a lightweight lotion, moisturizing balm, cleansing bar and natural sea wool sponge.
Sade Baron Body-Care Set, $89, *sadebaron.com*

If Barbie has a stand mixer, you know it's gotta be this retro beauty.
Smeg Retro-Style Stand Mixer in Pink, $680, *thebay.com*

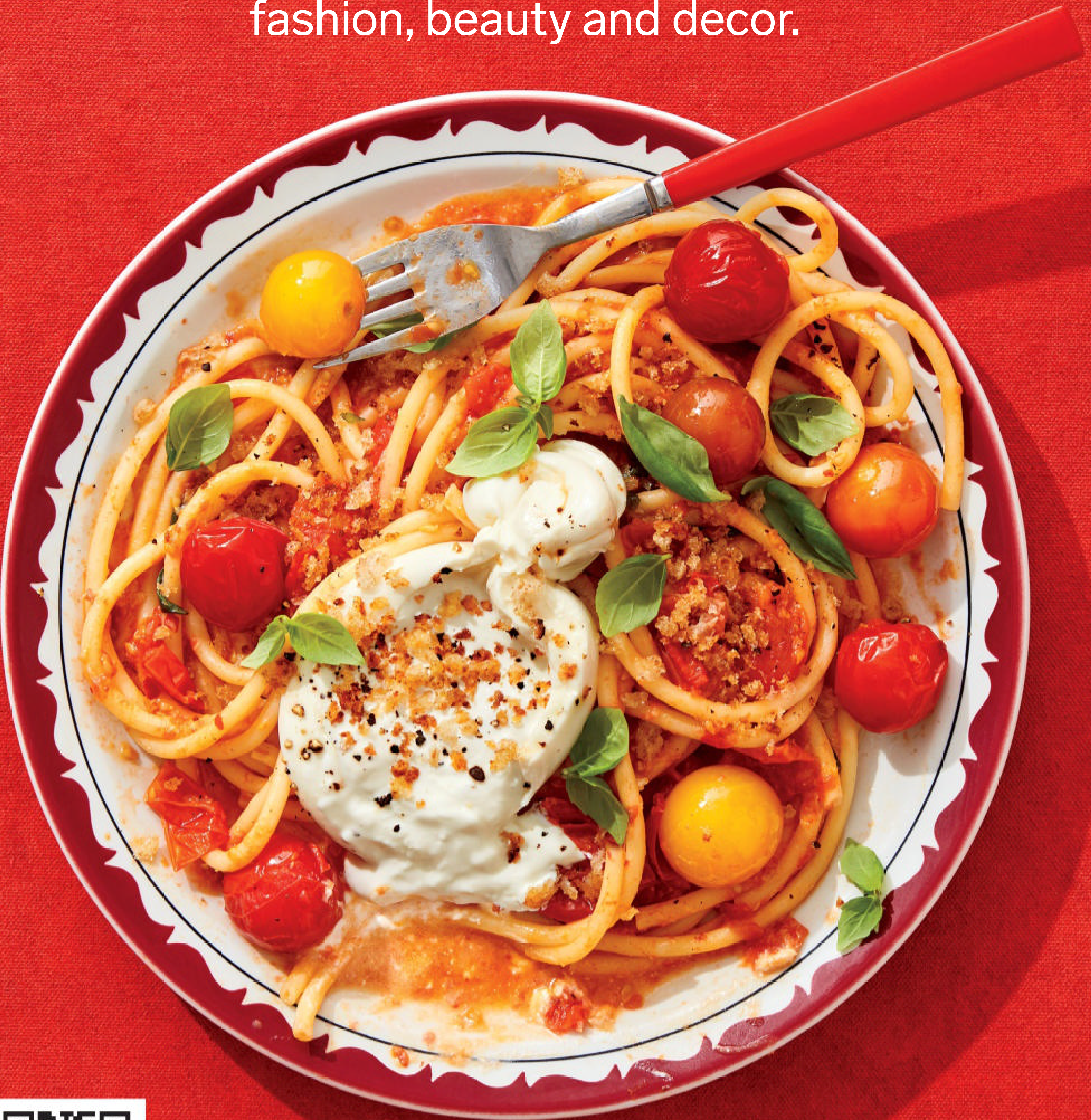
Twins! Ava Phillippe, 23, looks just like mom Reese Witherspoon.

FROM TOP TO BOTTOM: GABRIELLE UNION INSTAGRAM; SHAKIRA INSTAGRAM; REESE WITHERSPOON INSTAGRAM

CHATELAINE

WANT ANOTHER JUICY READ?

Subscribe to *Chatelaine* for award-winning journalism, delicious recipes and the best homegrown fashion, beauty and decor.



Subscribe now, go to **chatelaine.com/deal**

For the love of veggies

Go ahead and eat a rainbow with these delicious, nutritious and oh-so-colourful dishes from *Love & Lemons* blogger Jeanine Donofrio

SESAME HEIRLOOM TOMATO SALAD

Serves **4**

INGREDIENTS

- 2 tbsp pepitas
- 2 tbsp raw, hulled sunflower seeds
- 2 tbsp sesame seeds
- 1 tsp tamari
- 2 lb colourful heirloom tomatoes, sliced
- 1 avocado, thinly sliced
- 2 scallions, thinly sliced
- 2 tsp fresh lime juice
- 1 tsp toasted sesame oil
- flaky sea salt
- microgreens, for garnish

1. Preheat the oven to 350° F and line a baking sheet with parchment paper.

2. Place the pepitas, sunflower seeds and sesame seeds on the baking sheet, toss with the tamari and spread evenly on the baking sheet.

3. Bake for 7 to 10 minutes or until golden brown and toasty.

4. Remove from the oven and let cool for 5 minutes to allow the seeds to crisp up.

5. Arrange the tomatoes on a large platter in a single layer, overlapping only slightly.

6. Top with the avocado slices and scallions and drizzle with the lime juice and sesame oil. Sprinkle with flaky sea salt, the seed topping and microgreens and serve. ►

WHITE BEAN SWISS CHARD BURGERS

Serves **6**

INGREDIENTS

- 1 bunch Swiss chard, stems removed and set aside
- 3 cups cooked butter beans, drained and rinsed
- ½ medium yellow onion, grated on the large holes of a box grater (⅓ cup)
- 3 garlic cloves, grated
- 3 tbsp mayonnaise
- 1 tbsp Dijon mustard
- 1 tbsp chopped fresh dill or 1 tsp dried
- 1 tsp lemon zest
- 1 tsp sea salt
- 1 tsp freshly ground black pepper
- ¼ tsp cayenne pepper
- 1 large egg
- 1 cup panko breadcrumbs
- avocado oil, for the pan
- 6 hamburger buns

Pickled chard stems

- 6 stems from 1 bunch Swiss chard, chopped (1¼ cups)
- ½ cup diced red onion
- 2 tbsp fresh lemon juice
- ½ tsp sea salt

Lemon dill yogurt

- ½ cup whole-milk Greek yogurt
- 1 tsp fresh lemon juice
- 1 tsp chopped fresh dill or ¼ tsp dried
- ¼ tsp sea salt
- desired fixings, such as sunflower sprouts, lettuce, avocado and sliced cucumber

1. Roughly chop the chard leaves, place in a steamer basket and set over a pot filled with 1 inch of water. Bring the water to a simmer, cover and steam for 1 minute or until the leaves are wilted. When cool to the touch, squeeze the excess water out of the leaves and chop finely.
2. In a large bowl, combine the chard with the beans, onion, garlic, mayonnaise, mustard, dill, lemon zest, salt, pepper and cayenne. Use a potato masher to mash until the mixture holds together but still has some visible bean chunks. Add the egg and fold until combined. Then fold in the panko. The mixture should be cohesive and a little wet.
3. Form the mixture into 6 patties. Place the patties on a baking sheet, cover loosely with foil or plastic wrap and chill overnight.
4. To make the pickled chard stems, in a lidded jar, combine the chard stems, onion, lemon juice and salt. Shake to combine, and chill until ready to use.
5. To make the lemon dill yogurt, in a small bowl, combine the yogurt, lemon juice, dill and salt. Chill until ready to use.
6. Preheat the oven to 400° F and line a baking sheet with parchment paper.
7. Heat a cast-iron skillet over medium heat. Coat the bottom with oil and cook the burgers for 3 to 4 minutes per side or until browned, working in batches and reducing the heat to low as needed. Transfer the burgers to the prepared baking sheet and bake for 15 minutes. If desired, warm the buns in the oven during the last few minutes of cook time.
8. Assemble the burgers on the buns with the yogurt sauce, pickled chard stems and desired fixings.

'I rarely make veggie burgers in an attempt to replicate meat. Instead, I like to highlight a vegetable!'

EXCERPTED FROM LOVE AND LEMONS: SIMPLE FEEL GOOD FOOD BY JEANINE DONOFRIO. COPYRIGHT © 2023 JEANINE DONOFRIO. PHOTOGRAPHS © 2023 BY EVA KOLENKO . PUBLISHED BY PENGUIN, AN IMPRINT OF PENGUIN CANADA, A DIVISION OF PENGUIN RANDOM HOUSE CANADA LIMITED. REPRODUCED BY ARRANGEMENT WITH THE PUBLISHER. ALL RIGHTS RESERVED.

'This lemony polenta cake is the perfect treat to share at a summer gathering'

LOVE & LEMONS
SIMPLE
Feel Good
FOOD
JEANINE DONOFRIO
125

WHEN LIFE GIVES YOU LEMONS

If you're searching for easy ways to get healthy food on the table fast, look no further than *Love & Lemons: Simple Feel Good Food*. These recipes can be made in minutes or batch-cooked in advance – and will have the most veg-averse members of the family asking for seconds.

STRAWBERRY POLENTA CAKE

Serves **8**

INGREDIENTS
- 1 cup all-purpose flour, spooned and levelled
- ½ cup medium-grind cornmeal, spooned and levelled
- 2 tsp baking powder
- ¾ tsp sea salt
- ½ cup cane sugar
- 1 tbsp lemon zest
- ¾ cup whole-milk Greek yogurt
- ½ cup extra-virgin olive oil, plus more for the pan
- 2 large eggs
- 1 tsp vanilla extract
- ½ tsp almond extract
- 1½ cups small strawberries, halved
- ¼ cup sliced almonds

1. Preheat the oven to 350° F.
2. Lightly oil a 9-inch round cake pan and line the bottom of the pan with parchment paper.
3. In a medium bowl, whisk together the flour, cornmeal, baking powder and salt.
4. In a large bowl, whisk together the sugar and lemon zest. Add the yogurt, olive oil, eggs, vanilla and almond extract and whisk to combine.
5. Add the dry ingredients to the wet ingredients and stir until just combined. Don't overmix.
6. Pour the batter into the prepared pan and top with the strawberries and almonds. Bake for 35 to 40 minutes or until a toothpick inserted in the centre comes out clean. Let cool completely before slicing and serving.

KATHERINE HEIGL

GIRL POWER

The *Grey's Anatomy* alum on the beauty of sisterhood, raising her daughters and the life lessons she's learned from *Firefly Lane*

She might have spent nearly half a decade playing a talented surgeon on TV, but Katherine Heigl admits she's no medical expert. "I'm terrible at that stuff!" confesses the actress, 44, who starred as Izzie Stevens on *Grey's Anatomy* from 2005 to 2010. "My husband is the one who's always ready with the Band-Aids."

A proud mom of three, Katherine shares two adopted daughters, Nancy, 14, and Adalaide, 11, and a biological son, Joshua Jr., 6, with singer Josh Kelley, 43. And nothing, she says, brings her more joy than being at home in Utah with her family. "It's everything I hoped for," she's told *Today* of motherhood, "and it's even better than I could have imagined."

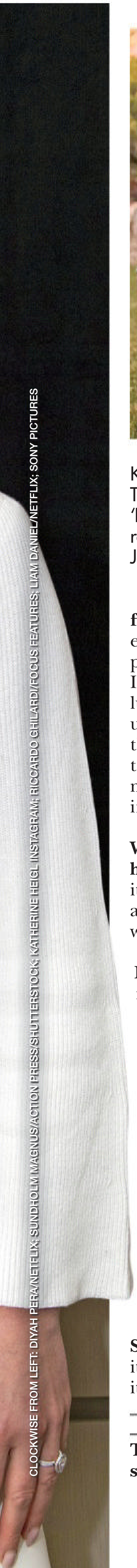
'I am very close to my mother and my sister ... Working on this show has made me realize how important those relationships are in my life'

But acting is a close second, especially when she stars in something as "relatable and beautiful" as *Firefly Lane*, a TV dramedy that follows the lifelong friendship of Katherine's character, Tully Hart, and Sarah Chalke's character, Kate Mularkey. "The story of these two women over decades of their lives is so emotional to me," she says.

Here, Katherine opens up about finding friends, inspiring future doctors and embracing her chaotic home.

What should we know about the second and final season of *Firefly Lane*? I'm so excited! It's the conclusion to a beautiful story I deeply care about. There's a lot of laughter and tears.

What do you think the show gets right about



CLOCKWISE FROM LEFT: DIYAH PERA/NETFLIX; SUNDHOLM MAGNUS/ACTION PRESS/SHUTTERSTOCK; KATHERINE HEIGL INSTAGRAM; RICCARDO GHILARDI/FOCUS FEATURES; LIAM DANIEL/NETFLIX; SONY PICTURES

Katherine got a feel for life as a brunette while playing Tully in *Firefly Lane* (far left, with co-star Sarah Chalke). 'I'm always changing my hair colour – my kids don't recognize me half the time!' she jokes. Above: Husband Josh with Nancy, Joshua Jr. and Adalaide.

female friendship? That there are struggles in every relationship, and not everything can be a perfect fairytale all the time. Life is not like that. I am very close to my mother and my sister and I am lucky to have many close female friends, so I really understand the ups and downs that come with those relationships. I hope my kids get to experience the same because working on this show has made me realize how important those relationships are in my life.

What would you say is the secret to a long and happy friendship? That's a tough question. I think it's meeting someone at the right time in your life, and for that person to be someone you feel safe with. Finding good friends like that is rare.

It's been almost 20 years since you were first cast in *Grey's Anatomy*. How do you feel when you look back on that time? I'll always be grateful for getting to play Izzie. Yes, she was kind of a cliché blond girl, but the twist was that Izzie was doing something extraordinary with her life. She came from an unstable background with very little means to become a surgeon. I've had women come up to me and say how Izzie inspired them to follow a medical career. That means everything to me.

Besides acting, you also run an animal welfare organization. Where did your love of animals come from? My whole family have always been animal lovers! Growing up, I had cats, dogs, hamsters and parakeets – even an iguana.

So how many pets do you have at home now? Oh it's chaos! We have eight dogs and three cats – it's a lot. [*Laughs*] H

INTERVIEW: SALLY JAMES

The final episodes of *Firefly Lane* are now streaming on Netflix.

Don't miss this week...

FILM BOOK CLUB: THE NEXT CHAPTER

"We are all back...for amore!" Jane Fonda quipped on Instagram while sharing the latest trailer for her highly anticipated *Book Club* sequel. With her character, Vivian, headed for the altar, the followup flick sees Jane reunite with co-stars Diane Keaton, Candice Bergen and Mary Steenburgen as the storyline takes the four best friends to Italy for her bachelorette party. *In theatres May 12*

TV QUEEN CHARLOTTE

Bridgerton fans are in for a real treat! This buzzy prequel spinoff follows the rise of Queen Charlotte (India Amarteifio) – and according to creator Shonda Rhimes, it won't disappoint: "Fans can look forward to some really exciting moments, some really romantic moments and some really surprising moments." *May 4, Netflix*

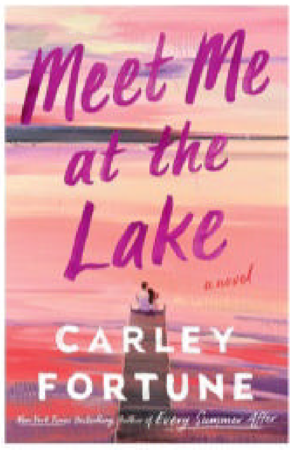
FILM LOVE AGAIN

Described by Canada's own Celine Dion (who plays herself in the rom-com) as "a wonderful feel-good story," *Love Again* follows a woman (Priyanka Chopra Jonas) who is struggling with the death of her fiancé. Continuing to send texts to her lost love, she forms a connection with the new owner of the number (*Outlander*'s Sam Heughan). The soundtrack album – featuring five new tracks from Celine – is also on the way. *In theatres May 5*

ALBUM SUBTRACT

"I'm opening the trap door into my soul," says Ed Sheeran of his latest record – a followup to 2021's *Equals*. Written when he was struggling with anxiety and depression, the acoustic-driven album is as honest as it gets. "I wrote without thought of what the songs would be," he reveals. "I just wrote whatever tumbled out." *May 5*

BOOK MEET ME AT THE LAKE



A year after releasing her debut novel, *Every Summer After*, Canadian author Carley Fortune brings Ontario cottage country back to life in her second read. A delightful story about missed connections and second chances, *Meet Me at the Lake* sees Fern Brookbanks reunite with the possible love of her life 10 years after their first electric meeting. *May 2*

Manhattan

STAR ESCAPES

Enjoy world-class theatre, art and dining at the 'centre of the universe'

By Andrea Karr

EXPLORE

When visiting a city like New York, your biggest problem will be squeezing your dream itinerary into a few days! Try Little Island (**1**), a futuristic park near Chelsea Market that's idyllic at sunset. The Metropolitan Museum of Art remains a must-see. (*Karl Lagerfeld: A Line of Beauty* is on from May 5 to July 16.) On Broadway, catch Josh Groban in *Sweeney Todd* or Lea Michele in *Funny Girl*.

INDULGE

Instead of booking a traditional spa day, pop by Remedy Place (**2**), a unique and buzzy "social wellness club," which offers a range of New Age treatments, including lymphatic compression (in a specialized suit), hyperbaric oxygen chamber sessions and ice baths. For a downtown-cool haircut à la Chloë Sevigny, try her go-to salon, The Blackstones Collective. Even if you can't snag an appointment, the spot stocks plenty of "It" girl beauty goodies, including products by house brand Five Wits.

TASTE

Two of the top celebrity hot spots in Manhattan are Pastis (**3**) for traditional French fare like steak tartare and croque monsieur and Carbone for hearty red-sauce Italian dishes. For something new, sip on a shiso mojito and sample Japanese handrolls at Shinji's Cocktail Bar, which opened last fall.

STAY

After closing over a decade ago, the bohemian-chic Hotel Chelsea (**4**) is accepting reservations once again. Dine at the hotel's restaurant, El Quijote – once favoured by Patti Smith and Andy Warhol – before sliding in between crisp sheets in a room or apartment with artsy flair. Up the street, the Ned NoMad luxury hotel and members-only club also opened last year and features 1920s-inspired décor and two restaurants that are open to the public. H

TRIP TIPS Forget what you learned from *Sex and the City* – you'll want comfy walking shoes!
- Buy a seven-day metro pass or simply swipe your credit card to hop on the subway
- Don't be afraid to nosh on bagels, pizza and Chinese food in neighbourhood joints

Since March, Jessica Chastain has starred in Henrik Ibsen's *A Doll's House* on Broadway – a return to her theatre roots.

What To Pack

Denim Romper with Washwell in Dark Wash, $100, *gapcanada.ca*

Rhode Peptide Glazing Fluid, $44, *ca.rhodeskin.com*

Women's Kinetic Impact II Lace Sneaker in Bleached Ceramic, $155, *sorelfootwear.ca*

CLOCKWISE FROM LEFT: RAYMOND HALL/GETTY IMAGES; ISTOCK; REMEDY PLACE INSTAGRAM; PASTIS NYC INSTAGRAM; HOTEL CHELSEA INSTAGRAM

"I can go anywhere and I know there's no leakage"

-Dolores

Boutique underwear. 8 oz of liquid.

always discreet

The bladder leak underwear we deserve

©2022 P&G

always discreet
100% PROTECTION
360° FormFit™
XL TG
MAXIMUM
15 UNDERWEAR | CULOTTES
always discreet Boutique
M M
MAXIMUM
UNDERWEAR | CULOTTES

A.J. McLean

As he celebrates 30 years of being one of the Backstreet Boys, the pop star and father of two talks dreaming about the future and finding inner beauty

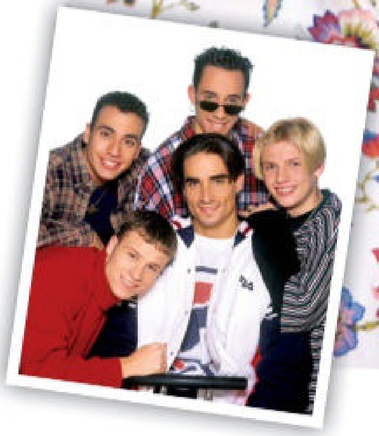
By Sarah Trumbley

While A.J. McLean is the most tattooed member of the Backstreet Boys, he doesn't have any ink that's related to the band. But that's about to change. "After 30 years, I'm finally getting one!" the pop star tells *Hello! Canada* of his plans to celebrate the group's 30th-anniversary year. "And I'll be going live on Instagram [when I do]," he adds, eager to share the moment with his millions of fans.

As they wrap up the last few dates on their epic *DNA World Tour*, the Backstreet Boys remain larger than life. "To this day, I still have to pinch myself," says the father of daughters Elliott, 10, and Lyric, 6 (with wife Rochelle, 41). "All of us are so grateful that we've been able to have such a long career."

His latest gig – as host of *The Fashion Hero: A New Kind of Beautiful* (streaming on Paramount+) – has him feeling thankful, too. Reminding viewers that beauty starts on the inside, the series – which sees contestants compete to be the face of a marketing campaign for a major brand – is "as real and inspiring as you'll ever get," says A.J., 45.

Here, the Florida native talks the return of '90s fashion, raising daughters and his one true hero.



ADVENTURES IN AFRICA

It was everything I dreamed of and more! I played a lot of golf. And I had a standoff with a baboon – that was terrifying. [*Laughs*] But the food, the people, the culture, it was an amazing experience. And I'm even more excited now because me and the boys are finishing our *DNA World Tour* in South Africa! So I'm stoked they get to experience what I did.

I WANT IT THAT WAY

We obviously hoped [the Backstreet Boys would last this long]. We had dreams of having a long career. But I don't think we dreamed 30 years would happen! It feels like it happened really fast.

BSB FOREVER

We aspire to be the Rolling Stones of pop – in the sense of being around for 50 or 60 years. We may not be doing as much dancing then. [*Laughs*] We might be sitting on stools and singing our hits, but the Backstreet Boys are not going anywhere!

BACK TO THE FUTURE

You know what I do miss [from the '90s] is slap wristbands. I think it'd be kind of cool if there was a designer version of that – like if Louis Vuitton decided to do a slap wrist bracelet. [*Laughs*] I'm not a big fan of the baggy look, though. Everything is oversized again, which is a nod to the '90s. But it's a little too oversized now.

AS LONG AS YOU LOVE ME

When I get up in the morning – before I even brush my teeth – I say one really nice thing about myself. I've been doing that for the past few months and it's a game changer. It can just be something like, "Your facial hair looks really good today," or "That shirt brings out your eyes." This morning, when I got up, all I said was "You got this … go be yourself." Just a little kick of confidence.

FATHER KNOWS BEST

[Rochelle] and I do the best we can as parents to promote a healthy body image and self-love to both our daughters. My youngest has come to me multiple times and has been upset, saying, "Daddy, how come I don't look like my sister?" And I say, "Baby, because you are unique, and you are beautiful just the way you are. You don't need to look like someone else to be beautiful."

RULES ARE RULES

My kids do not have social media nor will they have social media until they move out – when they're 35! [*Laughs*]

WHEN DAD'S A POP IDOL

It's funny, at first my daughters [didn't like it]. They'd say, "Can you stop being a Backstreet Boy and just be my dad?" That ripped my heart out. But now, as they're getting older … my oldest literally pulled me aside at school drop-off the other day and said, "So we have a new teacher who's a big Backstreet Boys fan. Could you please come take a picture with her?" [*Laughs*] So it's kind of up and down with them. But they're definitely my number one fans. And they love their uncles very much!

MAMA'S BOY

My mom is the hero of my life. She's just a rock-solid badass and an all-around incredible woman. She was a single parent who raised me the best she could, and she's been nothing but supportive. She's my ride or die – she's my homie.

CLOCKWISE FROM MAIN: PARAMOUNT+; AJ MCLEAN INSTAGRAM; AMY SUSSMAN/GETTY IMAGES; AJ MCLEAN INSTAGRAM; GO DESIGN/SHUTTERSTOCK; AJ MCLEAN INSTAGRAM; PICTURE ALLIANCE/GETTY IMAGES

HELLO!
CANADA

Don't miss a moment with your favourite royals

GET ALL THE LATEST **ROYAL NEWS**
INSPIRATIONAL **FASHION & BEAUTY**
EXCLUSIVE **CELEBRITY INTERVIEWS**
HOME DÉCOR MUST HAVES

And more in every issue

SUBSCRIBE NOW!

Order online
hellomagazine.ca/subscribe

TREES FOR LIFE

Plant a tree.
Thank a hero.

First responders. Nurses. Frontline workers. We're honouring the sacrifices of those who serve us by planting trees in their names. Together, we can help plant living tributes to the people who matter. Donate today at **treesforlife.ca.**